



EMORY
UNIVERSITY

Emory Continuing Education



Winter
2012
COURSE
GUIDE

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Emory Classes for Adults Ages 50+





Osher Lifelong Learning Institute (OLLI) at Emory is an educational adventure - the quality of instruction and group participation makes OLLI at Emory an engaging intellectual and social experience. A \$99 quarterly membership fee entitles you to enroll in up to 4 OLLI classes of your choice. (Some courses have additional registration fees.) Or you may select a single class for a "sampler's fee" of \$69 (computer classes not included). Register today! Classes are held at Emory Continuing Education, 1256 Briarcliff Road, Building B. To register, call Emory Continuing Education at 404.727.6000. Open to all adults ages 50 and above.

**TUESDAYS:
JANUARY 17-MARCH 6, 10:00AM-11:00AM**

Kings and Queens of England, Part II

Instructor: Susan Pillans

This review of the lives and times of the Kings and Queens of England will include highlights of historical information as well as social and personal anecdotes. Beginning with the Tudors and the stories of Henry VIII, the course will continue through the present Queen of England, Elizabeth II. Each session will hold colorful tales of the monarchs.

Spanish II

Instructor: Betty Pareja, Native Spanish speaker

By popular demand - this Intermediate Spanish class, a follow-up to the Beginning Spanish class, will emphasize the development of conversational skills.

Neurobics IV: Even Younger Brains through Creative Thinking

Instructor: Harry Vardis, Director of the Creativity and Innovation Project at Kennesaw State

People say that creativity is an ageless process. We will explore additional ways to be more creative, thereby developing a younger brain. This is a course that builds on the concepts and practice of creative thinking -- everyone is welcome. We will explore productive ways to apply creativity in our everyday lives, engaging in interesting practices that you can do in class and at home.

Jews under Crescent and Cross in the Middle Ages

Instructor: Craig Perry, Graduate Student, Emory University

In the Middle Ages, was it better to be a Jew under Muslim or Christian rule? Why have scholars argued for centuries over the answer to this question? This course explores the realities of Jewish life under both empires and seeks to explain why medieval Islamic and Christian attitudes towards Jews often differed. Further, we will discuss what the debates over this topic teach us about

how history is written. Craig Perry is an Emory graduate student who studies medieval Jewish and Islamic history.

It's Not Your Parents' Retirement

Instructor: Debi Buckland

Studies have shown that today's "post-intense career" person spends 20-30 more years in active, healthy retirement than in past generations. How are you spending your time? This course takes you through a journey of clarifying and identifying new ways to find passion and fulfillment in your "reirement" phase. We will engage in fun, instructor-led exploration exercises each week, leading into lively and important discussion.

The Persistence of Alchemy: Pseudo-Sciences and Other Willful Misconceptions

Instructor: George de Man

P.T. Barnum once said that "there's a sucker born every minute." From parapsychology to numerology, cold fusion, creationism, and all sorts of other pseudo-sciences, we often believe what we want to believe. Metaphysics and poetry take flight; science bends toward proven and expected truths. We'll investigate Barnum's Cardiff Giant, van Megeren's "Vermeers" - deceiving Dutch experts and Nazi collectors alike, the Shroud of Turin, Alchemy, the Great Balloon of Oz, and more. We'll also examine many more, including: global warming, economic "theory," evolution. . . we'll explore all these subjects and more, for fun and enlightenment.



Lottery of Life

Facilitator: Brandt Ross

All of us are shaped in a “lottery of life” by the random process of how (and to whom) we are born, raised, educated, shaped, and molded by our families, friends, experiences, decisions, and random events. While some of our life is shaped by conscious decisions, part of our personalities and behavior patterns are the result of random events and processes. Correspondingly, our decision making is influenced in the same way. How would our life and event solutions vary? Each class member will select a name of some historical person from a random drawing. The objective of the class is to allow each participant to learn about someone in history and to discuss current day topics through the perspective of that historical figure, or as they wish to try to interpret it. The class also allows for discussion of polarizing subjects with no personalization.

