Winter 2018
JANUARY 8 - MARCH 1
course guide

Come for the classes. Stay for the friendships.
Welcome to OLLI at Emory

The Organization
The Osher Lifelong Learning Institute at Emory University (OLLI at Emory) is a community of seasoned adults who wish to stay mentally alert and physically active through classes and social programs that nourish the mind, body, and soul. OLLI provides educational, cultural, volunteer, and social opportunities designed for individuals 50 years and older, through courses, lectures, seminars, special interest groups, special events, and trips. The educational programming is centered on courses developed and taught by volunteers who share their time, passion, and knowledge. OLLI at Emory is a member driven, community-based program, housed within Emory Continuing Education.

No tests, no homework, no grades...just the joy of learning from one another!

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Mr. Hank J. Van Driel

Join the list -- make a tax deductible donation to the OLLI program. Visit olli.emory.edu/DonateToOLLI
ANNUAL MEMBERSHIP
You may join OLLI for the entire year for $50. Your membership begins on the date you pay for membership. Annual membership includes all terms.

Benefits include:
• Discounts off OLLI course and event fees
• Free admission to the Michael C. Carlos Museum of Emory University
• Discount at Schwartz Center for Performing Arts
• Discounts at local restaurants
• Participation in Special Interest Groups (i.e., book clubs, discussion groups, lunch groups)
• Free access to select exhibits and lectures on the Emory campus
• Free 2 Week VIP Trial Membership with a Free Personal Training Fitness Assessment at Family Life Center at Second-Ponce de Leon Baptist Church
• Free coffee on class days

FEES
The flat fee for every course is $45 (members) and $65 (non-members). On occasion, other fees may include:
• Administrative fees: Cover rental costs for offsite spaces.
• Instructor fees: These nominal fees help compensate our professional instructors currently receiving payment for teaching courses outside of OLLI at Emory.
• Supply fees: Materials required for some classes.

REGISTRATION
No payments will be processed before the start of registration. Online registration is preferred. We cannot guarantee seats for checks sent in the mail. See back cover for online registration instructions and dates for online registration assistance.

REFUND/TRANSFER POLICY
No refunds for tuition, supply fees and/or instructor fees will be given after start of class sessions. OLLI students may transfer to another course within a term, but not between terms. Limit one class transfer per term.

COURSE CANCELLATION POLICY
Classes that do not meet minimum student registration numbers are subject to cancellation.

PARKING
FREE parking is available to OLLI members in the surface lot next to building 6 as well as in the covered parking deck. Enter the deck from the side entrance and park on or near the third floor to have walking access out of the deck.
## OLLI Classes at a Glance

### Jan 8 - Mar 1 (REGISTRATION OPENS TUE, NOV 28)

### MONDAYS:

<table>
<thead>
<tr>
<th>Time</th>
<th>Course</th>
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<tr>
<td>10:00-11:00AM</td>
<td>Rock n’ Roll, Part 2 (Dell)</td>
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<tr>
<td>11:15AM-12:45PM</td>
<td>Jazz History (Rozzi)</td>
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<tr>
<td>12:30-2:00PM</td>
<td>White Privilege (Slavin)</td>
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### TUESDAYS:

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<tr>
<th>Time</th>
<th>Course</th>
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<tr>
<td>10:00-11:00AM</td>
<td>ABC’s of Law Part 1 (Castellani)</td>
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<td>Jane Austen (Benario)</td>
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<td>Great Debates in Jewish History (Sollish)</td>
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<td>Wonder of Water (May)</td>
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<td>British Literary Archaeological Dig (Pillans)</td>
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<td>Native Americans (DePasquale)</td>
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<td>Retirement Success 101 (Gelinas)</td>
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<tr>
<td>10:00AM-12:00PM</td>
<td>Seven Laws of Noah, Part 1 (Aviner)</td>
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<tr>
<td>11:15AM-12:15PM</td>
<td>Chekov (Parks and Parks)</td>
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<td>Meet the Authors (Crane and Lee)</td>
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<td>Power of Jane Austen (Carrillo)</td>
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<td>Jews of the American South (Goldstein)</td>
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<td>Key Issues of Our Times (Goss and Mitchell)</td>
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<td>Neurobics (Vardis) (ends 12:45PM)</td>
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<td>Retirement Success 102 (Gelinas)</td>
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<td>1:30-3:30PM</td>
<td>Balkan Peninsula (Noud)</td>
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<td>Seven Laws of Noah, Part 2 (Aviner)</td>
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<td>Fade to Black (Jones) (ends 4:30PM)</td>
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<td>1:45-2:45PM</td>
<td>Gifting Assets (Gelinas)</td>
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<td>2:45-3:45PM</td>
<td>Read an Orchestral Score (Steers-Howard)</td>
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### WEDNESDAYS:

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<tr>
<td>10:00-11:00AM</td>
<td>Great Decisions 2018 (multiple)</td>
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<td>Navigating Through France, Pt 1 (Lambros)</td>
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<td>Queen Victoria’s Grandchildren (McDavid)</td>
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<td>Flannery O’Connor (Baird)</td>
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<td>Using Genetics (Roberts)</td>
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<td>Films of Meryl Streep (DePasquale and Schallern) (ends 1:00PM)</td>
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<tr>
<td>11:15AM-12:15PM</td>
<td>Funny Bone (Levine)</td>
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<td>Game Changers, Part 2 (Ross)</td>
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<td>Live, Love, Laugh, Cry (Soper)</td>
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<td>Art Documentaries (Cohen)</td>
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<td>Italian for Fun (Giannasca)</td>
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<td>1:45-2:45PM</td>
<td>Aging in Place (Bird)</td>
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<td>Criminal Justice (Greenburg)</td>
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<td>Facing the Challenges (Zeldin)</td>
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<td>Semiotics (Drake)</td>
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<td>Ageless Grace (Bramlett) (ends 3:15PM)</td>
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<td>1:45-3:15PM</td>
<td>Critical Thinking, Part 2 (Zins)</td>
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<td>Great Decisions 2018 (Multiple)</td>
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See Page 14 for Offsite/Movement Classes
MONDAYS:
10:00-11:00AM

