Osher Lifelong Learning Institute (OLLI) at Emory is an educational adventure!

**Memberships:**
- A $125 quarterly membership fee entitles you to enroll in up to **four** classes.
- A $69 “sampler’s fee” entitles you to enroll in any single class.

*Note:* While no refunds can be issued, OLLI students may transfer to another OLLI course within a quarter, but not between quarters.

**Tuition fees:** These nominal fees help compensate our professional instructors currently receiving payment for teaching courses outside of OLLI at Emory.

**Supply fees:** Required for some classes.

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**Registration:**
Visit [olli.emory.edu](http://olli.emory.edu) or call 404-727-6000 (select option 2).

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**New Location**
12 Executive Park Dr. NE
Atlanta, GA 30329
ece.emory.edu/EP12

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**OFFSITE LOCATIONS**

**PARK SPRINGS** (500 SPRINGHOUSE CIR, STONE MOUNTAIN, GA 30087)

**Sight and Sound: The Intersection of Art, Artist and Music Part II**
Wed, Sep 17–Nov 5 / 11:00AM–12:00PM
Instructor: Howard Cohen, BA, MA
Using colorful videos we will explore the great works from some of the worlds’ most beloved artists. Velazquez, Goya, Picasso, Caravaggio, Michelangelo, the Impressionists, Francis Bacon, Jackson Pollock and others. Great architectural works will also be featured. Each video will be accompanied by music appropriate to the artist. Jazz and classical will predominate. Brief histories of many of the artists will be provided. Emphasis on the Western Hemisphere. Sight and Sound part I is NOT a prerequisite. Registration is limited to 20 students.

Howard has 35 years of experience in the music industry. He taught music at the American School in Rio De Janeiro and was owner of an international records and music company.

**LENBROOK** (3747 PEACHTREE RD. NE, ATLANTA, GA 30319)

**Big Band Ballroom**
Tue, Sep 16–Nov 4 / 11:00AM–12:00PM
Instructor: Robert Tolentino, Ballroom Professional
Learn the basics of Ballroom’s most popular dances -- foxtrot, swing, waltz and tango. Great for beginners and social dancers! With more than 20 years of experience, Robert will have you dancing in no time! Tuition fee: $60. Minimum: 10 people.

**HALLMARK** (650 PHIPPS BLVD. ATLANTA, GA 30326)

**Women of Valor**
Wed, Sep 17-Nov 5 / 10:00-11:00AM
Instructors: Jack Carew, Brandt Ross, Morris Socoloff, Dan McIntyre
*See description on page 9.*
TUESDAYS:
10:00-11:00AM
- The U.S. Constitution: Did the Bad Guys Win?
- Soul Maps: Kabbalah to Navigate Your Inner World
- An Adventure into Wine
- Food for Thought: Coming to Terms with Eating in the Modern World
- Einstein: His Life, Science, and Controversies
- The History of Russia from Rurik to Revolution

10:00AM-12:20PM
- Intermediate Computing with Social Media

11:20AM-12:20PM
- Philosophy of Science
- Meet the Authors
- Protecting our Environment
- America's Evolving Institutions: Embracing Monopoly
- Emergence and Evolution
- Monarchies in the Modern World

1:00-2:00PM
- Sex Over 60
- Murder, Movies, and the Law

3:15-4:15PM
- Photography Made Simple

WEDNESDAYS:
10:00-11:00AM
- Retirement Success: Understanding your Financial Options
- Laughter for Wellness
- Year Zero: A History of 1945
- Short Stories of Alice Munro
- The Art of Happiness through Harmonizing of the Body, Mind and Spirit

10:00AM-12:20PM
- Basic Computing for Mac Users

11:20AM-12:20PM
- Improv for Humor and Creative Thinking
- Shakespeare
- Point/Counterpoint

THURSDAYS:
10:00-11:00AM
- Watercolor
- French 101
- China’s Economy: The Miracle of the 21st Century
- The American Idol - Fame in the Modern World
- Money, Middle Class, and the Federal Reserve
- Pearls of Wisdom