TUESDAYS:

JANUARY 17-MARCH 6, 11:20AM-12:20PM

Religion & Digital Age: Exploring How New Media Challenges and Inspires Faith in the 21st Century

Instructor: Joshua Case, Graduate of Candler School of Theology, Emory University

This course will explore the ways in which digital culture is shifting and challenging the way in which religious people make meaning. Specifically focusing on the impact of the digital age on many contemporary Christians, this course will offer a range of perspectives on the pros and cons of religions that embrace new technology. At the end of the course, participants will be able to articulate the challenges involved with preserving faiths of ancient origins in the digital age.

Shakespeare as a Scholar of History

Instructor: Don Snyder, Docent Emeritus, Carlos Museum

This course explores the Bard’s view of 15th century England as both playwright and historian, as well as how he deals with historical fact or changes it for dramatic effect. The class will view and discuss excerpts from the classic BBC productions of these plays: *Richard II*; *Henry IV in two parts*; *Henry V*; *Henry VI in three parts*; and *Richard III*. You are encouraged to do your own reading. Any recognized edition that numbers both scenes and lines will suffice.

Jasper Johns: America’s Treasure

Instructor: Dorothy Wagley, artist, traveler and lecturer

“I wondered when I was going to stop ‘going to be’ an artist and start being one.” This quote is from Johns’ reflection on the euphoria he felt after his first solo exhibition at Leo Castelli’s Gallery in the 1950’s. In 2011 he received the Presidential Medal of Freedom from President Barack Obama. We will trace his career from those early corroborations with friend Robert Rauschenberg to the present. Also, an update of what has happened in the art world since early 2011 will be presented at the start of this new series on Johns.

The Declaration of Independence vs. The U.S. Constitution

Instructor: Sal DePasquale, MCJ, MBA, Vietnam veteran

Is the U.S. Constitution a repudiation of the Declaration of Independence? The Declaration was an eloquent statement about human freedom and dignity. The document speaks to the rights of all humans -- including the rights to life, liberty and the pursuit of happiness. The U.S. Constitution, however, has a distinctively different edge, as it speaks to property rights -- including the rights of slave holders and the lack of equality for slaves. The conflicts between these two documents are stark. Americans celebrate the date of the Declaration, which has no standing in U.S. law, but pays scant attention to the anniversaries of the Constitution which is the foundation for U.S. law. How can that be?

Poets Laureate of the United States

Instructor: Trudy Kretchman

We will discuss three of the most recent Laureate Poets: Philip Levine (Current), W.S. Merwin, Kay Ryan, followed by Stanley Kunitz, Richard Wilbur, Ted Kooser, and Billy Collins. We may not be able to cover everything, but will follow that which stimulates our interest. We’ll briefly review the biography of the poet first, followed by reading and interpretation of the poems. There will be a handout available one week before classes begin.

Galileo: The Life and Times of a Scientist

Instructor: Bob Sullivan

In this course, we’ll consider: Galileo’s life and character; his revolution of physics and contributions to astronomy; the price that he was made to pay, and why; the social, intellectual, political, philosophical, and religious background; and finally, the sense in which modern physics is “Galilean.”



**WEDNESDAYS:
JANUARY 18-MARCH 7,
10:00 AM-11:00 AM**

Great Decisions 2012

Facilitators: Jack Carew and Morris Socoloff

Great Decisions is a presentation/discussion class about current foreign affairs of the United States. This course began elsewhere in 1918 to offer Americans the opportunity to stay abreast of major issues that impact our way of life. In 2011, approximately 800 senior citizen learning locations around the United States offered a Great Decisions course. The topics for 2012 are: (1) Middle East realignment, (2) Promoting Democracy, (3) Mexico, (4) Cybersecurity, (5) Exit from Afghanistan and Iraq, (6) State of the Oceans, (7) Indonesia, (8) Energy politics. Each topic is accompanied by an article written by a professional in the specific field, and combined into a booklet available for \$20.

From Vertigo to Running on Empty: What Makes a Great Film Great?

Instructor: Jim Athanas

A great book has a great beginning -- great films are the same. This course will explore great beginnings, middles, and endings of films over the last half of the 20th century. We will take a look at 2 or 3 clips each class, focusing our attention on the criteria that make certain films great, discussing, for example, directors' decisions, editing, music, and the effects of the scenes on the viewer.