Origins of Rock and Roll Music, Part 2
Instructor: Tom Dell
We’ll cover the folk music scene, the British Invasion and Motown. Rock and roll becomes just rock, and pop music is revived. Singer-songwriters become important and folk-rock sweeps the marketplace. Soul and funk add to the R&B scene and music continues to evolve and/or degenerate, depending on your age. Completion of Part 1 is helpful but not essential to class enjoyment. The course looks mainly at music in the 1960’s from Frankie Avalon to Frank Zappa.
Tom has been a guitarist, singer, and band member since 1960.

MONDAYS:
11:15AM-12:45PM

Jazz History: A Listener’s Guide, Part 1
Instructor: James Rozzi
(six sessions: Jan 22-Feb 26)
At just more than 100 years old, jazz has changed dramatically from its earliest roots in blues and New Orleans music to reflect the most tumultuous century in history. In Part 1, we will explore jazz’s beginnings up through the 1940s big band era via recordings, written histories, photos, and videos. Part 2 will be offered in a later session, commencing with the complexities of 1940s bebop through jazz’s current multi-cultural musical trends. Jazz is the most substantial of American art forms and our gift to the world. The aim of this course is to entertain while increasing understanding and accessibility. Please join us as we listen and discuss the evolution of this multi-faceted musical genre.
James is a saxophonist, bandleader, and published jazz journalist. His critically acclaimed 10-piece band, Tempest, has performed throughout the southeast.

MONDAYS:
12:30-2:00PM

What is White Privilege?
Instructor: David Slavin, PhD History
Is “whiteness” an identity? Is privilege a benefit? To most progressives, the answers are obvious: yes and yes. But to W.E.B DuBois, Theodore W. Allen, et al, privilege is a part of the ruling elite’s system of social control that undermines the capacity of working people to act in solidarity against concentrated wealth and power. Institutional inequality and segregation, hallmarks of U.S. capitalism’s way of mobilizing ‘white’ workers to defend their status, inflict invisible damage on all working people, including ‘whites.’ Which paradigm –benefit or social control–best explains historical evidence and arms present-day resistance movements?
David has 25 years teaching experience in world and U.S. history.

TUESDAYS:
10:00-11:00AM

ABC’s of Law, Part I
Instructor: Bob Castellani
This class is the first of a two semester exploration of our law. We will explore the basics of contract law, property law and tort law. Our review will include the elements of a contract, how property law developed in our common law tradition and how tort law is organized. We will also discuss the structure of our court system and include the areas of domestic relations, wills and estates, and civil procedure. Each session will include times for discussion and class questions on how to apply what we learn to our lives.
In addition to substantial teaching experience, Bob is a 50-year member of Georgia Bar and former Superior Court Judge of Dekalb Court.

Jane Austen
Instructor: Herbert Benario, PhD
“It is truth universally acknowledged, that a single man in possession of a good fortune, must be in want of a wife.” So begins Pride and Prejudice, with one of the most famous opening sentences in English literature. We shall read this book and two others, Sense and Sensibility and Persuasion.
Herbert is a Professor Emeritus of Classics at Emory University.

Great Debates in Jewish History
Instructor: Rabbi Ari Sollish
This course explores six fundamental conflicts that pitted the greatest Jewish minds against each other—six instances of divergent perspectives, including several that are still debated today. Discover stirring and surprising accounts that span two millennia of Jewish disputation, reflecting the panorama of Jewish history and its monumental political, ethical, and spiritual challenges. Topics include: the Dead Sea Scrolls, suicide at Masada, the Maimonidean controversy, and separation of Church and State.
Rabbi Sollish is the founder and director of the Intown Jewish Academy in Atlanta.

Wonder of Water
Instructor: Dan May
Join us for a discussion of the many remarkable talents of water and how it makes possible life as we know it -- including inventive ways humans and other organisms have developed to obtain, distribute, use, and conserve water. We’ll also discuss water’s relationship to weather and climate, as well as the beauty of water.
Dan is a former college biology professor and epidemiologist at the Centers for Disease Control and Prevention (CDC).
TUESDAYS:
10:00AM-12:00PM

Genesis and the Seven Laws of Noah,
Part 1
Instructor: Rabbi Zvi Aviner
In 1991, Congress resolved that “the moral fabric of our great
country is founded on the Seven Laws of Noah” (H resolution 104
public law 102-14, signed by President George Bush 3-26-91).
It behooves every American to be familiar with these laws: (I)
Idolatry; (II)Adultery; (III)Bloodshed; (IV)Theft; (V)Justice; (VI)
Blasphemy (VII)Prohibition to consume blood and a limb torn
from a living animal. Students will engage in a unique learning
approach developed by the instructor: following the narrative of
the Book of Genesis while deriving the Commandments one by
one. Part 1 introduces the student to the Commandments, their
specific order, and the notion of idolatry as established by the
miraculous first chapter of Genesis.