11:20AM-12:20PM
- History of Islam and Muslim Societies Part II: Ottomans Until 20th Century, and Contemporary Islam
- Eight-Hundred Thirty Six Things You Need to Know about the Law
- History of Psychology I
- Women of Valor

11:20AM-12:50PM
- Four Great American Plays

1:00-2:00PM
- Improvisation (Part II)
- Ageless Grace

1:00-3:00PM
- Living Well Workshop for Persons with or Caring for Someone with a Chronic Condition

2:20-3:20PM
- Asian Brush Drawing and Art of Making Tea
- Folk Jam: Sing and Play Along

TUESDAYS & THURSDAYS (TECHNOLOGY):
1:00-3:00PM
- Buying a Mobile Device: The Good, the Bad, and the Ugly
- The Wireless Networks: Getting Connected
- E-Mail: The Essentials
- The Browser(s): The Key to Lifelong Learning
TUESDAYS:
SEPTEMBER 16-NOVEMBER 4
10:00-11:00AM

The U.S. Constitution: Did the Bad Guys Win?
Instructor: Sal Depasquale, MCJ, MBA, Vietnam Veteran
The so-called Founding Fathers were anything but a cohesive group with a common agenda. We will examine the stark disparity between colonies and conflicting worldviews, joined to form a nation-state -- not a gathering of visionaries creating a land of freedom and justice, but rather two opposing magnets forced into a package certain to explode. In preparation, please read American Nations: A History of the Eleven Rival Regional Cultures of North America by Colin Woodard. Registration is limited to 20 students. Sal has a strong focus in history to identify the underlying roots of contemporary conflicts.

Soul Maps: Kabbalah to Navigate Your Inner World
(6 sessions: Sep 16-Oct 21)
Instructor: Rabbi Ari Sollish
Get to know the Tanya, a 200-year-old text with a revolutionary new look at human psychology with Kabbalah-based tools to help you understand yourself. Tanya sought to make the teachings of Kabbalah practical, relevant, and accessible. Students will experience six virtual sessions of spiritual counseling from a master of Kabbalah and work to understand the source of guilt, conflict, and confusion, while finding useful strategies for developing joy, purpose, and direction in everyday life. Supply fee: $21.50 (course booklet). Rabbi Sollish is the founder and director of the Intown Jewish Academy in Atlanta.

An Adventure into Wine
(5 sessions: Sep 16, 23, 30; Oct 7, 14)
Instructor: Herbert Spasser, DDS, CWE

Food for Thought: Coming to Terms with Eating in the Modern World
Instructor: Meredith Ford, BA, Food Marketing; Associate in Occupational Science- Baking and Pastry Arts
GMOs. Farmers markets. Online reviews. Restaurant portion sizes. Fast food. Slow food. Celebrity chefs. Eating – food, actually – can be a daunting endeavor. We’ll explore how and why food has become a complicated subject, and how to unravel eating in modern society. Meredith is a nationally acclaimed food writer, serving as Zagat’s Atlanta and Savannah editor for dining, retail and nightlife.

Einstein: His Life, Science, and Controversies
(7 sessions: Sep 16-Oct 28)
Instructor: Ramon Franco, MD
Come delve into Einstein’s life and accomplishments in relation to his intellectual, political and social milieu, including answers to critics of his discoveries, personal lifestyle, actions and philosophy -- as viewed by entities including the general public, officials of the German government, NAACP and the FBI. Dr. David Finkelstein, a world-recognized expert in Quantum Theory and Space Time, will also give one guest lecture with a Q&A period. Ramon has studied physics with special interests in Quantum and Relativity Theory.

The History of Russia from Rurik to Revolution
Instructor: Susan Barnard and Morris Socoloff
Travel back in time to when the Viking Grand Dukes held claim to the land that became Russia. Learn about Mongol invasions and explore the intrigues of tsars including the Ivans, Peter the Great, Catherine the Great, Alexander, Nicholas II and Alexandra. Three hundred years of Romanov rule came to an end because of the hemophiliac heir to the throne - Rasputin - as well as a debauched
monk, a meddling Empress, and a weak tsar. The leaders of the Revolution forced Nicholas II to abdicate sealing his and his family’s fate as the Bolsheviks took over Russia and established the Soviet Union.

