Welcome to the Osher Lifelong Learning Institute (OLLI) at Emory!

OLLI at Emory is a lifelong learning program for seasoned adults who enjoy learning for fun. At OLLI, the thirst for knowledge never ends, with classes and social programs that nourish the mind, body, and soul. Even if you can’t fit a full course into your schedule, OLLI offers other ways to get inspired, engaged, and excited. Build friendships with others who live in the spirit of learning and personal growth by choosing from more than 70 classes and special interest programs. Reimagine your retirement at OLLI!

**Lunch and Learns** - OLLI at Emory will host 14 Lunch and Learns this session with various guest speakers every Tuesday and Thursday, 12:30-1:30PM. The lunch and learns are free to OLLI members. Guests are welcome and encouraged to attend to get a taste of the OLLI experience. A list of speakers is on page 15-16 of the catalog. **Reminder: Bring your lunch!**

**OLLI Book Clubs** - There are two OLLI book clubs that meet from 12:30-1:30PM on the first Tuesday / Thursday of the month. Members vote on book selections. To learn more and/or to obtain a list of books, please contact: Barb Sorenson: bsorenson50@gmail.com or Jill Parks: atlparks@yahoo.com (Tuesday book club) and Elizabeth Deschenes, elizabeth.deschenes@yahoo.com (Thursday book club).

**Special Activities and Trips** are offered throughout the year. OLLI members are active and always planning new social events and trips. See page 12 for more details!

**Special Classes** - OLLI at Emory is pleased to partner with AARP to provide FREE technology classes and Smart Driver Safety classes.

- **AARP Technology classes** - see pg 17 for details
- **TEK Workshops**: Teaches students to use tablets.
- **Bring Your Own Device classes**: Teaches students to use their own smartphones.
  You must call 1-866-591-8105 or go online: aarp.cvent.com/aarptekgeorgia to register for these free events.

- **Smart Driver Safety Course** - see pg 14 for more details
  OLLI at Emory will continue to offer this course in Winter. Students can save up to 10% on car insurance premiums. **You must call to register before Jan 6:** 404-727-6000 (select option 2).

**Volunteer!** Help us build our future and have fun while doing so. Volunteering is a great way to apply or develop your skills, create new friendships and make important contributions. Choose from the following committees: Curriculum, Events, Fundraising, and Membership/Hospitality by emailing: olliemory@gmail.com.

**COVER**: OLLI at Emory students experience Indian culture as part of a field trip to Global Mall in Norcross, GA.
**PARKING**
FREE parking is available in the service lot next to Building 6 as well as in the covered parking deck. Enter the deck from the side entrance and park on or near the third floor to have walking access out of the deck to Building 6.

**LOCATIONS**
NEW Main Location: 6 Executive Park Dr NE, Atlanta, GA 30329; **404-727-6000**
Dance 101: 2480 Briarcliff Rd NE #11, Atlanta, GA 30329; 404-542-3887
Park Springs: 500 Springhouse Cir, Stone Mountain, GA 30087; **678-684-3300**
Renaissance on Peachtree: 3755 Peachtree Rd NE, Atlanta, GA 30319; **404-237-2323**
The Piedmont at Buckhead: 3755 Peachtree Rd NE, Atlanta, GA 30319; **404-237-2323**
Toco Hills NORC: 1340 McConnell Dr, Decatur, GA 30033; **404-633-3033**

**CLASS DATES**
Winter Quarter 2016: January 11-March 3
Spring Quarter 2016: April 4-May 26
Summer Quarter 2016: July 5-August 11
Fall Quarter 2016: September 12-November 10

**CONTACT US**
Program Manager, Jessica Wilson:
jessica.wilson2@emory.edu
Program Coordinator, Heather Bedillion:
heather.bedillion@emory.edu

**MEMBERSHIP RATES 2015**
Enroll in the membership that fits your lifestyle!
Sampler: $49 (single class)
Bronze: $85 (two classes)
Silver: $105 (three classes)
Gold: $125 (four classes)
Platinum: $140 (five classes)
Diamond: $156 (six classes)
*Each class above 6 is $23/class.
Membership level discounts require completion of all course enrollments in one single transaction.

**SPECIAL EVENTS MEMBERSHIP**
Special classes, trips, and lunch and learns offer alternative rates. See pgs. 12-18 for more details.

**ADDITIONAL FEES**
Instructor fees: These nominal fees help compensate our professional instructors currently receiving payment for teaching courses outside of OLLI at Emory.
Supply fees: Materials required for some classes.

**REGISTRATION**
No payments will be processed before the start of registration. Online registration is preferred. We cannot guarantee seats for checks sent in the mail. See back cover for online registration instructions and dates for online registration assistance.

**REFUND POLICY**
No refunds for tuition, supply fees and/or instructor fees will be given after start of class session. OLLI students may transfer to another course within a quarter, but not between quarters. Limit: one class transfer per quarter.

**GIVE THE GIFT OF OLLI**
Gift your loved one, friend, relative, or neighbor with classes at OLLI! Call: 404-727-6000 (select option 2) to purchase today!
TUESDAYS:
10:00AM-11:00AM
Ordinary and Extraordinary: Turning Point Contributions made by British Citizens (Pillans)
You Be the Judge: An Exhilarating Exploration of Jewish Civil Law (Solish)
History of New York City (Baird)
Public Health in America: Your Life Depends Upon It (Margolis)
Medical Miracles During our Lifetime (Laszlo)
The Civil War in the Western Theater (Richards)
Understanding Windows 10 (Gray)
(ends 12:15PM)

11:15AM-12:15PM
Politics, Religion, Government & Terrorism in the World Today: Hear the Experts (Crane and Mitchell)
ABC’s of Vedanta (Valand)
Maximizing Your Income Throughout Retirement (Bean and Dozier)
Woody Allen: Themes, Reaction, & Discussion (Carrillo)
Art History of the Middle Ages, Part II (Morton)
Point/Counterpoint (Bennett)

1:40PM-2:40PM
Tuesdays:
WEDNESDAYS:
10:00AM-11:00AM
Atlanta: A City Too Busy To Hate, Part I (King)
Matisse and Picasso: A Rivalry (Poling)
Drugs, the Brain, and the Human Experience (Cliburn)
Emory University Emeritus College Presents: Eight Emory Physicians (Keller)
Solidarity Through Humor (May)
Retirement Success, Part 2 (Gelinas)
Basic Computing for PC Users (Gray)
(ends 12:15PM)