TUESDAYS:
11:15AM-12:15PM

Chekov: Master Story Teller –
Diagnostician
Instructor: Bert and Jill Parks
What makes Chekov perhaps the most admired and beloved
short story writer of them all? He portrays the loss of communal
connections in modern “civilized” life with amazing compassion,
vividness, and honesty. The stories we will explore reveal why
Chekhov is the master of his craft and a genius for creating
gripping, unforgettable characters. Textbook: Anton Chekhov’s
Short Stories (Norton Critical Edition)

Meet the Authors
Facilitators: Milton Crane and Georgia Lee
Back by popular demand! Writing is one of our most creative
devices. Each week, we will feature one of many creative,
talented authors who have successfully published books. You will
have the opportunity to learn firsthand all about their journeys,
including their secrets for success as well as the challenges they
faced and conquered.

The Power of Jane Austen
Instructor: Dorothy Carrillo, PhD
We’ll review six Austen novels and their messages for today.
Dorothy is a retired associate professor of social work having
served on the faculty of both UGA and GSU. She was a social work
practitioner with 25+ years of experience in medical and school
social work, group work, substance abuse, and family therapy.
Jews of the American South
Instructor: Eric L. Goldstein, PhD
This course will explore the social, economic, religious and cultural lives of Jews in the American South from the eighteenth century to the present. We will wrestle with the question of regional distinctiveness: how was Jewishness shaped by the South’s approach to social relations and “respectability,” its emphasis on evangelical religion, and its struggle with the issue of race? We will also ask whether Southern Jews still constitute a distinctive community in light of the massive social and demographic changes of the post-World War II era. This course is offered in partnership with the MJCCA Lisa F. Brill Institute of Jewish Learning. Instructor fee: $40.

Retirement Success 102: Mutual Funds and Annuities
Instructor: Timothy Gelinas, CAS, CFS, CSA
Mutual funds and annuities are integral parts of a sound retirement plan -- how you use them will determine your stability and peace of mind. Increase your understanding of these two investment vehicles so that you can make more informed decisions concerning your retirement investments.

Key Issues of Our Times: Experts Look Behind the Headlines
Facilitators: Bunny Mitchell and Steve Goss
Frustrated by the lack of reliable information on issues that affect your life? This class seeks to provide a detailed analysis -- while separating fact from fiction -- of topics ranging from foreign policy, immigration, news reporting and public education to the economy, cyber security, healthcare, and the role of religion in the public sector. Leading the discussions will be a stellar group of experts from Emory University, Georgia Tech, the Atlanta Public Schools, Homeland Security, Public Broadcasting Atlanta, Aware Force, and the Federal Reserve.

The Balkan Peninsula: A Virtual Tour
Instructor: Pam Noud
Come explore these 9 nations sharing the Balkan Peninsula: Croatia, Bosnia and Herzegovina, Montenegro; Albania, Greece; Serbia, Macedonia; Romania, Bulgaria. We will begin on the coastline of the Adriatic Sea in Croatia’s red-roofed city of Dubrovnik, and then transverse this large peninsula of Eastern Europe to end in Bulgaria’s seaport of Varna on the Black Sea. In this geography–based slide show course, you will “tour” these countries by viewing maps and photographs. Along the way, you will learn the basics of the Balkans, such as: Where are the Balkan Mountains after which this peninsula is named? Where does the Danube River flow? Where is Transylvania? Belgrade? Kosovo? Which of these countries were formerly part of Yugoslavia? A set of optional home-study handouts will be available for purchase of $30.

Neurobics Sprinkled with NLP: Even Younger Brains Through Creative Thinking
Instructor: Harry Vardis (11:15AM-12:45PM)
People say that “creativity is an ageless process.” Yes! The brain does not get old as long as it is challenged. We’ll explore more ways to be creative while sustaining a younger brain. The course will build on the concepts and practice of creative thinking; everyone is welcome. Bring your brain with you as we explore productive ways to apply creativity in our everyday lives via practical activities. Based on the book Keep Your Brain Alive (Katz and Rubin).

Genesis and the Seven Laws of Noah, Part 2
Instructor: Rabbi Zvi Aviner
This Part 2 course is designed for those who have taken Part 1. The students will walk through the story of the Garden of Eden, learn its meaning while emphasizing the concepts of love, marriage, adultery and sexual perversions. Where exactly was Eden? When was it formed, and by whom? What was the serpent? What is sin? Why did they become ashamed of their nakedness? How is repentance possible? Where are the “Cherubs,” the “Path to the Tree of Life” and the “Hot, Revolving Sword?”
**TUESDAYS:**
1:30-4:30PM

**Fade to Black, Part 1**  
Instructor: Art Jones
Join our upper level course designed to: (1) trace the history of America’s film industry; (2) enable participants to see film as literature while building stronger critical viewing skills; and (3) study the social impact of film within the motion picture industry. Applying the tool of interpretative literature, participants will view specially selected films to critically examine the roles assigned to African Americans. Beginning with the silent era, we will view and discuss the spectrum of images depicted by black Americans in significant production, from the turn of the 20th Century up to the early 1990s. **Instructor fee: $50.**
*Art is a writer, director, and producer.*

**TUESDAYS:**
1:45-2:45PM

**Gifting Assets: Creative and Efficient Ways to Create Legacy Now and Later**  
Instructor: Timothy Gelinas, CAS, CFS, CSA  
(three sessions: January 9-23)
Would you like to give your assets to your favorite charity of church? Learn the Do’s and Don’ts, the What’s and How’s.  
*Tim has more than 19 years of experience specializing in helping retirees and those about to retire preserve and protect their assets.*