Susan and Morris have taught myriad history classes at OLLI for many years. Their grandparents left Russia a step ahead of Tsar Nicholas II, resulting in avid interest for its history.

TUESDAYS:
SEPTEMBER 16-NOVEMBER 4
10:00AM-12:20PM

Intermediate Computing with Social Media
(4 sessions: Sep 16, 23, 30; Oct 7)
Instructor: Denis Gray, MEd, Technology Support
Go beyond basic computing skills with our hands-on, learn-while-you-do class. Come review the most popular social media platforms, including set up and management of privacy settings, smartphone account integration, backup drives, tablets, printers, scanners, ipods, ipads, flash drives and more. Install and update programs to protect your computer from viruses and hackers. Step-by-step manual included. Tuition fee: $40. Denis has extensive experience in adult training and education.

TUESDAYS:
SEPTEMBER 16-NOVEMBER 4
11:20AM-12:20PM

Philosophy of Science
Instructor: Bob Sullivan, BS, PhD, Chemistry
We’ll review the history of the subject and discuss specific philosophical questions, including: What does it mean to say that something is “true?” What are the rules, or algorithms, which govern our reasoning, and how are they justified? Is the elegance of a theory ever a reason for accepting it? Can anything ever be finally “proven?” Does observation always trump theory? How should we think about consciousness, when we can’t view it from outside?

Bob worked in Research and Development at Coca-Cola.

Meet the Authors
Organizers: Milton Crane and Carol Wien, MEd
Back by popular demand! Writing is one of our most creative endeavors. Each week we will feature one of many creative, talented authors who have successfully published their books. Learn all about their journeys firsthand, including their secrets of success as well as the challenges they faced.

Milton’s hobbies and interests include running, biking, biking, tai chi, writing, and acting. Carol’s hobbies include art, film, music, theater, and dance; she also authored The Great American Log Cabin Quilt Book.

Protecting Our Environment
Instructor: Stephen Margolis, PhD, Toxicology; Professor Emeritus, Emory University, Rollins School of Public Health
2014 marks the 44th anniversary of the Environmental Protection Agency (EPA). We will examine the history of the EPA, including the Superfund, EPA mandates and the mandates issued by the Agency for Toxic Substances and Disease Registry (ATSDR). We will also assess the impact on the environment, human health, the economy and our politics.

Stephen served as Senior Scientist at the CDC and ATSDR’s Director of the Office of Health Assessment.

America’s Evolving Institutions: Embracing Monopoly
Instructor: Al Boskoff, PhD, Professor Emeritus, Emory University, Sociology
Change in society is basically the change in relations between major institutions. We will trace these both historically and in the United States as a way of understanding current achievements and stubborn recurring problems.

Al taught Social Change: Urban History and Development and Theory at Emory University.

Emergence and Evolution
Instructor: Howard Page, BS, Math and Physics; MA, Applied Math
While the evolutionary process is well understood, there are many studies arguing that evolution does not lead to the hierarchical structure we see in our universe. The emergent process is the companion to evolution and generates new
ways of interaction; the building blocks evolution uses to “experiment” with new designs. We’ll discuss emergence in general and specific examples including good/bad/evil, technology, religion and economics.

Howard has spent 30 years studying complex systems, focusing on how the universe uses simple rules to build up a hierarchy.

Monarchies in the Modern World
Instructor: Michael McDavid, BA, MA, European History; MA, Library Science
Since civilizations first arose, monarchy has been the dominant political system around the world. In the 21st century, monarchies are a dwindling minority in a sea of republics. We will survey nations that continue today as monarchies, looking at how they have evolved to meet the demands of modern times. Included in the survey will be historical background, current monarchs and their families, and a look at how today’s monarchs fit into democratic systems as well as those who exercise real political power. Geographic areas will include Europe, the Middle East, and East Asia.