Watercolor

Instructor: Marcia Rice

Explore the pleasure you can derive from watercolor. Learn to sketch from photographs (preferably yours) or still life. Supply list is given and discussed the first day of class. **Class size limited to 10.**

Gentle Morning Yoga

Instructor: Bianca Lee

Basic yoga *asana* (poses) and *prayanama* (breathing) will be taught in this class to improve physical strength, flexibility and balance. Pilates movements will be introduced to build core strength. Yoga teaches to be mindful of every part of our body as well as our actions. The exercises

influence how we do what we do and how we lead our daily life. Practicing Yoga develops a non-judgmental, compassionate attitude and restores inner peace and harmony. The goal is for you to leave feeling relaxed, yet empowered, energized, and exhilarated!

**WEDNESDAYS:
JANUARY 18-MARCH 7,
11:20 AM-12:20 PM**



Listening to Classical Music on the Internet

Instructor: Kenneth Green, PhD

New technology has allowed classical music lovers to listen over the internet to virtually any recording ever made - in high fidelity sound - for a modest monthly fee. Take this course and find out how to reap the benefits. Topics for discussion will include: the relationship of classical music to the internet, what and where to buy, listening suggestions, and the future of recorded music.

Georgia's Government

Facilitators: Marty Bennett and Jack Carew

We will enjoy guest speakers from eight departments of the Georgia government, including Education and Corrections, Agriculture and Economic Development, Revenue and Natural Resource, and Banking and Finance and the Governor's office. Speakers will present their current activities, plans and priorities, and successes and difficulties during stressful times.

Family Discord and Accord

Instructor: Saralee Fine, MA, Emory University

Shakespeare's late romances, *The Winter's Tale* and *The Tempest*, both attract and offend, combining fierce hate and redeeming love spiced by magic. Please read *The Winter's Tale* before our first class, preferably a Signet Classic paperback. Texts: *The Winter's Tale*, ISBN 0451527143 and *The Tempest*, ISBN 07114490023.

T'ai Chi

Instructor: Harvey Meisner

T'ai Chi is a series of movements designed to open the body while creating strength, balance, and flexibility and improving cardiovascular health. The continued practice of Tai Chi has been shown to help reduce blood pressure, stress, tension and the pain and stiffness of arthritis, fibromyalgia and other similar disorders. T'ai Chi also helps increase general health and wellbeing. These are gentle, easy yet effective movements that anyone can do, and all special needs are taken into consideration by the instructor. Gentle music and beautiful moves based on nature will help you ease through your days. All body types are welcome. Come share the joy! **Registration for this class is limited to 15 students, and there is an additional \$64 enrollment fee — just \$8/class.**

**THURSDAYS:
JANUARY 19-MARCH 8,
10:00 AM-11:00 AM**

The Brothers Karamazov, by Fyodor Dostoyevsky

Instructor: Bert Parks

Here it is - the great, explosive, blockbuster novel you've been planning to read or re-read, if you only had the time! Well, the time is now. This is many novels in one: a psychological murder mystery; one of the strangest love stories ever written; a philosophical, spiritual quest novel for the ultimate meaning of good and evil, life and death; a novel of 19th century culture and politics that encompasses the whole of Russian life during a time of social economic and political upheaval. And finally, it is the story of a father and his three sons, a story of rage and passion, guilt and jealousy, of erotic obsessions, and a deep yearning for connection, love and redemption. To cap it all off, we have a splendid translation by Richard Pevear. ISBN: 0374528373. Get this book now and get started - let this great novel transform you! **This course requires an additional \$10 registration fee.**

The Enlightenment

Instructor: Joe Baird

The Enlightenment was an intellectual movement, taking place from approximately 1650 to 1800, which urged mankind to free itself of the chains of dogma, superstition and prejudice and make full use of its powers of reasoning. The Enlightenment formed many of the modern approaches to science, religion, morality, politics and history. This course will explore how the movement so fundamentally changed the course of

Western thought and the role played by some of its leaders such as Voltaire, Locke, Kant, Diderot, Franklin and Jefferson. We will also examine the opinions of the critics of the Enlightenment who blame it for many of the ills of the modern world.

