



EMORY
UNIVERSITY

Emory Continuing Education



Fall
2011
COURSE
GUIDE

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Emory Classes for Adults Ages 50+





Osher Lifelong Learning Institute (OLLI) at Emory is an educational adventure - the quality of instruction and group participation makes OLLI at Emory an engaging intellectual and social experience. A \$99 quarterly membership fee entitles you to enroll in up to 4 OLLI classes of your choice. (Some courses have additional registration fees.) Or you may select any single class for a "sampler's fee" of \$69. Make sure you get a seat in your favorite classes by registering today! Classes are held at Emory Continuing Education 1256 Briarcliff Road, Building B. To register, call Emory Continuing Education at 404.727.6000. Open to all adults ages 50 and above.

**TUESDAYS:
SEPTEMBER 20-NOVEMBER 8,
10:00AM-11:00AM**

Huckleberry Finn vs the Damn Human Race

Instructor: Bert Parks

Ernest Hemingway claims that "All modern American literature comes from one book by Mark Twain, *Huckleberry Finn*..." How is it that this book about a boy and an escaped slave rafting down the mighty Mississippi River, and their encounters with the "damn human race," has become the most beloved and influential of all American novels? Come join us for a trip you won't soon forget. **This course requires an additional \$10 registration fee.**

Nazi Germany: From the End of the Great War to the Nuremberg Trials

Instructor: Susan Barnard

When Germany lost the Great War, the ensuing perfect storm brought together the most sinister men the world had ever known. These depressed malcontents wanted a messiah, and Adolf Hitler was their man. Our course will trace the development of the Nazi Party and the profile the actors on this stage of horror (particularly Hitler and his women). This course will chronicle events leading to World War II, the destruction of Europe and its people, the Holocaust and its aftermath. Class will end with the trials of these men at Nuremberg for crimes against humanity.

Kings and Queens of England, Part I

Instructor: Susan Pillans

This review of the lives and times of the Kings and Queens of England will include highlights of historical

information as well as social and personal anecdotes. After a brief look at the early tribal kings, the course will begin with King Alfred the Great (871-899) and continue through Henry VIII (1509-1547). Each session will reveal rich, colorful and intriguing tales

Spanish I

Instructor: Betty Pareja

This experienced Spanish instructor offers an effective entry-level course. You'll learn greetings, introductions and basic communications - the building blocks of a useful and enjoyable command of the Spanish language.

The Language of Compassion

Instructor: Clarice Belcher

With all the strife around us and in our country, we can be the peace we want, right here, right now, in our own homes and with our own families and friends. In this experiential class, we will use very specific and very directed practices for speaking compassionately. These are practices we can apply immediately in everyday life with friends, family, and casual acquaintances. These practices are down-to-earth and workable, helping us to become the peaceful communicators we want to be. We will use Marshall Rosenberg's *Nonviolent Communication*. Review of this work before class will be beneficial.

Ethics in the 21st Century

Instructor: Lewis Myers, PhD

Does what is right or wrong change with time? Is ethics an individual or group matter? How much of your behavior is under your control? Come, let's explore and discuss.

**TUESDAYS:
SEPTEMBER 20-NOVEMBER 8,
11:20AM-12:20PM**

**Charles Dickens and a Philosophy of
Legal Justice**

Instructor: Nathan Hartman, MTS, JD, Graduate of Candler School of Theology and Emory University School of Law

“If there were no bad people, there would be no good lawyers.” -- Charles Dickens. What spurred Dickens to write? What do his characters and their stories tell us about lawyers and the legal system during his time? We will review *Bleak House* and *Little Dorrit*. Many scholars maintain that *Bleak House* is the greatest indictment of law, lawyers, and the legal system in the English language. Entering the world of *Little Dorrit* will provide us a keyhole view into the most private lives of those who have passed through the legal system and ended up in a Victorian prison. Prior reading of these novels would be helpful to your enjoyment of the course, but is not necessary.

Egyptology 101

Instructor: Kristine Huffman, Archaeologist and educator

Discover the culture of this ancient society. Learn how the people lived and what they believed. Study their many statues and grand architecture; explore the language through hieroglyphs and cuneiform. Meet the pharaohs and their families. We will begin at the rise of the Old Kingdom and chronologically work our way through to Cleopatra, discussing such popular topics as mummies, tombs, gods, and treasures along the way.

Understanding the New Media

Coordinators: Bunny Mitchell and Milton Crane

Facebook, Twitter, etc. . . what are they all about? Our class will feature an expert each week to explain and discuss the various ways in which new media is impacting us, ways to get information, and what we can expect in the not too distant future. Hear professionals from marketing, politics, television, news, law, terrorism, and journalism tell us how new media is impacting business. When class is over, you will be able to teach

your grandchildren a thing or two. Come understand how social media is changing our lives-- it goes beyond just a circle of friends.