**TUESDAYS:**
2:45-3:45PM

**How to Read an Orchestral Score Like a Newspaper**  
Instructor: Tamika Sterrs-Howard, PhD  
This will be an in-depth study of symphonies from different historical eras, major symphonic composers, appropriate terms, and strategies for reading/analyzing, and conducting orchestral scores.  
*Tamika has more than 17 years of teaching experience as a private school teacher, a state certified music teacher K-12, substitute teacher, special education paraprofessional, and an adjunct professor of music. She has a BA in Flute Performance from Spelman College, my MM from Georgia State, and my PhD in Music from the University of Georgia.*

**WEDNESDAYS:**
10:00-11:00AM

**Great Decisions 2018**  
Instructor: Jack Carew, Charles Maddrey, Barry Pencek, and Chris Martin  
Great Decisions includes eight foreign policy issues confronting the United States. If wisely managed by our president, they will promote world peace and prosperity. Lectures will concentrate on wise management. This year’s topics include: (1) The Waning of Pax Americana?; (2) Russia’s Foreign Policy; (3) China and America: The New Geopolitical Equation; (4) Media and Foreign Policy; (5) Turkey: a partner in crisis; (6) U.S. Global Engagement and the Military; (7) South Africa’s Fragile Democracy; (8) Global Health: Progress and Challenges.

**Navigating Through France Using Your French, Part 1**  
Instructor: Anna V. Lambros, PhD  
Visiting France soon? Plan a smarter, smoother trip — and get more out of each travel dollar—by getting closer to the locals. Order a meal at French restaurant, and how to talk with the family who runs the place and perhaps discover their favorite…..fromage! All levels are welcome.

**Queen Victoria’s Grandchildren**  
Instructor: Michael McDavid, BA, MA European History, MA Library Science  
When Queen Victoria of the United Kingdom died in 1901, forty-two grandchildren had been born to her nine children. Some of them died very young; many lived relatively anonymous lives; and others became major public figures. Examples include King George V, who essentially created the modern British monarchy; German Kaiser Wilhelm II, who recklessly led and lost an empire; the Empress Alexandra, who married the last tsar and lost her life in the Russian Revolution; and Queen Marie of Romania, who guided her adopted country through World War I. With all these first cousins plus several more, we will examine their backgrounds and private lives to see the forces that shaped their personalities -- then we’ll place them in the context of their times and the roles they played.  
*Michael’s special areas of interest are 19th-century Europe and the role of monarchy as a political and social institution.*
**Short Stories of Flannery O’Connor**

Instructor: Joe Baird, JD

Flannery O’Connor, one of America’s most talented and original short story writers, has received more critical acclaim than any other Georgia author. We will examine her fascinating life and discuss her most compelling short stories. In their portrayals of life in rural Georgia, these stories contain a unique mixture of humor and disturbing plot developments to convey to the reader serious moral and religious lessons. You will never forget them. Prior to the first class, students should purchase *The Complete Stories of Flannery O’Connor*.

*Joe is a former administrative law judge who has taught history and literature classes at OLLI for many years, most recently a class on the history of NYC.*

**Using Genetics to Find Your Ancestry**

Instructor: Peter J. Roberts

Students will learn a basic understanding of how to use DNA to help determine their ethnic origins, find family connections, and confirm their ancestry. Students will be guided through fundamental genetic genealogy concepts to further their personal enjoyment of family history, including the benefits and limitations of mitochondrial and autosomal DNA, and X and Y chromosome test results. The course will also address the critically important question as to how to associate those results with their ancestry. Students may volunteer to take a y chromosome, autosomal and/or mitochondrial DNA tests or use their existing genealogy test results.

**WEDNESDAYS:**

**10:00AM-1:00PM**

**The Films of Meryl Streep**

Instructors: Sal DePasquale and Marti Schallern

This class will meet for 2.5-3 hours as we watch and discuss the films of Meryl Streep, who won Academy Awards for Best Actress in *The Iron Lady* and *Sophie’s Choice*; Best Supporting Actress in *Kramer vs. Kramer*; and was nominated for Best Actress in *Doubt, Julie & Julia, The Devil Wears Prada* and *August: Osage County*. We will discuss the Catholic sex scandal, suicide, and a range of other social issues. Bring your popcorn and juicy fruits.

**Examining Our ‘Funny Bone’ with Dr. Mark**

Instructor: Mark Levine, PhD

Together we examine the positive effects and the wide range of benefits that humor and LOL (laughter) have on our lives. Through humorous jokes, stories, vintage film clips of our favorite comedians, game shows and interactive activities, we will learn how to use humor as well as both the right and left sides of our brain to appreciate and create humor. We’ll also enhance our sense of humor about aging, retirement, being grandparents, luv’n relationships and the “crazy” situations we find ourselves in our senior years. Humor is all around us and “laughter is our best anti-aging remedy.”

*Dr. Mark is a semi-retired organizational researcher and teacher; through his use of humor and laughter, he helps seniors appreciate the humor around us.*

**Game Changers, Part 2: History of Folk Music**

Instructor: Brandt Ross

Stories of people and events that changed the course of our history. These classes include the stories of these game changers: Stephen Decatur and the Pirates of the Barbary Coast; Remember the Alamo; Civil War: Two Important Events; WWII; Women of the West and other programs. Each program includes folk music and guitar.

