Olli Winter 2016

Lunch & Learn Schedule

12:30-1:30PM
Reminder: bring your lunch!

TUESDAY, JANUARY 19:
HAPPINESS
Chris Martin, BA; MA Psychology, PhD student in Sociology at Emory University
Most people are pretty happy. Spending money on others makes you happier than spending money on yourself. Having options isn't always conducive to happiness. Come and learn about these and other insights from research on well-being.

THURSDAY, JANUARY 21:
MEDICARE 101
Tammy Helton, Director of Medicare sales for Kaiser Permanente of Georgia

TUESDAY, JANUARY 26:
NOT SO BRIEF HISTORY OF IKEBANA
Bianca Lee, Master Certification in Ichiyo-Style Ikebana
Ikebana (生け花) is a traditional Japanese art of floral arrangement meaning 'living flowers,' embodying the Japanese tradition of a deep reverence for nature and an exquisite esthetic sensibility. Unlike typical Western floral arrangements, Ikebana transcends the genre of decorative craft by allowing creative freedom and artistic expression. The program will include a floral demonstration.

THURSDAY, JANUARY 28:
ANTHONY ATALA: GROWING NEW ORGANS/TED TALK
Alyse Steves, BS Biotechnology, PhD candidate, Genetics and Molecular Biology, Emory University
Anthony Atala’s state-of-the-art lab grows human organs -- from muscles to blood vessels to bladders, and more. At TEDMED, he shows footage of his bio-engineers working with some of its sci-fi gizmos, including an oven-like bioreactor and a machine that "prints" human tissue.

TUESDAY, FEBRUARY 2:
GERIATRIC MEDICINE
Presented by: Dr. Jaza Marina- Geriatrician at Kaiser Permanente

THURSDAY, FEBRUARY 4:
EPIGENETICS AND AGING
Anna Knight, PhD candidate, Genetics and Molecular Biology, Emory University
We will introduce epigenetics- how factors other than the sequence of DNA determine how our genes are expressed, and then discuss how our epigenomes change over the course of our lives, and what that means for aging and certain aging-related conditions.

TUESDAY, FEBRUARY 9:
MEDICAL MARIJUANA - MEDICINE OR MENACE?
Michael Kuhar, PhD, Yerkes National Primate Research Center of Emory University Candler Professor of Neuropharmacology, School of Medicine
Medical marijuana (MM) is the concept of using marijuana or its extracts as a medicine. GA law HB1 (passed in 2015) allows for the use of “THC oil” in the treatment of eight diseases or maladies. The data for MM and related topics will be open for discussion.
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Lunch & Learn Schedule (Cont.)

Thursday, February 11:
Why Are My Eyes Bothering Me?
Geoffrey Broocker, MD, Emory Emeritus Professor of Ophthalmology
A “tear-jerking” discussion about the various conditions in the maturing adult that influence problems with vision and how the eyes feel.

Tuesday, February 16:
Dance and Movies from India
Sudakshirna Mukherjee, Artistic Director of the Dance studio, Atlanta Nritya Academy

Thursday, February 18:
You Are What You Eat? An Introduction to the Human Gut Microbiome
Kelly Shaw, BS Genomics and Molecular Genetics, PhD candidate, Genetics and Molecular Biology, Emory University
The bacteria in our gut get the credit (and blame) for many aspects of human health and disease. Join us for a brief overview of human gut microbiome research and explore current claims and interventions regarding our gut bacteria.

Tuesday, February 23:
Fact or Fiction? Debunking Common Misconceptions About the Brain
Lauren Shapiro, MPH Emory University Graduate Student in Molecular and Systems Pharmacology
Topics discussed will include: the relationship between autism and vaccines, addiction as a disease or a choice, and the truth behind the adolescent brain.

Thursday, February 25:
The Use of Imagery for Movement Performance Enhancements: From Theory to Practice
Amit Abraham, Musculo-skeletal physical therapist, BPT, MAPHTY, PhD Candidate
In this lecture, I will discuss the different categories of imagery and their use in daily life and in sport and dance domains. Examples will be given from research in these domains.

Tuesday, March 1:
Atlanta Symphony Orchestra Presents: Exploring the Composer Universe—Johannes Brahms ‘Ein Deutsches Requiem’
Sally Kann, Secretary of Atlanta Symphony Musicians Foundation

Thursday, March 3:
The Story of S.I.D. (Seniors In Denial)
Brandt Ross, Former CEO, M&A Intermediary and Folksinger
Brandt and his wife Ginny transitioned from their home to a senior residence when they wanted to rather than when they had to. Take control of your future, learning about the step-by-step process of decisions made.
Their story will be told with contemporaneous folk music.