11:15AM-12:15PM
Improvisation Part I (Drake)
American Secularism (Buckner)
Beginning Hebrew Reading (Miller)
The Elegy (Mengert)
Senior Living - Navigating Home Transitions in Your Life (Gal)
ALBRECHT DÜRER: Artist of the Northern Renaissance (Fletcher)

1:40PM-2:40PM
French for Fun 2 (Salam)
(ends 2:55PM)
Learn How to Get Published (Taylor)
Retirement Success, Part 1 (Gelinas)

1:30PM-4:45PM
AARP Driver Safety Course (Lee)
(Jan 13 and 20)

THURSDAYS:
10:00AM-11:00AM
A Celebration of a Lost World: The Life and Work of Sholom Aleichem (Parks)
ABCs of Law (Castellani)
Gibbon’s The Decline and Fall of the Roman Empire (Benario)
Objectivism: The Philosophy of Ayn Rand (Schallern)
The Art of Photography (Cohen)
Basic Meditation (Rubin)

11:15AM-12:15PM
The History of Psychology, Part II (Zeiler)
The Fantastic Jazz of the 1920s and 1930s (O’Shea)
History of Photography: Technological Art (Goldsmith)
Short Story Buffet (Deschenes)
9 Influential Atlanta Attorneys (Cohen)
Great Decisions 2016 (Carew and Maddrey)

1:40PM-2:40PM
Improvisation Part II (Drake)
Innovation and Sentiment: The Art of the Classic Broadway Lyricists (Allen)
Eastern Religion (NeuCollins)
(ends 3:00PM)
Critical Thinking, Empathic Thinking, and the Ethical Life (Zins)

2:45-3:45PM
Seasons of Planning (Black)
Ageless Grace (Bramlett)
Medical Miracles During Our Lifetime
Instructor: John Laszlo, MD
Millions of lives have been saved and/or vastly improved as a consequence of scientific progress. This course will discuss the events leading to this progress and particularly the scientists who were involved in making critical discoveries. After an overview of lifespan changes in our country, we plan to detail the events in understanding and treating some molecular disorders like sickle cell anemia, metabolic conditions such as diabetes, immune processes and how they can turn against us, organ transplantation, polio and tuberculosis prevention and treatment, heart disease, and the ability to cure types of leukemia and certain cancers. Who did the work and how did they manage against difficult odds? The course will conclude with a presentation about the leading medical educator of the second half of the 20th century, a doctor raised in poverty in Decatur, GA.

The Civil War in the Western Theater
Instructor: Charlie Richards, JD
What is known as the Western Theater in the Civil War was that vast area west of the Appalachians and south of the Carolinas. A strong argument can be made that it was in the Western Theater that the Civil War was won for the Union. This course will begin with discussion of the strategic importance of the border states, and how geography west of the Appalachians shaped Union and Confederate war strategy. Closer looks at the events and significance of some of the major campaigns and battles of the war in the Western Theater, including the Battles for Fort Henry and Fort Donelson, the Battle of Shiloh, the Confederate Heartland Campaign of 1862, Missionary Ridge and the Atlanta Campaign, Sherman’s March to the Sea and onward through the Carolinas, and the closing of combat in the west with the Battle of Bentonville.

Understanding Windows 10
Instructor: Denis Gray
(4 sessions: Jan 12, 19, 26; Feb 2) (ends 12:15PM)
This course is designed to explore important features on Windows 10. Learn how to personalize and incorporate Windows 10 in your current computing activities. This course is ideal for new buyers. Instructor fee: $40. Limited to 20 students. NOTE: It is recommended that students bring a laptop with Windows 10 to class.

Denis has extensive experience in adult training and education including working as a technology support teacher.

Register today: olli.emory.edu | 404-727-6000
**TUESDAYS: 11:15AM-12:15PM**

**Politics, Religion, Government, and Terrorism in the World Today: Hear the Experts**

Organizers: Milt Crane and Bunny Mitchell

Experts in their fields or area of study will explain and discuss the fundamental forces that will affect the 2016 elections: countering extremism from within Islam; the role of the Federal government in documenting the lives of people in the southeast; what journalistic integrity means in the context of a political election; how the GBI processes and reconstructs a complex crime scene; Hartsfield Jackson Airport’s future development and strategic priorities; ISIS recruitment propaganda strategies and the role of community leaders; a career in the US Foreign Service in Africa. **Experts include participants from Emory, Georgia State, MENA, US National Archives, Georgia Bureau of Investigation, Hartsfield Jackson International Airport, Carter Center, and the American Foreign Service Association.**

**ABC’s of Vedanta**

Instructor: Manhar Valand, Vedantin Scholar

This course will cover the common themes of Upanishad statements. Why study them? What can be gained? Students will extract knowledge from Vedas to understand fundamental truths. In their journey from womb to tomb, students will learn that spiritual laws do not violate scientific principles. This class provides the opportunity to learn to be the master of your destiny. Know how to play this game of life but first know thyself! **Supply fee: $35** (covers notes, references). **Minimum 20 students.**

Manhar conducts Interfaith Seminars and teaches classes at the Hindu Temple of Atlanta.

**Maximizing Your Income Throughout Retirement**

Instructors: Michael Bean, BBA Accounting; Brenda Dozier, PhD

(6 sessions: Jan 12-Feb 16)

This course will help you restructure your portfolio to minimize taxes as well as transfer risk of potential financial losses during retirement. Participants will understand ROTH conversions and ROTH IRA income while managing tax withholdings and preparing for the IRS Required Minimum Distributions (RMD). Learn to get the most out of your pension income (defined contribution and defined benefit plans) and Social Security income while balancing the needs of your dependents and beneficiaries. The course will also explore tax-advantaged and tax-free income sources. **Mike has a passion for helping individuals minimize investment risk, maximize investment returns, maintain tax efficient portfolios and reduce taxes on income. Brenda is an author, national speaker,& financial consultant.**

**Woody Allen: Themes, Reaction, and Discussion**

Instructor: Dorothy Carrillo, MA; PhD Social Work

This course will explore some major themes re-occurring in most of Allen’s films. These include: death, meaning of existence, anti-Semitism, relationships, Judaism (religious & secular), and consequences for one’s actions. The instructor will provide film clips related to the theme for the purpose of class discussion. **Limited to 20 students.**

Dorothy has practiced social work for more than twenty-five years with experience in the fields of medical and school social work, group work, substance abuse, and family therapy.