Michael has long had an avocational interest in monarchy, including the personalities of reigning families and the durability of monarchy as a political institution.

TUESDAYS:
SEPTEMBER 16-NOVEMBER 4
1:00-2:00PM

Sex Over 60
Instructor: Judie Manulkin, PhD, Clinical Sexology
Join us as we explore and expose the myths, taboos, misinformation, negative messages, the limiting, ageist attitudes about sex in our culture. The perspective through which we will view human sexuality reveals that physical changes are not limitations, but challenges and opportunities for increased and improved relationships. This class will challenge you to step out of the prevailing cultural sexual paradigm and recognize that contemporary values inhibit the exploration of human sexuality rather than support it.

Dr. Manulkin received her Master in Education and her PhD in Clinical Sexology. She has lectured about sex in U.S. universities and medical schools.

Murder, Movies, and the Law
Instructor: Steven Harbour, JD
Ever wonder if movie murder trials got the law right? Using scenes from Anatomy of a Murder, Presumed Innocence, My Cousin Vinny, and Compulsion, we will discuss legal issues including the insanity defense, use of polygraphs (lie detectors), privilege against self-incrimination, expert testimony, attorney-client relationship, capital punishment, and judge/jury decisions.

Steven served as law clerk to the Honorable Lewis R. Morgan, United States Circuit Judge, United States Court of Appeals, and served as an adjunct professor of business law at Kennesaw State University.

TUESDAYS:
SEPTEMBER 16-NOVEMBER 4
3:15-4:15PM

Photography Made Simple
Instructor: Kirk Kingsbury, International Editorial Photographer
Want to spend an afternoon with an experienced professional showing you how easy photography can be? Here’s your chance! Learn how to turn off all the needless technology and concentrate on the only the few settings you actually need. Once the photographic process is explained, you will be amazed how simple it really can be. The class will also include a section on International Geography for Photographers. Learn about cool places you can go to take cool pictures!

Kirk has over thirty years’ experience as an international editorial photographer and worked for Getty Images, New York.

WEDNESDAYS:
SEPTEMBER 17-NOVEMBER 5
10:00-11:00 AM

Retirement Success: Understanding your Financial Options
Instructor: Timothy Gelinas, President, Senior Financial Planning
Unlock the doors to understanding and taking control of your retirement. With the proper tools, you can be confident in your decisions on key matters, including asset
management and inflation, making your money last, estate planning and taxes, long-term health care and investing. 

Timothy received the NAIFA Top 40 Advisors under 40 Award.

Laughter for Wellness
(6 sessions: Sep 17-Oct 22 / 10:00-11:20AM)
Instructor: Debbie Ellison, Director, Laughter for Wellness
The purpose of this class is to enhance your natural joyfulness while learning to relieve stress and relax the mind and body. Each week, you will participate in a fun, experiential laughter session, incorporating deep breathing, stretching, gentle movement, and laughter exercises.

Debbie is passionate about helping people lead better lives.

Year Zero: A History of 1945
Instructors: Bert and Jill Parks
Based on Year Zero: A History of 1945 by Ian Baruma.
A new world emerged from the ruins of World War II. Regime change had come on a global scale across Asia and continental Europe. Vicious power struggles created the modern world. Great cities lay in ruins, the populations decimated, displaced, starving. At the same time, the euphoria of the liberated was extraordinary. The postwar years gave rise to the European welfare state, the United Nations, decolonization, Japanese pacifism, the European Union, and the Cold War. In preparation, please read as much as possible of the aforementioned book.

Bert taught English at NYU, GSU, and Morehouse College.

Short Stories of Alice Munro
Instructor: Nancy Purdon, MA, American Studies
This course will offer an introduction to the work of contemporary short story writer Alice Munro, 2013 winner of the Nobel Prize in Literature. Inside her native Canada, she is a 3-time winner of that country’s highest literary award and is often compared with all-time great short story writers. Munro is known for creating complex female characters, and her frequent themes of love and work. Before the first class, please purchase her collection, Dear Life, and read ‘Pride.’