Great American Poets

Instructor: Larry Rubin, PhD., English Professor Emeritus, Georgia Institute of Technology

In this course, we will study some of the best poems by five of the outstanding American poets, from the Civil War to modern times: Emily Dickinson, Edwin Arlington Robinson, Robert Frost, James Dickey and Anne Sexton. Our focus will be on their unique poetic imagery and the way it conveys their powerful themes, thus producing an unforgettable record of universal human emotions.

The Artist’s Way- Part I

Facilitator: Beverly Daves

This workshop will be in two parts and will generally follow the weekly format laid out in the best-selling book, *The Artist’s Way -A Spiritual Path to Higher Creativity* by Julia Cameron. To quote the author, “There is an underlying, in-dwelling creative force infusing all of life -- including ourselves.” Let’s see what we can tap into.

**What Lies Beneath? A Realistic Critique
of US Experience**

Instructor: Alvin Boskoff, PhD, Emeritus Professor of Sociology, Emory University

Social troubles have deep-rooted causes. We will examine, critique and link the long-term prevailing flaws in our major institutions and ideologies. Perhaps a societal GPS will emerge for our troubled trip.

**WEDNESDAYS:
SEPTEMBER 21-NOVEMBER 9, 10:00
AM-11:00 AM**



Radicalization of Islam

Facilitators: Morris Socoloff and Jack Carew

Presenters and guest lecturers will explore and discuss the following topics: *The History of Islamic Doctrine*; *The Life of Mohammed*; *Rise of the New Caliphate*; *Muslim Brotherhood*; *Introduction of Sharia in U.S.*; *Goals and Results of Sharia in U.S.*; *The King Hearings* and *Court Cases Dealing with Sharia Law*.

Living with ADD at Different Life Stages

Instructor: June Kaufman, PhD, clinical psychoanalyst

Attention Deficit Disorder (ADD) has become a household word. In this course, we will discuss the problems ‘ADDers’ have at different life stages, and the interventions used to help them. ADD is a brain style that has positive as well as negative aspects in daily life. Is it possible that you, your children, grandchildren and others of concern have ADD? Come learn beneficial ways to cope and live with this common condition.

Watercolor

Instructor: Marcia Rice

Explore the pleasure you can derive from all kinds of watercolor techniques including crayons and pencils. Learn to sketch from life or from photographs. **Class size limited to 10.**

Eat to Live!

Instructors: Cheryl McAuliffe, “nutritarian”; and Dan McIntyre

This course will cover the latest in nutritional studies and how your food choices affect your health. Find out why your food choices can be addictive and how to break the cycle of weight loss and gain. Learn to eat delicious, nutritious food (and lots of it) while maintaining your ideal weight! You will be given information and tools to make life long changes for a healthier life with less risk of heart attack, cancer and diabetes. Recipes and cooking tips included. **Note: This course will be offered at both the 10:00 a.m. and 11:20 a.m. class times. Both sessions are limited to 12 participants.**

WEDNESDAYS:

SEPTEMBER 21-NOVEMBER 9, 11:20 AM-12:20 PM

Eat to Live!

Facilitators: Cheryl McAuliffe, “nutritarian” and Dan McIntyre

See the description under the Wednesday 10 o’clock hour.

History of the Vietnam War

Instructor: Sal DePasquale, MCJ, MBA, Vietnam veteran

Beginning in 2 BC, the Vietnamese battled for independence from foreign rule. The Chinese, the French, and Japanese all attempted to dominate the Vietnamese and failed. At the height of the Cold War, the United States stepped into the cauldron on the side of the Vietnamese who were viewed as French collaborationists. This class examines the sequence of events leading to the war, including those seemingly unrelated and isolated events that profoundly influenced the war. **This course is available, through the Veterans Affairs Hospital, to Vietnam veterans free of charge. Limited to 25 students.**

Memory at Emory

Instructor: John Thames

This course teaches you how to remember names, important information, tasks to perform and other important things. Memory improvement techniques include association, visualization, auditory reminders, environmental change and elaboration. Medications that may inhibit memory will also be discussed. Participants are encouraged to get involved in marketing and medical research projects in Atlanta to improve their memories (and make some extra money). Recommended reading: *Improving your Memory* by Janet Fogler and Lynn Stern and *The Luck Factor* by Dr. Richard Wisemen.