**Art History of the Middle Ages, Part II**

Instructor: Marilyn Morton, BS Art Education; PhD Interdisciplinary Studies

We begin with the end of the Carolingian, and the lavish Ottonian Empires, which were both witnesses to the destructive Viking incursions from the north, and the newly cohesive forces of Islam from the East. These changed the demographics of Europe and Anglo-Saxon England, and triggered a new type of fire-resistant building construction, Romanesque. The development of the Gothic style in France, and the Neo-Byzantine in Italy brings us to the end of Medievalism in art, and the beginning of naturalism in Early Renaissance art. **Marilyn served as Associate Professor of Art History at Atlanta College of Art.**

**Point/Counterpoint**

Instructor: Marty Bennett, MA Education; MS Int’l Politics/Russian Studies; BS Aeronautical Engineering-US Air Force Academy

Point/Counterpoint is a class forum that will engage class members in dialogue - informing and probing major controversial subjects from at least two political and philosophical vantage points while encouraging class involvement. Topics include: the National Security Agency and citizen privacy, US response to foreign crises (Syria), Obamacare, US wealth imbalance; US energy independence, and other topics of interest chosen by class members. **Limited to 20 students.**

Marty spent 22 years writing, editing and teaching report writing to defense department intelligence officers.
TUESDAYS: 1:40-2:40PM

Wine Making: From Grape to Glass
Instructor: Karen Van Der Vort, Winemaker (ends 3:00PM)
Learn the basics of growing your own grapes, the best time to harvest, lab and winemaking equipment, juice and wine analysis, and product bottling preparation. Obtain a better understanding of the challenges winemakers face in producing a product that brings joy (and sometimes intimidation) to the consumer. An overview of wine history, global wine regions, and food and wine pairings will also be provided. Class will also include discussions about sensory evaluation and personal preferences. Karen has 35+ years of wine-making, grape-growing and wine education experience.

Drama Appreciation: Study, Attend, and Appreciate a Shakespearean Play
Instructor: Lisa Ethridge, BA, MA Education
The course will include a close reading of a play, discussion of Shakespeare’s life and his contributions to the evolution of drama, and Shakespearean conventions. Students will attend a play, then meet one final time to evaluate the experience and discuss the production. Supply fee: $23 (covers copy of play and performance at Shakespeare Tavern).
Lisa works on a contract basis as a writer, editor, teacher, and/or photographer.

TED Talks
Instructors: Howard Cohen, BA, MA and Marty Bennett, MA Education; MS Int’l Politics/Russian Studies; BS Aeronautical Engineering-US Air Force Academy
TED Talks are dynamic, powerful, fascinating, and entertaining 15-20 minute lectures on video. We will carefully select from hundreds of TED Talks and share those that are most relevant to OLLI students. Watch inspired speakers on fascinating topics and join in the discussion. These social, psychological, political, and personal lectures, seen on our large screen, will generate interesting debate.
Howard has 35 years of experience in the music industry. Marty spent 22 years writing, editing and teaching report writing to defense department intelligence officers.

Life after Death
Instructor: Ryan NeuCollins (5 sessions: Jan 12-Feb 9) (ends 3:00PM)
In this class, we will explore the possibility of life after death through the study of Near Death Experiences, reincarnation cases, religious texts, psychologists’ reports, and medical evidence both pro and con in order to get a better feel for what may or may not happen when we breathe our last.
Ryan has been teaching at the Iowa City Senior Center and at Kirkwood Community College, within their Continuing Education Program.

The Atlanta BeltLine Project and Streetcars in Atlanta
Instructor: Lucy W. Bigham, BA, MPA (ends 3:00PM)
The Atlanta BeltLine is a sustainable redevelopment project slated to provide a network of public parks, multi-use trails, and modern streetcar transit along a historic 22-mile railroad corridor circling downtown and connecting many neighborhoods. We will cover BeltLine history, project updates, and long-range plans, and will also touch on the history and future of streetcars in Atlanta. The class will culminate with a three-hour tour of the BeltLine. Supply fee: $20 (bus tour). Maximum 31 students.

WEDNESDAYS: 10:00-11:00AM

Atlanta: A City Too Busy To Hate, Part I
Instructor: Lonnie King, BA, MPA, PhD Candidate History, Georgia State University
An overview of Atlanta’s history tracing its origins and development into the “City Too Busy To Hate” and tracing the impact that African American commerce and political activism had on the nation as a whole. This course will cover the years from 1865 to 1959. Part II of the course will cover 1960 to 2000. At age 24, Lonnie organized and led the Atlanta Student Movement which resulted in the desegregation of Rich’s Department Store and other public accommodations in downtown Atlanta.

Women and Aging in the 21st Century
Instructor: Irma Starr, PhD
In a safe and non-critical environment - through skilled facilitation and warm spirit - students will learn about the aging process as viewed in contemporary time, as well as share wisdom spiced with humor as we all consider our life experience in the years ahead. The time together promises to be meaningful and just may change your life. The profound experience of hearing other women explore their lives may help students to see themselves in new ways. This program was planned to help students search within their own individual understanding of aging with the committed purpose of making these years more valuable. Limited to 15 students.
Irma is the Director of Education at the Ben Marion Institute for Social Justice.

Register today: olli.emory.edu | 404-727-6000
Matisse and Picasso: A Rivalry
Instructor: Clark Poling, Professor Emeritus, Art History
Two giants of modern art, Henri Matisse and Pablo Picasso, had a friendship and artistic rivalry spanning five decades. Serenity versus surrealist anguish were the opposing moods in the two artists’ works between World Wars I and II. Finally, both living in the south of France after World War II, they continued their personal and creative dialogue in their last works, meditating on nature, love, and old age. The course will discuss paintings, sculptures, graphic arts, and writings by Matisse and Picasso to reveal the parallels and divergences in their art. We will survey their artistic careers from Matisse’s early “wild beast” Fauvism and Picasso’s shocking brothel scene, The Women of Avignon, to Matisse’s inspiring late Chapel of the Rosary and Picasso’s lusty last works.
Clark taught for 33 years at Emory University, serving as chair of the Art History Department, director of the Michael C. Carlos Museum, and Faculty Curator of Works of Art on Paper.