An early book discussion group, now in its 48th year, has nourished Nancy’s interest in these works.

The Art of Happiness through Harmonizing of the Body, Mind and Spirit
Instructor: Suzette Clements, BS, Nursing; Doctor of Podiatric Medicine, Certified Health Coach
Via interactive teaching, individuals will gain clarity -- a baseline of where they are right now and what mindset, behaviors and habits are required to successfully create a happy and healthy life. Areas of focus will include: diets and weight loss, superfoods to heal, refresh, revitalize and re-hydrate your organs, sleep issues, light and sound frequency impact on mood, as well as treatments that prevent and even reverse the effects of premature aging. Supply fee: $20 (art supplies, pamphlet, and book).

Suzette founded Flat Shoals Foot & Ankle Center, where she focuses on the ‘Whole Person’ Body, Mind and Spirit.

WEDNESDAYS:
SEPTEMBER 17-NOVEMBER 5
10:00AM-12:20PM

Basic Computing for Mac Users
(4 sessions: Sep 17, 24; Oct 1, 8)
Instructor: Denis Gray, MEd, Technology Support
Switching to the Mac? We’ll cover the desktop and apps, running Windows PC on the Mac, personalization, the internet and more. Environment is casual and relaxed.

Tuition fee: $40. Registration is limited to 6 students.

Denis has extensive experience in adult training and education.

WEDNESDAYS:
SEPTEMBER 17-NOVEMBER 5
11:20AM-12:20PM

Improv for Humor and Creative Thinking
Instructor: Robert Drake, Artistic Director, Academy Theater
Want to learn how to think more quickly on your feet while conquering your fear of public speaking? Improvisation is the key! We have a great time and also build key skills to interact with people both on stage and in real life. Tuition fee: $20. Registration is limited to 15 students.
Shakespeare
Instructor: Jim Mengert, BA, PhD
Shakespeare sometimes uses supernatural elements in his plays—the most famous being the Ghost in *Hamlet*. But these elements—ghosts, witches, fairies—function and mean different things in different plays. We’ll look at three of Shakespeare’s finest plays -- *A Midsummer Night’s Dream*, *Macbeth*, and *The Tempest* -- in which the supernatural contributes significantly to the experience and meaning of the play.

Jim authored articles in scholarly journals on the poetry of John Milton and co-authored books on effective communication.

Point/Counterpoint
Instructor: Marty Bennett
Point/Counterpoint is a forum engaging class members in dialogue -- informing and probing major controversial subjects from at least two political and philosophical vantage points. Topics include: the National Security Agency and citizen privacy, U.S. response to foreign crises (Syria), Obamacare, U.S. wealth imbalance; U.S. energy independence, and other topics of interest chosen by class members. **Registration is limited to 20 students.**

Marty spent 22 years writing, editing and teaching report writing to defense department intelligence officers.

**THURSDAYS:**
**SEPTEMBER 18-NOVEMBER 6**
**10:00-11:00AM**

Watercolor
(1st class 10:00-11:00AM, remaining classes 9:30-11:00AM)
*no class 9/25 – class extended to 11/13*
Instructor: Marcia Rice, BFA Interior Design and Commercial Art
Explore the pleasure you can derive from watercolor. Learn to sketch from photographs (preferably yours) or still life. Watercolor is a form of art therapy. Class can be relaxing, relieve stress, and can become an enjoyable past time. **NOTE:** New students to watercolor must realize this is a creative medium, where one must practice and experiment; you will be learning from returning students and their experiences in watercolor, as well as getting help from the instructor. The first session is critical, as we will discuss supplies and the history of watercolor. **Registration is limited to 12 students.** From 1956 - 1973, Marcia did displays at Rice’s Casual Shop.