**Live, Love, Laugh, Cry: Write It Down**

Instructor: Susan Soper

You might not think your life is worth documenting but everybody has a story – don’t let yours get lost! Regardless of your ups and downs, high and low points, roads not taken, achievements and notable accomplishments – even if it’s a coveted brownie recipe – it’s all worth writing down…and passing down. You’ll enjoy being prompted by unpredictable questions that will help you think more creatively about your life and legacies. The workbook will also help your family celebrate your good life if and when the time comes to recall it for others to enjoy. **Book fee: $25.**

Susan, a longtime journalist and storyteller, was at the Atlanta Journal-Constitution for 20 years, most of them as features editor and writing coach.
WEDNESDAYS
11:15AM-12:15PM (CONT.)

Studying Creativity: Art Documentaries
Instructor: Howard Cohen, BA, MA
Viewing 8 stunning, 1-hour videos will expand our knowledge of art, artists, and the creative imagination. We will visit Versailles and Britain’s Chatsworth House. See the works of Rembrandt and Van Gogh. Hear the music of Puccini and Beethoven...and a few surprises. Due to video lengths, only a brief introduction is possible.
Howard has 35 years of experience in the music industry.

Italian for Fun
Instructor: Antonella Giannasca
Are you planning a trip to Italy? Do you want to know how to order from a menu in Italy? Do you know how to ask for directions in Italy? Do you simply want to learn another language and have fun? This is the perfect course for you. Students will be exposed to the Italian culture and language during an 8-weeks course and they will learn how to get around during their vacation and how to interact with Italians. Hand outs will be provided in class. Instructor fee: $40
Born and raised in Rome (Italy), Antonella has always spread the love for her language and her country to her students. As a former tour guide, she is passionate about travelling, about Italian food and Italian culture.

Basic Criminal Justice Issues
Instructor: Carl Greenburg, JD
Each session will focus on significant issues illustrated by actual cases. Participants will put themselves in the shoes of the jurors, judges or lawyers in cases about police-citizen encounters, arrests, ethical and professional responsibilities of prosecutors, defense lawyers, and judges; trial procedure; jury deliberations; sentencing; appeals; probation; the prison system and parole, and more. For each session, the instructor will flesh out the facts, explain the basic law, clarify what needs to be decided to resolve the case, then guide class discussion and answer questions. At the end, the actual outcome will be revealed, explained, and critiqued. During one session, one of the instructor’s clients will co-present.
Instructor fee: $25.
In a 30+ year career with stints as a defense lawyer and as a prosecutor, Carl worked on many major felony cases – including death penalty cases – some with heavy news coverage. He's a founding member of the Georgia Innocence Project. Currently he’s working with a former client exonerated after 18 years in prison; he and the client are writing an analytical article about mistaken convictions. The client will co-present at the session concerning his case.

Faceing the Challenges of Life
Instructor: Cynthia R. Zeldin, MS
This class will be some lecture but mostly interactional and participatory. You will learn the tools for living a happy and productive life. Topics including communication, sharing emotions, living in the present, becoming empowered, and having a positive attitude will be discussed. The focus of class will be to “become the best person you can be.”
Cynthia is a motivational speaker, psychotherapist and a life coach.

Semiotics: The Sign That You See More
Instructor: Robert Drake
This class will outline the nature of semiotics and show how understanding and recognizing their patterns leads to a better understanding of people and the world around us. Semiotics is the study of patterns, signs, and symbols and their use or interpretation. From body language to tone of voice and from the color of tiles to the shape of signs, we use semiotic information constantly, but we’re mostly doing so at a subconscious level. Warning: content may be offensive to some. Instructor fee: $20.

WEDNESDAYS:
1:45-2:45PM

Aging in Place and the Senior Care Continuum
Instructor: Jeff Bird
Overview and in-depth analysis of how to age in place, navigate senior care continuum to receive the best quality of care.
According to the Administration on Aging (AOA) the U.S. 65+ population in 2014 was 46,000,000. By 2060, it’s expected to reach 97,000,000. The number of centenarians has more than doubled from 72,000 in 1970 to 145,000 in 2014. With these statistics, more families are caring for aging loved ones at home -- or they’re overwhelmed by the complexity of the senior care continuum. This course will equip families for the senior care matrix with the right information and resources for the best care at the right time.
Jeff began his career in senior living in 2003 with roles including comptroller, executive director and geriatric care consultant.

Instructor fee: $20.
THURSDAYS:
1:45-3:15PM

**Ageless Grace**
Instructor: Sandy Bramlett, MEd, Certified Ageless Grace® Trainer/Educator
Based on the cutting-edge science of neuroplasticity, ageless grace exercises consist of 21 movement ‘tools’ that playfully address all five functions of the brain, and skills including balance, joint mobility, muscle tone, cardiac functioning, endurance and more. You will learn why and how to create a personal practice (seated or standing) that focuses on the core to stimulate optimal cognitive and physical function simultaneously. Moving to upbeat music adds to the energizing activity for all shapes, sizes and fitness levels! **Instructor fee**: $40.

*Sandy is a certified Ageless Grace® trainer/educator, MDT movement disorder/Parkinson’s disease fitness specialist, and licensed Nia Black Belt teacher.*

**iPhone Basics**
Instructor: John Lilly, MS Instructional Technology
This is an 8-week course that teaches basic operation of the iPhone, as well as how to work the Apple-included apps and other third-party apps. The class is hands-on. Due to the small class size, BH Tech Group offers individual assistance to students who are having difficulties. **Instructor fee**: $60.

*John taught Air Force officers electronics, and is retired from AT&T Learning Services where he developed and managed technical training.*

THURSDAYS:
10:00-11:00AM

**Being Present - Mindfulness Meditation**
Instructor: Nancy Weisman, PhD, Licensed Psychologist
Students will learn the basics of mindfulness meditation, its roots in Buddhism and how it may help in the aging process. In addition to meditation we will experience mindful eating, movement and communication, tools to create a mindful life style. **Textbook**: Mindfulness in Plain English (Gunaratana). Limited to 30 students. Previous students welcome!