Drugs, the Brain, and the Human Experience
Instructor: Rachel Cliburn, MS; Neuroscience PhD student at Emory University
How do psychoactive drugs interact with the brain? What are the subjective effects of recreational drugs? How have drugs been praised or punished in different cultures? This course will use multiple sources—from basic neuroscience research, literary sources of drug experiences, to epidemiological surveys of drug use—to answer these questions. Come ready to learn, read, and discuss!
In 2012, Rachel received a Fulbright grant to get her Master’s in Neuropsychology in the Netherlands.

The Emory Emeritus College Presents: Eight Physicians Share Their Expertise on Timely Medical Topics
Organizer: James Keller, MD
This course is coordinated by Dr. James Keller (radiation oncology) and the speakers will include Drs. Marilynne McKay (Dermatology), Nanette Wenger (Cardiology), John McGowan (Public Health), Bruce Ribner (Infectious Disease), David Rimland (Infectious Disease), Kenneth Brigham (Medicine), David Vega (Cardiac Surgery), and Edmund Walker (Oncology). Topics will include: Skin & Sun; Women and Matters of the Heart; Antibiotic Resistance; Ebola: The Emory Experience; Growing Old with HIV; Ponce’s Dream: The Promise and the Challenge of Predictive Health; Left Ventricular Assist Devices for Bridge to Heart Transplantation and for Destination Therapy; and Personalized Medicine and Oncology.
James is Professor Emeritus, Radiation Oncology, School of Medicine.

Solidarity Through Humor
Instructor: Dan May
In addition to its enjoyment, a good cartoon, joke, film, TV comedy, or parody often has a subtext, intentionally or otherwise. In this course, while having many good laughs, we will consider how humor can operate in maintaining group spirit and cohesion in the face of oppression, and in undermining or reinforcing attitudes towards race, gender, religion, class, and ethnicity.
Dan is a former college biology teacher and CDC epidemiologist.

Retirement Success, Part 2: Understanding Mutual Funds and Annuities
Instructor: Tim Gelinas, President, Senior Financial Planning
This NEW follow-up to the popular Retirement Success Part I will delve into the critical subjects of mutual funds and annuities. We will look at key factors involved in picking good mutual funds and annuities. We’ll also discuss the pros and cons of both types of investments and where they might best fit. Understanding these options is essential for maintaining a sound retirement plan.

Basic Computing for PC Users
Instructor: Denis Gray
(4 sessions: Jan 13, 20, 27, Feb 3) (ends 12:15PM)
Eliminate the mystery of the computer! This is not a traditional computer course, but a relaxed environment with professional assistance. Get your computer questions answered while you learn email, the Internet, and software programs. All levels welcome but some experience with using a mouse and keyboard preferred. Instructor fee: $40. Limited to 20 students.
Denis has extensive experience in adult training and education including working as a technology support teacher.

WEDNESDAYS: 
11:15AM-12:15PM

Improvisation Part I for Humor and Creative Thinking
Instructor: Robert Drake, Artistic Director at the Academy Theater
Want to learn how to think more quickly on your feet while conquering your fear of public speaking? Improvisation is the key! We have a great time and also build key skills to interact with people both on stage and in real life. Instructor fee: $20. Limited to 15 students.
American Secularism
Instructor: Ed Buckner, MEd, PhD
We will talk about and discuss: why secularism is logical and important; the effects of religion on politics in the US; the religious liberty principles derived from the Declaration of Independence and the US Constitution; the 1796-97 treaty with the Bey and Subjects of Tripoli; the US Supreme Court Building; the Ten Commandments; morality and secularism; oaths of office; national mottos; Sharia Law; tolerance v. toleration v. liberty; and the conclusion that the US is a free country and not a Christian nation. Suggested text: *In Freedom We Trust: An Atheist Guide to Religious Liberty* (Buckner and Buckner). See instructor for details on how to purchase book.

Ed served as the Exec. Director of the Council for Secular-Humanism and the President of American Atheists.

Beginning Hebrew Reading
Instructor: Meta Miller, BA Education Judaic Studies; Hebrew MA; Administration and Supervision
(6 sessions: Jan 13-Feb 10; Mar 2)
Students will learn to recognize the Hebrew alphabet and begin reading easy Hebrew words and sentences. As the course progresses, students will read various sentences and prayers from the Hebrew prayerbook. Supply fee: $10 (materials).

Meta has taught Early Childhood Education for more than 25 years and adult Hebrew reading courses for many years.

The Elegy
Instructor: Jim Mengert, BA, PhD
Poetry engages with life—and so, inevitably, with death—because death, as the saying goes, is a fact of life. Some of our best poets have used the death of someone significant to them as the occasion to wrestle with the essential questions: what does death mean, and how, in the face of it, can we recommit to life? In this course we will look at several different poets’ answers to these questions in an extended lyric form often called an “elegy.” The poets include Milton, Gray, Wordsworth, Whitman, Hopkins, Lowell, and Auden.

Jim authored articles in scholarly journals on the poetry of John Milton and co-authored books on effective communication.

Senior Living - Navigating Home Transitions in Your Life
Organizer: Erica Gal, Realtor, SRES
In this course, you will learn from a number of professionals about senior living options and the transitions many seniors go through. There will be a range of professional speakers and interactive class discussions on various topics that have day to day impact on seniors. Course topics will include organizing, downsizing and de-cluttering, estate planning and financial security, universal design, senior health in the home, how to increase the value of your home, reverse mortgages, and accessible services for seniors.

Erica was responsible for several successful multi-million dollar fundraising campaigns while also coordinating large scale, community-wide social and educational events.

ALBRECHT DÜRER: Artist of the Northern Renaissance
Instructor: Dorothy Fletcher, Senior Lecturer Emerita, Art History
In this course, we will explore the art of Albrecht Dürer, one of the most important Renaissance artists north of the Alps, whose work in the late 15th century through the early 16th century is contemporary with that of the three well-known Italian greats: Leonardo da Vinci, Raphael, and Michelangelo. We will look at Dürer’s paintings, but especially at his most influential works: his extraordinary drawings and woodcuts. We will consider how he was influenced by his travels to Italy and the Netherlands, by the growth of humanism in both northern and southern Europe, and as eyewitness to the Protestant Reformation. Finally, we will enhance our understanding of this artist through examples of his remarkable self-portraits and lively letters and journals.