French 101
Instructor: Anna Lambros, MA, PhD French/ Multilingual-Multicultural Education
As the first in a three part series, we will introduce students into the skills of listening, speaking, reading and writing in French, as well as to the culture of French-speaking regions of the world. Fundamentals of grammar and vocabulary acquisition will be built using everyday situations which often arise while visiting or living in France. **Anna received her PhD from Princeton University as an Advanced Placement Reader of French.**

China’s Economy: The Miracle of the 21st Century
Instructor: Claude Collins
Given the enormous rise of China as a global economic leader, we will discuss China’s economy and growth, its enormous surge in urbanization, population control, and the structure of central government. Graphs, charts, and more than 4,000 pictures will be presented along with 2013 data. **Claude spent 11+ years working directly for a Chinese company based in Beijing and also represented The Home Depot in China, including more than 65 trips.**

The American Idol - Fame in the Modern World
(no class 9/25 –class extended to 11/13)
Instructor: Bob Bahr, MA Television and Public Communications
Join us for an examination of how and why fame -- particularly in the entertainment world -- has become one of the most important developments of modern life. We’ll examine the life and careers of four show business icons of the last hundred years; Charlie Chaplin, Frank Sinatra, Barbra Streisand, and Oprah Winfrey. We’ll examine their public performances on stage, screen and the electronic media to review how stars are born and nurtured. **Bob is a former CBS News Producer, news executive and documentary filmmaker who shares his own experiences of an era often characterized as 'the golden age' of broadcast journalism.**

Register today: olli.emory.edu | 404-727-6000
Money, Middle Class, and the Federal Reserve
Instructors: Jack Carew and Dan McIntyre
The economic decline of the American Middle Class continues. We will discuss serious implications and what we as citizens can do to reverse this unfavorable trend. The Federal Reserve System, along with Congress and the President of the United States, are in charge of growing the economy. We will explain/discuss how the Fed upholds its responsibility to maximize employment and minimize inflation, including an examination of the actions of Fed Chairman Alan Greenspan and continuing with both Ben Bernanke and Janet Yellen.

Pearls of Wisdom
(no class 9/25 – class extended to 11/13)
Instructor: Ed Garcia, MA, CSW
A folk tale, a quote, or a metaphor can stimulate you to think more critically about your beliefs, feelings and behaviors. These ‘pearls of wisdom’ can provide a reflective step and make a big difference when it comes to shifting gears from experiencing life in automatic patterns to giving yourself an enlightened self-direction. Come and share these treasures in an interactive class setting to see what kind of trinkets may await you.

Ed was former Director of Training at the Albert Ellis Institute.

THURSDAYS:
SEPTEMBER 18-NOVEMBER 6
11:20AM-12:20PM

History of Islam and Muslim Societies
Part II: Ottomans Until 20th Century, and Contemporary Islam
Instructor: Mustafa Sahin
This course intends to introduce participants to the history of Muslim societies between 13th and 20th centuries, including issues pertaining to the legacy of pre-Islamic empires in the Muslim Middle East, emergence, transformation and fall of Islamic empires, state control over religious and educational institutions, challenge of modernity, and the impact of nationalism in Muslim societies. No previous training in Islamic history is required. Dr. Sabin is the Director of Academic Affairs at Istanbul Center; his dissertation focused on the Turkish-Islamic social movements.

Women of Valor
Instructors: Brandt Ross, Jack Carew, Dan McIntyre, Morris Socoloff
Examine the lives and accomplishments of select women who persevered while overcoming great adversity, achieving milestones that created pathways and opportunities for others to follow. Four facilitators will describe the accomplishments of their selected Women of Valor, including Abigail Adams, Golda Meir, Hillary Clinton, Sacagawea, Harriet Tubman, Rose Villain and many others. Folk music interludes will complement many of these compelling stories.

Register today: olli.emory.edu | 404-727-6000
Jack Carew served as a senior executive with Coca Cola and traveled internationally; Dan McIntyre is an investment counselor and business strategist; Brandt Ross served as a business CEO and M & A Intermediary, and Dr. Morris Socoloff, Doctor of Dentistry in current practice.