*Nancy has served as a psychologist in private practice for more than 20 years, and has practiced mindfulness meditation for 9 years.*

**French History: The Bastille to the Marne**
Instructor: Michael McDavid, BA, MA European History, MA Library Science
Modern European history is inseparable from the history of France. Since the Middle Ages, France has played an outsized role in the cultural, religious, military and political life of the western world. In this course, we will survey the broad currents of life in France from the Enlightenment and French Revolution at the end of the 18th century to the outbreak of war in 1914. Some of the topics to be covered include the Napoleonic period, the Bourbon restoration, the Revolutions of 1830 and 1848, Napoleon III and the Second Empire, the Third Republic and runup to the first world war.

**Russian Lit and Culture, Part 2: Behind the Iron Curtain and Through the Looking Glass**
Instructor: Elizabeth Deschenes, MA Clinical Psychology
Peek into a land most know little about by exploring Russian and Soviet literature created by rebels, exiles and patriots. Using contemporary film clips, music videos and commentary from other luminaries, we will delve further into the Russian psyche and soul. This class will do a psychological analysis of Pushkin’s *Eugene Onegin*, explore Zamyatin’s dystopian *We*, watch Bulgakov’s social satire *Master and Margarita* and read Nobel prize winner Svetlana Alexievich’s work on Soviet woman snipers in WWII. We will conclude with a preview of a Russian film version of *Mata Hari*. The course builds on the fall quarter’s Russian Lit class, but is designed so that newcomers will feel comfortable if this is their first course. Students are responsible for obtaining the reading material in book format. Reading the books will enhance the class experience but not mandatory to enjoy the class.

**Othello and A Midsummer-Night’s Dream**
Instructor: Ross Friedman, MA
The scholars at OLLI d’Emory and I have read together three of the four great Shakespearean tragedies one must study to be considered a person of high culture. *Othello* completes the quartet. *Midsummer* also looks at love, jealousy, deception, rivalry and friendship - but in a delightful way. We will discuss both plays and read much of both in class.

*Ross has an MA in American Studies and was a 30-year Advanced Placement Literature high school teacher.*
Most Fascinating Women of the Ancient World
Instructors: George DeMan and Jill Parks
This course is designed to acquaint students with important women of the ancient world in counter-distinction to the historically better-known male standouts -- but it’s not a “feminist” course per se. Several historical women per class will be discussed, including Cleopatra, Nefertiti, Sheba, Sappho, Boadicea, and others less familiar. We will not be including mythical women in this class. No special knowledge of the period is necessary, and no textual reading required -- though several books may be recommended.

The Reconstruction Era: Revolution and Counter-Revolution
Instructor: Charlie Richards
This course will examine the enormously important period of U.S. history known as the Reconstruction Era, generally regarded as the years from 1865 until 1877. Unfortunately, much of what was traditionally taught about the Reconstruction Era was racist and false, as more recent scholarship has shown. This course will attempt to present a more accurate and truthful version of the events of Reconstruction, its meaning and purposes, its successes and failures, and the reasons for its demise. We will discuss the continuing impact of the Reconstruction Era upon the economic and racial issues with which we as a nation still struggle.

The Fantastic Jazz of the 1920s and 1930s: More Musical Idols
Instructor: John S. O’Shea, MD (and music fan)
Continuing our popular exploration of 1920s and 1930s jazz — a seminal period in jazz and actually in all of music — this course will again feature all new material as part of a planned multi-year series. This year will feature the fabulous music and stories of Jelly Roll Morton (who just might have invented jazz, and was probably its best small band arranger and leader); Jean Goldkette and Bix Beiderbecke, with a bit of Bing Crosby; Fletcher Henderson (co-inventor of the big band); Earl Hines (the best pianist to lead a big band); Count Basie and Lester Young (jazz’s most inventive improviser); Chick Webb and the young Ella Fitzgerald; Benny Carter (expert on almost all wind instruments, plus among the best arrangers); and John Kirby (leader of The Biggest Little Band in the Land).

Improvisation, Part 1
Instructor: Robert Drake, Artistic Director at the Academy Theater
Want to learn how to think more quickly on your feet while conquering your fear of public speaking? Improvisation is the key! We have a great time and also build key skills to interact with people both on stage and in real life. Instructor fee: $20. Limited to 15 students.
Robert has been an improviser in the Atlanta area for almost 25 years and works with several improv troupes as a performer and director.

The Law of Sports and Entertainment
Instructor: Steven Harbour, JD
The course will look at legal cases involving celebrities and other entertainment and sports figures, including executive employment and sexual harassment claims, interpreting movie development agreements, copyright issues, invasion of privacy claims, the use of “sound alikes” in commercials, the NCAA’s control over college sports, discipline of players by the sport’s commissioners and other sports labor issues, sports gambling, the relocation of franchises, and injuries to sports participants and spectators. Steven served as law clerk to the Honorable Lewis R. Morgan, United States Circuit Judge, United States Court of Appeals, and served as an adjunct professor of business law at Kennesaw State University.

Middle English Literature
Instructor: John Bugge, PhD
Join us for readings from a representative sampling of works in Middle English from between 1200 and 1500. Texts will be available on the Luminarium web site, so students must have access to the internet and be willing to read the works online and/or print them out.