Dorothy coordinated and taught courses in prehistoric to contemporary art for 45 years and was Director of Undergraduate Studies in Art History for 17 years. She received the prestigious “Excellence in Teaching in the Humanities at Emory” award in 2004.

WEDNESDAYS:
1:40-2:40PM

French for Fun 2: More French Through Songs and Stories
Instructor: Nayera Salam, MA Education
(6 sessions: Jan 13-Mar 2) (ends 2:55PM)
Five amusing dialogues and videos will keep you entertained as you learn French basics the fun way. In addition to handouts, students will have access to audio of each dialogue. Limited to 25 students.

Nayera has more than 25 years of experience teaching foreign languages and ESL.
Learn How to Get Published
Instructor: James Taylor, BA Philosophy; MLS Emory University
Learn how the world of books has changed in only the last ten years: eBooks, traditional publishing, self-publishing, and publishing-on-demand.
James was a professional librarian and host of the TV show “Writers-in-Focus” for more than 30 years.

Retirement Success, Part 1: Understanding your Financial Options
Instructor: Tim Gelinas, President, Senior Financial LLC
Unlock the doors to understanding and taking control of your retirement. With the proper tools, you can be confident in your decisions on key matters, including asset management, inflation and making your money last, estate planning and taxes, and long-term health care and investing.
Tim is featured in Atlanta Magazine and is a 7-time recipient of the 5 Star Best in Client Satisfaction for Wealth Managers Award.

WEDNESDAYS:
1:30-4:45PM
AARP Driver Safety: Smart Driver
Wed, Jan 13 and 20
Smart Driver is a 6 hour course broken into two 3 hour sessions. Completing this course and submitting your certificate to your insurance company may result in a reduction of up to 10% in your insurance premiums! Course fee: $20. (Note: AARP members receive a $5 discount; please use promo code AARP2015 when registering online or by phone). Please register by Wed, Jan 6 online or call 404-727-6000.

THURSDAYS:
10:00-11:00AM
A Celebration of a Lost World: The Life and Work of Sholom Aleichem
Instructors: Jill and Bert Parks
Is Fiddler on the Roof one of your favorite films? Sholom Aleichem recreated the world of the old country; the Yiddish world of the East European Jews during terrible upheaval in the early 20th century, preserving memories, joy and pain, poverty and injustice -- as well as the richness of life, including the humor and wisdom of those who celebrated life with passion and family warmth before the final destructive storm of hatred. We will read Favorite Tales of Sholom Aleichem, which can be found on Amazon. The life and times of the author will also be discussed.

ABCs of Law
Instructor: Robert Castellani, JD
Principles of law in areas encountered by laypeople.
Robert has extensive teaching experience and is a 50-year member of Georgia Bar as well as a former Superior Court Judge in Dekalb County.

Gibbon’s The Decline and Fall of the Roman Empire
Instructor: Herbert Benario, Professor Emeritus of Classics, Emory University
We’ll read approximately one third of this remarkable work, covering the period into the fifth century. This history probably still ranks as the greatest on Rome ever written in the English language for style, insight, and impact on later times.
Recommended text (available on the web only): The Portable Gibbon: The Decline and Fall of the Roman Empire (Saunders).

Objectivism: The Philosophy of Ayn Rand
Instructor: Gene Schallern, BS Physics and Math (Philosophy minor); MS Physics
Philosophy has long been the prerogative of the dark corners of academia. Objectivism is “a philosophy for living on earth.” Join us as we clarify and simplify philosophy -- viewing it through the lens of Ayn Rand’s facile mind -- and exploring such questions as: does existence really exist? Are there objective standards of morality? What is the proper relationship of government to the individual? Do human beings possess rights? Objectivism will also be contrasted to other philosophies including Aristotelian, Platonic, Kantian, Pragmatism, Postmodernism, and more.
Gene has over 30 years of senior management experience in Silicon Valley high tech industries and speaks at Objectivist conferences.

The Art of Photography
Organizer: Howard Cohen
Each week we will explore the creative world of fine art photography with eight distinguished lecturers. Nancy Floyd, Professor of Photography, Georgia State University; Jason Francisco, Associate Professor of Photography, Emory University; Tony Casadonte, Director of Lumiere Gallery of Photography, Emory Emeritus Professors/Photographers; Dr. Mario DiGirolamo and Dr. David Goldsmith, Photographers; David Murray, wedding photography; Steve Hogben, Architecture; and George deMan. Expect a wide range of visual treats along with talks about techniques, influences, and aesthetics. David Goldsmiths’ course on The History of Photography would be an excellent complement.
Basic Meditation
Instructor: Cookie Rubin
Introduce yourself to the benefits of mindfulness through meditation. The course will include some history of meditation, the effects on our health and wellbeing, and instructions to begin a meditation practice. Students need no previous meditation experience. Class sessions will include sitting practice, film, video, lecture, discussion, and selected articles. Wear comfortable clothing and prepare to become more peaceful!
Cookie has studied meditation for more than 20 years.

THURSDAYS:
11:15AM-12:15PM

History of Psychology, Part II
Instructor: Michael Zeiler, PhD, Charles Howard Candler Professor of Psychology Emeritus, Emory University
This course traces the development of psychology as a natural science -- where psychology has been, why it was what it was, why it changed, and where it is now. Various conceptual issues dictated the nature of psychology, and these led to the development of systematic approaches to the field. Part II of this course focuses on the development of the science of behavior.
Dr. Zeiler’s primary research area was in learning processes in both humans and non-humans.

The Fantastic Jazz of the 1920s and 1930s
Instructor: John O’Shea, MD
Come learn about and rejoice in the extraordinary jazz of the 1920s and 1930s. All hits, all perfectly recorded, when this type of jazz was the western world’s favorite music. Get to love the music of Louis Armstrong, Count Basie, Bix Beiderbecke, the Boswell Sisters, Benny Carter, Nat King Cole, Bing Crosby, Duke Ellington, Benny Goodman, Fletcher Henderson, Earl Hines, Billie Holiday, John Kirby, The Lescano Sisters, Jimmie Lunceford, Jelly roll Morton, The Mills Brothers, Red Norvo, King Oliver, Sy Oliver, Django Reinhardt, Jabbo Smith, Fats Waller and Chick Webb from that era, plus modern devotees Vince Giordano and Bria Skonberg.
John is a retired pediatrician, a still-active child health advocate, and has been a fan of classic jazz for 45 years.