Basic Meditation

Instructor: Cookie Rubin, retired public high school teacher and student of meditation for 20 years

This course addresses some introductory questions: Why meditate? How do we meditate? What are the benefits of meditation? There will be no focus on religious doctrine. The process for this will include weekly studies of basic breathing techniques, general mindfulness/awareness practices, group discussions, techniques for sitting and body posture, associated articles and informative handouts. Materials will include selections from related books, magazine articles, videos, taped sessions and teacher instruction. Sitting is on cushions or chairs. Wear comfortable clothing and come to learn and relax!

Sex After 50

Instructor: Judie Manulkin, PhD, Host of award-winning cable television show, "*Real Talk*" and other TV specials.

The intention of this course, which will be in two parts, is to have a dialogue exploring and exposing the myths, taboos, misinformation, negative messages, and the limiting, ageist attitudes about sex in our culture. So often these messages become self-fulfilling for men and women who think they are accurate. The perspective through which we will view human sexuality reveals that physical changes are not limitations, but challenges, opportunities for increased and improved relationships. According to some experts, full sexual potential is only available with maturity. With the expansion of seniors' attitudes, the joy of sex remains fully available.

Epidemics & Disasters Which Have Changed Civilization

Instructor: William Stanhope, PA, MS

The course will discuss epidemics caused by the plague, smallpox, yellow fever, influenza and anthrax as diseases that have changed the course of history. The course will also explore the Bhopal and Chernobyl industrial disasters as well as the "Great White" fire as examples of major disasters, each offering important lessons for contemporary society and individual resilience. The course will be taught by William Stanhope, Adjunct Professor at Saint Louis University's School of Public Health, where he currently teaches a course on Case Studies in Epidemics, Disasters and Terrorism.



The Salon at Emory

Moderator: Marty Bennett

The Salon at Emory will discuss an eclectic mix of “current” news topics. The primary source of topics will be news editorials from local, national and world press. Each class we will select and discuss approximately three editorials/news items, ranging from war to sports, politics to psychology, economics to education. (No, you can’t get your hair and nails done!).

**THURSDAYS:
JANUARY 19-MARCH 8,
11:20 AM-12:20 PM**

We, the People, Write: A Forum

Instructors: Milton Crane and Shia Elson

Discover your ability and enjoy the pleasures and many benefits of writing. The hardest part is getting started, and our instructors can help you do it. Email address is required. Class is limited to 15.

Yoga in the Third Age

Instructors: Susan Zoller and Donna Frankiewicz

Experience the benefits of hatha yoga as you learn basic asanas with the help of experienced yoga instructors. **Sorry, but we must limit this popular class to 20 students.**



The Art of Bel Canto

Instructor: Jane Goodwin, former Production Manager of the Palm Beach Opera

The art of *bel canto*, or “beautiful singing,” developed out of the religious oratorios of medieval times and the Renaissance. The music was mostly choral, but by the 17th century the solo voice had come into its own. This necessitated even greater dedication on the part of the singer. The runs and trills were based on phenomenal

breath control and physical stamina, combined with extreme vocal agility. As opera became an independent art form in the 18th and early 19th centuries, the so-called “golden age” of singing, the technique of *bel canto* was the essence of the art of any aspiring singer.

Counterfactual History: Playing the “What If” Game

Instructor: Esteban Bertera, PhD, professional food chemist (The Coca Cola Co.) and amateur historian

What could have been “IF?” In this class, we will take liberties with the facts in order to intelligently speculate on “alternative histories.” We will first define the rules of the game and discuss the value of the game beyond the entertainment level. Our topics and explorations will include historical events (and their repercussions) ranging from Ancient Greece and Rome to the Spanish Armada, from the Battle of Poitiers to War II in the Pacific . . . and more. Come join us for a provocative examination of the great events that have shaped history’s course. Participants are given the chance to offer their own counterfactual scenarios. Remember: in this game, nobody is right or wrong.