Sight and Sound - World’s Best Small Museums and Their (Imagined) Music, Part 5: Spain, Portugal and South America
Instructor: Howard Cohen, BA, MA
Major cities around the world boast renowned centers of art -- New York Metropolitan Museum and MOMA, Paris’ Louvre, Madrid’s Prado...but smaller museums often provide a more concise overview of a period or artist. Using colorful videos, we will encounter fabulous small cultural gems like The Frick Collection in NYC, the Tretykov Gallery in Moscow and the Hagia Sophia in Istanbul. Gardens, architecture and archaeological sites in Africa and Asia will be explored. Music appropriate to the locale included.
Howard has 35 years of experience in the music industry.
News Stories
Instructors: Mary Whiteman, JD and Marty Bennett, MA Education; MS Int’l Politics/Russian Studies
Each week, students will discuss the significance and long term consequences of interesting news stories. Discussions will range from national/international politics and economics to social issues. Issues include: Russia’s policies/actions, Middle East volatility, The Wall, international trade, education, sex/gender issues related to restrooms, as well as race, gender and wealth imbalances. Topics will be selected based upon student interest and prominence in contemporary media. Participants are encouraged to openmindedly exchange views with the goal of expanding their understanding of issues in a more comprehensive way. Mary is the former Senior Magistrate Court Judge of DeKalb County. Marty spent 22 years writing, editing and teaching report writing to defense department intelligence officers.

Retirement Income Planning
Instructors: Brenda Dozier, PhD, CDFA
(5 sessions: Jan 11-Feb 8)
Making the shift from accumulating savings to taking retirement distributions can be challenging -- especially in regards to risk factors: longevity, taxes, inflation, healthcare, and social security. We’ll look at strategies and effective planning to address these risks as well as solutions to reduce taxes and plan for life’s expected and the unexpected. The goal is to sleep well at night during retirement knowing you are not going to outlive your money! Brenda has a strong desire to help individuals become “money smart” by being in control of their finances throughout all life cycle stages.

THURSDAYS:
1:45-2:45PM

Android Smartphone: Basics and Beyond
Instructor: Dave Oblinger, BSEE
This is an 8-week course that teaches basic operation of the Android smartphone, as well as how to work the included apps and other third-party apps. The class is hands-on and, due to the small class size, Bluehair Technology offers individual assistance to students who are having difficulties. Instructor fee: $60.
David was General Manager at Flight Display Systems.

Don’t Wait! The Importance of an Aging Care Plan
Instructor: Adam Seever
The ecosystem of resources available to older adults as they age is remarkably robust -- yet so few seniors know where to go or what to do to help them age safely and in the environment in which they choose to live. Only when they need services do they search out what’s available. There are two kinds of planning… advance and crisis. This course offers adult children and seniors the resources to be prepared for what’s ahead and be safe, happy and confident they will have choices as they age. Aging in place choices, financial choices, legal choices and a host of other important aspects of the aging process will be discussed.

Improv Master Class
Instructor: Robert Drake, Artistic Director at the Academy Theater
Learn to perfect your stories and scenes to find the funny by taking the techniques you’ve learned, breaking them down, and learning to perfect them. We will create long form scenes that tell stories, make people laugh, and develop your skills! Prerequisite: Improv 1 and 2 or permission of the instructor. Instructor fee: $20. Limited to 15 students.
Robert has been an improviser in the Atlanta area for almost 25 years and works with several improv troupes as a performer and director.

World War II, Part 2: War in the Pacific
Instructor: Kenneth R. Libbey, PhD Political Science
Topics of the course include Japan’s resource problem; rise of militant nationalism; desire for empire; attack on Pearl Harbor; Japan’s sweeping victories finally stopped; American campaigns in Central and South Pacific; use of the atomic bomb, political reconstruction of Japan. Kenneth is an avid reader of WWII history and has written three novels -- one of which is set in WWII.
THURSDAYS: 1:45-2:45PM (CONT.)

Women and Money
Instructors: Brenda Dozier, PhD, CDFA
(5 sessions: Jan 11-Feb 8)
This class is designed to take the confusion out of investing while empowering women to invest wisely based on sound principals. The curriculum is specifically designed for women by demonstrating how to clearly define retirement objectives and goals and conveying the knowledge and tools necessary to create individual retirement plans. We'll also address and provide solutions to the unique financial retirement-related challenges facing women. Upon completion, participants will know how to properly allocate assets as well as effectively devise a plan for income designed to last throughout retirement – this should assist both in achieving retirement goals as well as leaving a legacy to loved ones.

Brenda has a strong desire to help individuals become “money smart” by being in control of their finances throughout all life cycle stages.

THURSDAYS: 1:45-3:15PM

Critical Thinking and Empathy, Part 2: Our Stone-Age Brains vs. Smart Politics
Instructor: Dan Zins, PhD
In reading Rick Shenkman’s Political Animals: How Our Stone-Age Brain Gets in the Way of Smart Politics, this course will explore how our pre-wired brains are now a major hindrance to achieving the kinds of foreign and domestic policies that would serve us well and honor American ideals. Shenkman not only helps us to understand how we have arrived at our perilous post-truth age, but insists that “solutions are at our fingertips if only we grasp them.” Considerable attention will be given to these solutions, and to his two chapters on empathy and the limits of empathy.

Dan taught in the liberal arts department at Atlanta College of Art.

Great Decisions 2018
Instructor: Jack Carew, Charles Maddrey, Barry Pencek, and Chris Martin
Great Decisions includes eight foreign policy issues confronting the United States. If wisely managed by our president, they will promote world peace and prosperity. Lectures will concentrate on wise management. This year’s topics include: (1) The Waning of Pax Americana; (2) Russia’s Foreign Policy; (3) China and America: The New Geopolitical Equation; (4) Media and Foreign Policy; (5) Turkey: a partner in crisis; (6) U.S. Global Engagement and the Military; (7) South Africa’s Fragile Democracy; (8) Global Health: Progress and Challenges.