History of Photography: Technological Art
Instructor: David Goldsmith, Emory University Emeritus Professor of Chemistry
The course will cover the development of photography from the camera obscura of antiquity, to the “fixing” of images in the 19th century, to contemporary “digital capture” -- seeing how technological advances allowed photography to change from a “mechanical” documentary status into that of a recognized art form in its own right. The work of major figures in photography will be shown and discussed, and the course will culminate with illustrations of computer methods of photographic editing, printing, and photographic book publishing.
David has engaged with photography since childhood and has taught Photoshop with Adobe Expert Certification.

Short Story Buffet
Instructor: Elizabeth Deschenes, MA Clinical Psychology
Explore more award-winning short stories and authors -- a great opportunity to get exposure to new works. All stories are available online. Some of the selections covered include: *Recitatif* (Morrison); *Harrison Bergeron* (Vonnegut), *Clowns* (Mann); *The Veldt* (Bradbury); and *On the Gulls’ Road* (Cather).
Elizabeth is the founder and leader of the Jour/Nuit Great Conversations Book Club.

Nine Influential Atlanta Attorneys
Organizer: Howard Cohen
OLLI is proud to present nine dynamic attorneys with years of experience and expertise in their different fields. You will expand your knowledge of law through these informative and stimulating lectures by notable Atlanta lawyers. Bruce Harvey (Defense), Nancy Lawler (Family Law), Gordon Rose (Labor Law-Airline Pilots Association), Daryl Buffenstein (Immigration), Aimee Maxwell (Georgia Innocence Project), William Cates (retired Associate Chief Justice, National Labor Relation Board), and Brian Spears (Civil Liberties); OLLI instructors Mary Walton Whiteman (Attorney/Judge) and Joe Baird (Attorney/Judge) will share their views “from both sides of the bench.”

Great Decisions 2016
Instructors: Jack Carew and Charles Maddrey
Now in its 67th year, Great Decisions is an eight week course on critical international geopolitical issues developed by the Foreign Policy Association. The 2016 curriculum covers these important topics: Middle East, The Rise of ISIS, The Future of Kurdistan, Migration, The Koreas, The United Nations, Climate Change, and Cuba and the U.S. Optional book may be purchased online at www.fpa.org.
**THURSDAYS: 1:40-2:40PM**

**Improvisation Part II**
Instructor: Robert Drake, Artistic Director at the Academy Theater

Obtain more advanced techniques of improvisation and learn to better craft scenes, stories, and monologues in this highly interactive, performance-driven class that concludes with a performance in front your peers! The focus will now be on working more effectively with scene partners to heighten and develop what happens on stage. **Instructor fee:** $20. **Limited to 15 students. Prerequisite: Improvisation Part 1.**

**Innovation and Sentiment: The Art of The Classic Broadway Lyricists**
Instructor: William Allen, MA, MPhil, MLn

As one in a series of courses on the Art of the Classic Broadway Lyricists (1900-1965), we will study (with more use of A/V materials) the pioneering work of George M. Cohan, Irving Berlin, Otto Harbach, Lorenz Hart (Rodgers and Hart) and Oscar Hammerstein II (Rodgers and Hammerstein). We will also review the roles of emotion and sentiment as well as the use of the 4 R’s of the lyrical art -- Rhyme, Rhythm, Repetition, Reason. For comparison, we will also take a quick look at the lyrics of a more recent innovative lyrical pioneer, Stephen Sondheim. 

*Bill wrote a 500 page dissertation on British lyricist and librettist W. S. Gilbert (Gilbert & Sullivan) to obtain his advanced degree from the University of London.*

**Eastern Religion**
Instructor: Ryan NeuCollins

*(5 sessions: Jan 14-Feb 11) (ends 3:00PM)*

Ever wondered about reincarnation? The Yin Yang symbol? The concept of “chi”? Learn about all of these and more in a course that covers the fundamentals of Hinduism, Buddhism, and Taoism—three of today’s most influential Eastern religions. Students will also have personal practice with some of these religions’ rituals and spiritual practices. **Supply fee: $10** (craft materials).

*Ryan has taught at Iowa City Senior Center and Kirkwood Community College.*

**Critical Thinking, Empathic Thinking, and the Ethical Life**
Instructor: Dan Zins, MA English

Explore various ethical, psychological/emotional, historical, and other barriers that even educated adults and seniors may have to overcome in order to think fairly, critically, and empathically about the national and global emergencies that confront us. We will discuss what cognitive traits and habits of mind (in addition to intellectual curiosity/courage/humility) are essential for critical thinkers; the course will feature a dialogue/discussion format rather than a series of lectures. 

*Dan taught in the liberal arts department at The Atlanta College of Art from 1978-2006.*

**THURSDAYS: 2:45-3:45PM**

**Seasons of Planning**
Instructor: Paul Black, Attorney at Law

This presentation uses a hypothetical story to explore how a family’s estate and incapacity planning needs change over the course of a lifetime. Planning tools and topics to be discussed include: advance directives for healthcare, financial powers of attorney, last will and testaments, revocable living trusts, special needs trusts, guardianships, and conservatorships, Medicare, Medicaid, Veterans Administration aid, and more.

*After graduation from GSU Law, Paul was chosen from dozens of applicants nationwide as one of three 2010-2011 Borchard Foundation Law & Aging Fellows.*

**Ageless Grace®, Brain and Body Exercises to Maintain and Restore Youthful Functioning**
Instructor: Sandy Bramlett, MEd, Certified Ageless Grace® Trainer/Educator

Based on the cutting-edge science of neuroplasticity, Ageless Grace® Exercises consist of 21 exercise ‘tools’ to address all 5 areas of the brain, and 21 physical skills needed for optimal lifelong functioning and well-being. Ageless Grace is designed for all ages, shapes, sizes, and fitness levels. **Instructor fee:** $40. **Note: Students with Medicare supplemental policies that cover Silver Sneakers Flex classes will get the instructor fee refunded on a per class basis for each class they attend. Minimum 6 students.**

*Sandy is a certified Ageless Grace® trainer/educator, MDT movement disorder/Parkinson’s disease fitness specialist, and licensed Nia Black Belt teacher.*
**Offsite Classes**

### PARK SPRINGS
500 Springhouse Cir, Stone Mountain, GA 30087/678.684.3300

**TED Talks**
Instructor: Howard Cohen, BA, MA
Wed, Jan 13-Mar 2 / 11:00AM – 12:00PM
*See pg. 6 for detailed description.