T'ai Chi

Instructor: Harvey Meisner

T'ai Chi is a series of movements designed to open the body while creating strength, balance, and flexibility and improving cardiovascular health. The continued practice of Tai Chi has been shown to help reduce blood pressure, stress, tension and the pain and stiffness of arthritis, fibromyalgia and other similar disorders. T'ai Chi also helps increase general health and well being. These are gentle, easy yet effective movements that anyone can do, and all special needs are taken into consideration by the instructor. Gentle music and beautiful moves based on nature will help you ease through your days. All body types are welcome. Come share the joy! **Registration for this class is limited to 15 students, and there is an additional \$64 enrollment fee — that's just \$8/class — so that our certified instructors may be compensated.**

**THURSDAYS:
SEPTEMBER 22- NOVEMBER 10, 10:00
AM-11:00 AM**

Jane Austen II

Instructor: Herbert Benario, Professor Emeritus of Classics, Emory University

Our first offering of Jane Austen last winter featured *Pride and Prejudice*, *Sense and Sensibility*, and *Persuasion*. The present course will treat the remaining three novels, *Emma*, *Mansfield Park*, and *Northanger Abbey*.

The Maghreb- What Is It?

Instructor: Ildiko Flannery

The Maghreb is ancient Carthage, the Atlas Mountains, Fez, Marrakesh, Tlemcen, the Barbary Regencies of Algiers, Tunis and Tripoli-it is the southern littoral of the Mediterranean and much, much, more. Interested? Join us as we explore the rich history of North Africa.

Folk Jam 2011!

Facilitators: Bob Goodman and Terry Carpenter

Start your day with a song-- or lots of songs. Our songbook, *Rise Up Singing*, includes folk songs, traditional

ballads, spirituals, show tunes, pop, peace and freedom songs, sea shanties, Appalachian music and more. We will sing your favorites and teach you some new ones. We welcome experienced singers, shower-singers, and people who think they cannot sing at all. Bring an instrument or just bring your voice and enthusiasm- we are having a folk jam! **WARNING:** Can be addictive. (*Rise Up Singing* is available at some local bookstores; www.singout.org, 610-865-5366; and from online bookstores.)

Proverbial Wisdom

Instructor: George de Man

A study (and discussion) of the great classic proverbs: The scriptural, sayings of Jesus, Buddha, Mao, etc. William Blake's *Proverbs of Hell*, Pascal, Montaigne- and proverbs from my own book *In the Vineyard of the Mind*. Class will be encouraged to bring in their favorites, or compose their own.

Who Should Win the Nobel Prize for the Discovery of Oxygen

Instructor: John Grunwell, PhD, Professor Emeritus of Organic Chemistry at Miami University, Oxford, Ohio

We will explore the historical context and development of the concept of oxidation and how three individuals working in different countries discovered how to produce pure oxygen. Should the individual who made the first discovery win the prize? The discovery of oxygen occurred during the time of the American Revolution and one of the individuals who discovered oxygen was executed during the Reign of Terror during the French Revolution. The processes of oxidation such as smelting ores, combustion of charcoal, sulfur and phosphorus, calcinations of metals, and the explosion of gunpowder will be discussed as the unifying thread throughout the course.

The Economic Road Ahead

Presenters: Robert Varn and Scott Wilder

Rob Varn and Scott Wilder return to OLLI at Emory University to present their analysis of the likely flow of events in the U.S. economy and its relation to the world economy. Topics consist of: "Euro Imperiled (Don't Bet on Disaster);" "Commodity Inflation (Role of Speculation);" "Cheap Labor (World's Over-



Supply);” “Debt and Fiscal Policy (Keynesians without Answers);” “Real Estate Mortgages (A Persistent Overhang);” “Protectionism (White-Collar Backlash);” “Financial Regulation (Dodd/Frank: Boon or Bane?)” and “Conflict of Interest (When the Public Is Not Served).”

**THURSDAYS:
SEPTEMBER 22- NOVEMBER 10, 11:20
AM-12:20 PM**

History of Psychology Part 1: The Science of the Mind

Instructor: Michael Zeiler, Charles Howard Candler
Professor of Psychology Emeritus at Emory University

This course traces the development of psychology as a natural science. Psychology has been and continues to be a field of continual change and development. Over the course of its history, psychology has taken many forms and has adopted a number of different definitions. Various conceptual issues dictated the nature of psychology, and these led to the development of systematic approaches to the field. This history shows where psychology has been, why it was what it was and why it changed, and where it is now. The focus of Part 1 of this course is on the development of the science of the mind.

William Faulkner’s Prose

Instructor: Stan Gillespie

This course will examine Faulkner’s language, imagery, and rolling prose. The language is the theme-- do not labor over the plot; just read the language, stopping only on the most striking images. Faulkner’s words are simply stunning. No book is required.