ONE-DAY WORKSHOPS

6 EXECUTIVE PARK DR NE
SUITE 100
ATLANTA, GA 30329

National Safety Council Defensive Driving
Thu, Jan 22 / 9:30AM – 3:30PM
Instructor: James Spano
Participants will acquire the mental skills and knowledge to become a defensive driver, by recognizing that safe driving is a matter of personal choices. Focus will be on the seven most common driving mistakes and how to overcome them, along with the five conditions that affect driving skills and response time.
Total cost: $30. Limited to 40 students.

First Aid/CPR/AED
Thu, Jan 29/ 9:30AM – 3:30PM
Instructor: James Spano
This hands-on practical Basic Life Support course provides each participant receives the practical skills and knowledge using the 3 “C’s” method of CHECK – CALL – CARE! Main emphasis is on acquiring skills to keep an injured victim alive until they can be transported/evaluated by medical qualified staff members. Each participant will receive a student book, pocket guide, and a course DVD. Supply fee: $30 (guide and DVD). Limited to 15 students.
James is an authorized National Safety Council and American Red Cross First Aid-CPR-AED instructor.
OFFSITE COURSES

DANCE 101
2480 BRIARCLIFF RD NE #11
ATLANTA, GA 30329
404-542-3887

DANCE: From Country to Disco
Thu, Jan 11-Mar 1 / 12:30-1:30PM
Instructor: Ricardo Aponte, Musical Theater
Choreographer, Veteran Broadway Performer
Scientific studies have shown us that dancing is great exercise, keeps our minds sharp, and builds confidence. In this course, you will explore a variety of dance styles. We’ll be featuring country, salsa, the twist, musical theatre, disco, jazz, and more. All classes are introductory level. Take a leap and add some pizzazz to your step! Total cost: $99. Minimum 8 students.
Ricardo is one of Atlanta’s most accomplished musical theater choreographers.

POWER LADY FITNESS
2865 N. DRUID HILLS RD
ATLANTA, GA 30329
404-320-0050

T’ai Chi
Tue, Jan 9-Feb 27 / 12:45-1:45PM
Instructor: Harvey Meisner, Certified Tai Chi and Qi Gong
T’ai Chi is a series of movements designed to open the body while creating strength, balance, and flexibility and improving cardiovascular health. These are gentle, easy yet effective movements that anyone can do, and all special needs are taken into consideration by the instructor. All body types are welcome. Come share the joy! Total cost: $99. Minimum 12 students. Limited to 20 students.
Harvey has studied and practiced T’ai Chi and Qi Gong for 20 years.

T’ai Chi
(Available Between Winter and Spring Terms!)
Tue, Mar 6-27 / 12:45-1:45PM
Instructor: Harvey Meisner, Certified Tai Chi and Qi Gong
This series is designed for returning students who have prior experience with T’ai Chi. Not recommended for beginners. Total cost: $50. Minimum 12 students. Limited to 20 students.

FAMILY LIFE CENTER AT SECOND-PONCE DE LEON BAPTIST CHURCH
2715 PEACHTREE ROAD NE
ATLANTA GA 30305
404-591-4379

Tour De Dance
Tue, Jan 9-Feb 27 / 1:30-2:30PM
Instructor: Asiya Khasnudinova
A unique, fun, educational dance program for men and women that will allow them to “travel” the world of dance -- from salsa to foxtrot to Argentine tango to waltz and swing and many more. The program is unique because it not only teaches movement, muscle memory, coordination and dance steps, but also helps participants learn about the culture of each dance. Infused is the recognition and realization that dance contributes to a healthy lifestyle, as well as the development of individual and social skills.
Asiya is the founder of Valeo Dance Fitness, AFPA Certified Health & Fitness Specialist, professional dancer, and 5-time Champion of NW Russia in Latin Dance.

Examining Our ‘Funny Bone’ with Dr. Mark
Wed, Jan 10-Feb 28 / 1:00-2:00PM
Instructor: Mark Levine, PhD
See description on page 8. Limited to 25 students.

SOMERBY SANDY SPRINGS
25 GLENLAKE PKWY NE
ATLANTA, GA 30328
770-695-0230

Examining Our ‘Funny Bone’ with Dr. Mark
Mon, Jan 8-Feb 26 / 1:00-2:00PM
Instructor: Mark Levine, PhD
See description on page 8. Limited to 25 students.
REGISTRATION
Registration opens Tue, Nov 28 at olli.emory.edu or by calling 404-727-6000 (select option 2).

1. Go to olli.emory.edu and click on Courses to see all of our classes, dates and times.
2. Click on the class name (i.e. Gentle Yoga) and then click register.
3. Click add to cart. To add more classes from the list, click the back button (←) at the top left of the screen.
4. After adding courses, click check out.
5. Log in using previously created account or create a new account (if necessary, click forgot my password)
6. To receive a membership discount on course fees, click on BECOME AN OLLI MEMBER.
7. Click make payment, follow prompts to pay.
8. Click success to display the confirmation page.
9. Click continue to receive a confirmation receipt via email.

Note: Membership discounts will not appear until you click check out!

Need more help...? Join our live, in-person training sessions!
Set up your student account and enroll for classes quickly and easily by signing up for training sessions to be held on the following dates and times:

Set up your student account:
Wed, Nov 8 / 9:00-11:00AM

Sign-up sheets are available at the front desk and registration is on a first-come/first-serve basis.