### THE PIEDMONT AT BUCKHEAD
650 Phipps Blvd, Atlanta, GA 30342   404 419-7134

**Great Decisions 2016**
Wed, Jan 13–Mar 2 / 10:00-11:00AM
Instructors: Jack Carew and Charles Maddrey
*See pg.10 for detailed description.

### TOCO HILLS NORC
1340 McConnell Drive, Decatur, GA 30033/404.633.3033

**The World at War: A Battle Rooted in Africa**
Instructor: Sal Depasquale, MCJ, MBA, Vietnam Veteran
Tue, Jan 12-Mar 1 / 1:00-2:15PM
More than 100 million people were killed in warfare during the 20th Century, but the heart of the conflict remains obscured and overshadowed by the battles of World War I and Hitler in World War II. This class will explore the conflicts emerging from Africa in the 19th Century, and how industrialization created an insatiable drive for resources and markets ultimately resulting in hostilities. This class will not focus on battles, but will seek to view the broader picture of colonial greed; the depravity of embracing scorched earth policies; and the ensuing warfare forever etched on the world’s psyche.

### RENAISSANCE ON PEACHTREE
3755 Peachtree Rd NE, Atlanta, GA 30319/404.237.2323

**On Race: Reconstruction to the Modern Day**
Instructor: Sal Depasquale, MCJ, MBA, Vietnam Veteran
Wed, Jan 13-Mar 2 / 11:30AM-12:45PM
White slaves (indentured servants) were given 50 acres and cash when freed from slavery, but black slaves were not given anything and were cast off into a system that was “Slavery by Another Name.” We will examine the black experience from Reconstruction to the modern days, including Jim Crow; the Great Black Migration north, the white migration to the suburbs, and then to the Sunbelt; a country on the verge of a Race War; Civil Rights and Voting Rights Acts; and White Backlash will be discussed. Suggested reading (not required): Just Mercy: A Story of Justice and Redemption (Stevenson); The Promised Land: The Great Migration and How It Changed America (Lemann); and A Short History of Reconstruction (Foner).

### Special Events/Trips

**Planned Giving In A Nutshell**
Tue, Dec 15 /11:00AM-12:00PM
Presented by: J. Olen Earl, J.D., CFP Executive Director, Office of Gift Planning
Emory University, Development and Alumni Relations
Are you interested in leaving a charitable legacy, but stifled by the apparent complexity involved? Learn the simplicity of including your favorite charities in your estate and financial plans. FREE. No registration required.

**OLLI Holiday Luncheon**
Wed, Dec 16 / 11:30AM-1:00PM
Petite Auberge Restaurant, 2935 N Druid Hills Rd, Atlanta, GA 30329 / 404-634-6268
Join OLLI members and celebrate the holidays. Enjoy a three course lunch and musical entertainment. Cost: $18. Please register by Thu, Dec 3 online or call: 404-727-6000 (option 2).

**Carlos Museum Tour**
Fri, Feb 5 /1:30 PM
Ancient worlds await you at the Michael C. Carlos Museum on the campus of Emory University. Join OLLI for a docent-lead tour of the finest collection of ancient art in the southeast. From the Egyptian Gallery to the Classical Court to the Ancient American and African galleries, the Carlos Museum is a unique treasure among Atlanta’s cultural attractions. Cost $6. Limited to 40 students. Please register by Fri, Jan 29 online or call: 404-727-6000 (option 2). Class meets at Carlos Museum: 571 South Kilgo Cir NE, Atlanta, GA 30322.

**Atlanta Beltline Trip**
Mon, Feb 22 / 9:30AM-12:30PM
Join OLLI members for a three hour guided bus tour of the Atlanta Beltline. The tour will take you through historic neighborhoods, vacant lands, and new businesses. Bring your own lunch/drink. Meet at Inman Marta station. Cost: $13.50. Maximum 30 participants. Please register by Thu, Feb 18 online or call: 404-727-6000 (option 2).
**Movement Classes at Dance 101**

**Mondays:**
**January 11-February 29**
**11:45AM-12:45PM**

**Pilates Method for Better Posture and Function**
Instructor: Amit Abraham, BPT, MAPHTY, PhD Candidate
The topics of core stability, breathing, using our body efficiently and increasing self-awareness will be addressed through self-experience and detailed instructions. Participants will explore the body movements based on Joseph Pilates’ approach. No prior experience is required. Please come with comfortable clothes. Mattresses will be supplied but please feel free to bring your own. **Instructor fee: $20. Limited to 20 students.**
*Amit Abraham is a musculo-skeletal physical therapist.*

**Bollywood**
Instructor: Sudakshina Mukherjee, Trained in Indian classical form (Bharatnatyam) and Bollywood
Learn the latest and popular dance moves to hit Bollywood songs! We show you how to shake those hips and work those arms and legs. No prior dance experience required. Classes are technique-driven but taught through choreography. Students learn a new dance every 4-5 classes and can take advantage of many opportunities to perform. **Instructor fee: $5.**
*Sudakshina is the artistic director of the dance studio, Atlanta Nritya Academy. Her choreography has won many accolades in India as well as in the U.S.*

**Big Band Ballroom**
Instructor: Robert Tolentino, Ballroom Professional
Learn the basics of Ballroom’s most popular dances -- foxtrot, swing, waltz and tango. Great for beginners and social dancers. With more than 20 years of experience, Robert will have you dancing in no time! **Instructor fee: $50. Minimum 12 students.**