**THURSDAYS:**
**SEPTEMBER 18- NOVEMBER 6**
**1:00-2:00PM**

**Improvisation (Part II)**
Instructor: Robert Drake, Artistic Director, Academy Theater
Learn more advanced techniques and craft better scenes, stories, and monologues in this highly interactive, performance-driven class that concludes with a performance in front your peers! The focus will be on working more effectively with scene partners to heighten and develop what happens on stage. **Tuition fee: $20.**

Registration is limited to 15 students. Prerequisite: Improvisation Part 1.

**Ageless Grace®, Fitness for Mind and Body**
Instructor: Sandy Bramlett, MEd
Based on the cutting-edge science of Neuroplasticity, Ageless Grace® Exercises consist of 21 exercise ‘tools’ that address all 5 areas of the brain, and 21 physical skills needed for optimal lifelong functioning and well-being. Ageless Grace is designed for all ages, shapes, sizes, and fitness levels. **Tuition fee: $30.**

Note: Students with Medicare supplemental policies that cover Silver Sneakers Flex classes will get their tuition fee refunded. Minimum 6 students.

Sandy is an owner/instructor at a Callanetics Studio. She is a Nia Black Belt Level Instructor and a Chi Walking Instructor.

**Living Well Workshop for Persons With or Caring for Someone with a Chronic Condition**
(6 sessions: Sep 18-Oct 23)
Instructor: Stanford University Master Trainer
Living well with a chronic condition such as diabetes, hypertension, COPD, arthritis, or allergies can be complicated, stressful and frustrating. Over six short weeks, you will learn powerful self-management skills to help you meet your goals and live well through the Stanford University developed, evidence-based program. **Minimum 8 students.**

**THURSDAYS:**
**SEPTEMBER 18-NOVEMBER 6**
**2:20-3:20 PM**

**Asian Brush Drawing and Art of Making Tea**
(5 sessions: Sep 18-Oct 16)
Instructor: Joy Hartsfield BFA, Painting and Printing
Be a part of ancient ceremonies involving meditation -- a powerful therapeutic tool. Tea is discussed, made and shared first to relax the ticking clocks within. While quiet, the mind, hand and heart can produce images by a few simple shaped brushstrokes. In class, exercises involve the practice of grinding sumi ink, using unusual objects/techniques to paint/draw. Students need to bring only a favorite mug or tea cup-instructor demonstrates/shares all other supplies that day. We will discuss the few other items to be found our purchased.

Joy has served as a guest lecturer while traveling in the United Kingdom sketching and painting on site.

**THURSDAYS:**
**SEPTEMBER 18- NOVEMBER 6**
**1:00-3:00 PM**

**Folk Jam: Sing and Play Along**
Coordinators: Bob Goodman and Terry Carpenter
Our songbook, *Rise Up Singing,* includes folk songs, traditional ballads, spirituals, show tunes, pop, peace and freedom songs, sea shanties, Appalachian music and more. We’ll sing your favorites and teach you some new ones. We welcome experienced singers, shower-singers and people who think they can’t sing at all. Bring an instrument or just bring your voice and enthusiasm!

*Rise Up Singing is available at www.singout.org, by calling 610-865-5366, or from various booksellers.*
Introduction to Technology Series
Instructor: Dan Gasparrini, EdS, MS, RN

These courses seek to help older adults learn how to use their own personal devices, rather than be taught in a computer lab. Students are asked to bring their own device(s) from home into class and learn how to use them to their satisfaction. Any devices that have a browser, word processor (of any type), and e-mail capabilities are appropriate.

TUESDAYS AND THURSDAYS:
1:00-3:00 PM

Buying a Mobile Device: The Good, the Bad, and the Ugly
4 sessions: Sep 16, 18, 23, 25
This course will familiarize the learner with the options available to obtain a mobile device. Laptop computers, tablets, Smartphones, and Chromebook® all have advantages and disadvantages. Operating systems, e.g., Android O/S, Apple iO/S, Kindle, Windows will be discussed compared and contrasted. Supply fee: $20 (classroom technology). Registration is limited to 20 students.