The Lottery of Life

Facilitator: Brandt Ross

All of us are shaped into a “lottery of life” by the random process of how (and to whom) we are born, raised, educated, shaped, and molded by our families, friends, experiences, decisions, and random events. While some of our life is shaped by conscious decisions, part of our personalities and behavior patterns are the result of random events and processes.

Correspondingly, our decision making is influenced in the same way. The objective of this class is to allow each participant to learn about someone in history and to discuss current day topics through the perspective of historical figures, or as they wish to try to interpret it. The class also allows for discussion of polarizing subjects with no personalization. Class will include small group discussions in order to try to create some consensus. **Limited to 25.**

Yoga in the Third Age

Instructors: Susan Zoller and Donna Frankiewicz

Experience the benefits of hatha yoga as you learn basic asanas with the help of experienced yoga instructors. **Sorry, but we must limit this popular class to 20 students.**

General Medicine and Medical Education Topics of Interest

Coordinators: Erica Brownfield MD, Vice Chair of Education, Dept. of Medicine, Emory University; and Donald Vellek, MD

The Division of General Internal Medicine at Emory University is made up of faculty with diverse interests and expertise. From clinical care to medical education to outcomes research, the division is recognized in the School of Medicine, the Southeast and the country for being innovative leaders in many domains. This lecture series will include varied topics based on faculty expertise and will be interactive with participant involvement. This is an excellent opportunity to update your clinical knowledge and find out what exciting things are going on in general medicine. Our course will appeal to both physicians and non-physicians.

The Architectural & Engineering Feats of Europe’s Grandest Cathedrals, Part II

Facilitators: Jack Carew and Howard Cohen

Join us as we continue our lecture series on the evolution of architecture and engineering manifested in the world’s great cathedrals: Notre Dame in Paris, Amiens, Chartres and Canterbury. Lectures are presented on DVD by Professor William Cook of the State University of New York, telling the story in three-dimensional models and brilliant color motion

photography. These expert lectures and course guide will serve as the basis for our own class explorations and discussions. Led by one of our facilitators, we will discuss the social, economic and intellectual context of this fascinating epoch. The level of expertise and engagement will make this exploration exciting and interesting.

COMPUTER CLASSES:

**TUESDAYS:
SEPTEMBER 20-SEPTEMBER 27, 10:00 AM-12:20 PM**

Buying and Selling on E-Bay

Instructor: Gus Strassburger, technology consultant and instructor

Tuition: \$85

You can find great deals on just about anything you need or want on E-Bay — if you know how to use it. Learn the basics of how to use E-Bay including how to find the things you want, sell the things you don't, and make transactions on-line. This course will cover how to set up an account and how to use Pay Pal. Also learn how to avoid scams when you are buying and selling on-line.

**TUESDAYS:
OCTOBER 4-OCTOBER 25, 10:00 AM-12:20 PM**

Basic Computing for Seniors

Instructor: Gus Strassburger, technology consultant and instructor

Tuition: OLLI members \$79, Non-members \$99

Eliminate the mystery of the computer! This is not a traditional computer course, but a relaxed environment with professional assistance. You do not need to own a computer or pay internet fees to have the opportunity to practice on a computer. If you have no computing experience, learn to turn on the computer, use a mouse and keyboard, open files, and browse the World Wide Web. Even if you have used the computer for years, you will be amazed at how much you will learn. Get your computer questions answered while you learn email, the

Internet, and software programs. All levels of experience are welcome. No prerequisites.

**TUESDAYS:
NOVEMBER 1-NOVEMBER 8, 10:00 AM-12:20 PM**

Online Travel Planning

Instructor: Gus Strassburger, technology consultant and instructor

Tuition: \$85

The computer is a great place to find bargains, interesting destinations, and learn more about where you would like travel. Learn to use the power of the internet to plan your next vacation. This class covers how and when to use websites to bid for your airfare or hotel. Know where to go to find special on-line discounts or search for the best travel deal. Learn to get directions; find recommendations; and make reservations without picking up the telephone.





A \$99 quarterly membership fee entitles you to enroll in up to 4 OLLI classes of your choice.

Registration Form Osher Lifelong Learning Institute at Emory

NAME _____

ADDRESS _____

CITY _____ STATE _____ ZIP _____

TELEPHONE _____ EMAIL _____

TUESDAYS _____

WEDNESDAYS _____

THURSDAYS _____

PAYMENT \$_____ (\$99 SINGLE QUARTER TUITION + course fees)

I'D LIKE TO SUPPORT THE WORK OF OLLI AT EMORY WITH A CONTRIBUTION OF \$100 OR MORE

MasterCard VISA AMEX CHECK (payable to Emory)

CREDIT CARD NUMBER _____ Exp Date _____

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TIME SENSITIVE MATERIAL