Realizing Your Health Potential

Instructor: Leila Finn, Integrative health coach and wellness trainer

Our vision of good health is different for each of us. In this class you will explore what that means for you and develop a personalized health plan that will clarify where you are today and where you would like to be. You will define and implement practical long and short term goals that will enable you to create the changes you want to achieve your health vision, and you will learn coaching skills that will help you continue to succeed in meeting your health goals. **An additional registration fee of \$15 covers materials and handouts.**

History Of Psychology Part 2: The Science Of Behavior

Instructor: Michael Zeiler, Charles Howard Candler Professor of Psychology Emeritus at Emory University

This course traces the development of psychology as a natural science. Psychology has been and continues to be a field of continual change and development. Over the course of its history, psychology has taken many forms and has adopted a number of different definitions. Various conceptual issues dictated the nature of psychology, and these led to the development of systematic approaches to the field. This history explores where psychology has been, why it was what it was, why it changed, and where

it is now. The focus of Part 2 of this course is on the development of the science of behavior. Participation in Part 1 of this course is not required for appreciation of Part 2.

A Primer for the 2012 Election: Political Parties, Candidate Selection, Elections, and Voting

Instructor: John Havick, PhD, retired professor of politics and communications, published author and editor

Democracy and communications are themes emphasized in a review of the evolution of political parties, third parties and minor parties (including tea), the nomination of candidates, elections, political activity, public opinion, and voting. The course seeks to provide understanding about the structure and process of politics while not focusing on contemporary volatile passions and issues. Once the above topics are covered, the class will have a method and model to predict the outcome of the 2012 election. The course is intended to understand politics rather than serve as a forum for various views about current politics. This course hopes to transform students into unbiased analysts.

COMPUTER CLASSES:

**TUESDAYS:
JANUARY 17-FEBRUARY 7,
10:00 AM-12:20 PM**

Basic Computing for Seniors

Instructor: Gus Strassburger, technology consultant and instructor
Tuition: \$99 (\$79 for current OLLI members)

Eliminate the mystery of the computer! This is not a traditional computer course, but a relaxed environment with professional assistance. You don't need to own a computer or pay internet fees to have the opportunity to practice on a computer. If you have no computing experience, learn to turn on the computer, use a mouse and keyboard, open files, and browse the World Wide Web. Even if you've used the computer for years, you'll be amazed at how much you'll learn. Get your computer questions answered while you learn email, the Internet, and software programs. All levels of experience are welcome. No prerequisites.

**TUESDAYS:
FEBRUARY 14-FEBRUARY 21,
10:00 AM-12:20 PM**

Senior Computing: Buying and Selling on E-Bay

Instructor: Gus Strassburger, technology consultant and instructor
Tuition: \$85 (\$65 for current OLLI members)

You can find just about anything you need or want on E-Bay — if you know how to use it. Learn the basics of how to use E-Bay including how to find the things you want; sell the things you don't; and make transactions on-line. This course will cover how to set up an account and how to use Pay Pal. Also learn how to avoid scams when you are buying and selling on-line. Textbooks: *Senior Computing: Buying and Selling on E-bay.*

**TUESDAYS:
FEBRUARY 28-MARCH 6,
10:00 AM-12:20 PM**

Online Travel Planning

Instructor: Gus Strassburger, technology consultant and instructor
Tuition: \$85 (\$65 for current OLLI members)

The computer is a great place to find bargains, interesting destinations, and learn more about where you would like travel. Learn to use the power of the internet to plan your next vacation. This class covers how and when to use websites to bid for your airfare or hotel. Know where to go to find special on-line discounts or search for the best travel deal. Learn to get directions; find recommendations; and make reservations without picking up the telephone.





A \$99 quarterly membership fee entitles you to enroll in up to 4 OLLI classes of your choice.

Registration Form Osher Lifelong Learning Institute at Emory

NAME _____

ADDRESS _____

CITY _____ STATE _____ ZIP _____

TELEPHONE _____ EMAIL _____

TUESDAYS _____

WEDNESDAYS _____

THURSDAYS _____

PAYMENT \$_____ (\$99 SINGLE QUARTER TUITION + course fees)

I'D LIKE TO SUPPORT THE WORK OF OLLI AT EMORY WITH A CONTRIBUTION OF \$100 OR MORE

MasterCard VISA AMEX CHECK (payable to Emory)

CREDIT CARD NUMBER _____ Exp Date _____

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Emory Continuing Education
Emory University
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TIME SENSITIVE MATERIAL