The Wireless Networks: Getting Connected
4 sessions: Sep 30; Oct 2, 7, 9
Now that I have my mobile device, how do I connect my devices together and how do I connect to the Internet? Wi-Fi and Bluetooth® will be discussed and compared. Various techniques of connecting will be discussed, including OLLI connection, at home, and in public places. This understanding of Wi-Fi is integral to working with mobile devices. Supply fee: $20 (classroom technology). Registration is limited to 20 students.

E-Mail: The Essentials
4 sessions: Oct 14, 16, 21, 23
What to do with e-mail? One can read, delete, move to a folder, reply, forward, attach, embed or create your own rules on how incoming mail is handled. Both client-based and web-based mail interfaces will be addressed. Efficient and effective use of TO:, CC:, and BCC: will be covered, as well as how to make groups to send multiple e-mails. How to use Skype® for free video calling will also be included in our activities. Supply fee: $20 (classroom technology). Registration is limited to 20 students.

The Browser(s): The Key to Lifelong Learning
4 sessions: Oct 28, 30; Nov. 4, 6
The browser is the cornerstone of searching, retrieving, and saving information from the World Wide Web (WWW). Using the browser effectively would result in fewer frustrations when attempting to access the wealth of information available. The basics of searching the internet and the results of those searches will be extensively explored. Bookmarks/Favorites will be presented as a means for saving and sorting Web sites for future retrieval. Supply fee: $20 (covers classroom technology). Registration is limited to 20 students.
Movement Classes at Dance 101

TUESDAYS:
SEPTEMBER 16-NOVEMBER 4
11:15AM-12:15 PM

Gentle Yoga & Meditation
Instructor: Susan Zoller, MEd
Relax and feel better! Enjoy the benefits of yoga as you learn basic asanas with the help of experienced yoga instructors. You will be guided every step of the way. This class will also incorporate meditation during the last part of class. NO prior experience required. Wear comfortable clothes.
Susan studied yoga with Dr. Valarie Wright, Hamsa Yoga Shala.

TUESDAYS:
SEPTEMBER 16-NOVEMBER 4
12:30-1:30PM

T’ai Chi
Instructor: Harvey Meisner, Certified Tai Chi and Qi Gong Instructor
T’ai Chi is a series of movements designed to open the body while creating strength, balance, and flexibility and improving cardiovascular health. These are gentle, easy yet effective movements that anyone can do, and all special needs are taken into consideration by the instructor. All body types are welcome. Come share the joy! Tuition fee: $64. Registration is limited to 20 students. Harvey studied and practiced Transcendental Meditation for 30 years.

TUESDAYS:
SEPTEMBER 16-NOVEMBER 4
1:30-2:30 PM

Do Ya Wanna Dance? (For Seniors)
Instructor: Dona Cangelosi
When is it time to dance? Now! This class is structured specifically for beautifully seasoned creative beings who love to move, and is open to those who have danced previously AND those who have never pointed a toe or physically moved to music. Dance sneakers, ballet shoes, or jazz shoes and sweats are fine for the class. Students will not be wearing a tutu, but they will be dancing to contemporary music and music of the 40’s. The class will begin with a barre warm up and move to the center floor where students will begin to release creative energy that has been trapped for decades. Bring your dancing hearts and souls. No experience necessary. Tuition fee: $50. Minimum 8 students. Dona has worked as a dance, creative movement instructor and theater coach for 42 years. She trained with the Atlanta Ballet and soloists from the Royal Ballet.

SPECIAL EVENTS & ACTIVITIES

OLLI Book Club
We invite you to be an ongoing member of our OLLI book club. The group meets the first Tuesday of every month from 12:20-1:20PM to discuss readings from a variety of genres, including novels, memoirs, classics, and nonfiction. Members vote on book selections. For more information contact Barb Sorenson: bsorenson50@gmail.com.

Save the Date! Back to OLLI Bash!
Tuesday, Sep 9 /11:30AM-1:00PM
Summer is over and it’s time to reconnect with OLLI! Register for Fall OLLI classes and join us for an afternoon of food, thought and fun. Come join us to learn about how we can grow OLLI at Emory! Please register for this FREE event online:  olli.emory.edu or call: 404 727-6000 (select option 2).