**Tuesdays:**
**January 12-March 1**
**11:15AM-12:15PM**

**Gentle Yoga & Meditation**
Instructor: Susan Zoller, MEd
Relax and feel better! Enjoy the benefits of yoga as you learn basic asanas with the help of experienced yoga instructors. You will be guided every step of the way. This class will also incorporate meditation during the last part of class. No prior experience required. Wear comfortable clothes.
*Susan studied yoga with Dr. Valarie Wright, Hamsa Yoga Shala.*

**T'AI Chi**
Instructor: Harvey Meisner, Certified Tai Chi and Qi Gong instructor
T’AI Chi is a series of movements designed to open the body while creating strength, balance, and flexibility and improving cardiovascular health. These are gentle, easy yet effective movements that anyone can do, and all special needs are taken into consideration by the instructor. All body types are welcome. **Instructor fee: $50. Minimum 12 students. Limited to 20 students.**
*Harvey studied and practiced Transcendental Meditation for 30 years.*

**Yoga for the Truly Inflexible**
Instructor: Susan Zoller, MEd
Our course will include basic movements to release and relax hamstrings, knees, hips, back, shoulders and neck -- particularly helpful for those who experience discomfort. No prior experience necessary; all are welcome. Wear comfortable clothes.
*Susan studied yoga with Dr. Valarie Wright, Hamsa Yoga Shala.*
**WEDNESDAYS:**
**JANUARY 13-MARCH 2**
**1:30-2:30PM**

**Nia Technique**  
Instructor: Sandy Bramlett  
Nia (Neuromuscular Integrative Action) blends the fun and playfulness of dance, the precision and power of martial arts, and the peace and relaxation of meditation, and delivers a fitness workout for your heart and soul! Improve balance, strength, flexibility and agility, all without jumping or jarring movements. **Instructor fee: $40. Minimum 6 students.**  
*Note: Students with Medicare supplemental policies that cover Silver Sneakers Flex classes will get the instructor fee refunded on a per class basis for each class they attend.*  
Sandy is a licensed Nia black belt instructor and certified master callanetics body shaping teacher.

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**NEW TAI CHI CLASSES AVAILABLE BETWEEN FALL AND WINTER SESSION!**

**TUESDAYS:**
**NOVEMBER 10–DECEMBER 15**
**12:30-1:30PM**

**T’ai Chi**  
(no class 11/24)  
Instructor: Harvey Meisner, Certified Tai Chi and Qi Gong instructor  
**Instructor fee: $50. Minimum 12 students. Limited to 20 students.**

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**THURSDAYS:**
**JANUARY 14-MARCH 3**
**12:30-1:30PM**

**DANCE: From Country to the Disco**  
Instructor: Ricardo Aponte, Musical Theater Choreographer, Veteran Broadway Performer  
Come explore a variety of dance styles, including country, salsa, the twist, musical theatre, disco, jazz, and more. All classes are introductory level. **Instructor fee: $50. Minimum 8 students.**  
Ricardo is one of Atlanta’s most accomplished musical theater choreographers.

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**THURSDAYS:**
**JANUARY 14-MARCH 3**
**1:30-2:45PM**

**Yoga Asana and Pranayama**  
Instructor: Bianca Lee, BA, MA, MBA  
All level class; Yoga Asana (poses), pranayama (control of the breath) and Vinyasa (series of poses coordinated with breath) are taught in Pranakriya style to improve physical strength, endurance, flexibility and balance. Classes become progressively challenging but individual needs will be addressed. Please bring your own yoga mat. **Limited to 25 students.**  
Bianca has been studying Yoga for more than two decades in various styles such as Iyengar, Krypalu and Pranakriya and has been teaching Yoga for the last several years.

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**SPECIAL CLASSES**

**AARP Driver Safety: Smart Driver**  
**Wed, Jan 13 & 20 / 1:30-4:45PM**  
Smart Driver is a 6 hour course broken into two 3 hour sessions. Completing this course and submitting your certificate to your insurance company may result in a reduction of up to 10% in your insurance premiums! **Course fee: $20. (Note: AARP members receive a $5 discount; please use promo code AARP2015 when registering online or by phone). Please register by Wed, Jan 6 online or call 404-727-6000.**

**Painting and Printing Plants**  
Instructor: Joy Hartsfield  
**Tue, Nov 17 / 9:00AM-3:00PM**  
We will use all forms of watercolor -- tubes, pans, crayons, pencils, liquids -- for colorful fun! Bring your own lunch; afternoon work shifts to printing with watercolor using eye droppers and spray bottles. **Instructor fee: $35. Students must bring: Dr. Martins Liquid Watercolor in eye dropper bottles, 2 colors: a yellow/green/brown and a floral color -- orange, pink, blue, purple, turquoise, red, yellow; an empty clean spray bottle, sponge, soft brushes, rags, apron; and lots of paper: card stock, watercolor paper, misc. heavy weight paper 11x14” or less. Instructor will share small palettes, plexiglass for printing, scissors, colored pencils, markers, a few colors prepped in spray bottles, distilled water, hair dryer, clothes line. Instructor will provide flowers, leaves, herbs for both sessions. Please note: this fast-paced class requires a lot of energy!”
**Olli Winter 2016**

**Lunch & Learn Schedule**

**12:30-1:30PM**

**Reminder:** bring your lunch!

**TUESDAY, JANUARY 19:**

**HAPPINESS**

Chris Martin, BA; MA Psychology, PhD student in Sociology at Emory University

Most people are pretty happy. Spending money on others makes you happier than spending money on yourself. Having options isn’t always conducive to happiness. Come and learn about these and other insights from research on well-being.

**THURSDAY, JANUARY 21:**

**MEDICARE 101**

Tammy Helton, Director of Medicare sales for Kaiser Permanente of Georgia

**TUESDAY, JANUARY 26:**

**NOT SO BRIEF HISTORY OF IKEBANA**

Bianca Lee, Master Certification in Ichiyo-Style Ikebana

Ikebana (生け花) is a traditional Japanese art of floral arrangement meaning ‘living flowers,’ embodying the Japanese tradition of a deep reverence for nature and an exquisite esthetic sensibility. Unlike typical Western floral arrangements, *Ikebana* transcends the genre of decorative craft by allowing creative freedom and artistic expression. The program will include a floral demonstration.

**THURSDAY, JANUARY 28:**

**ANTHONY ATALA: GROWING NEW ORGANS/TED TALK**

Alyse Steves, BS Biotechnology, PhD candidate, Genetics and Molecular Biology, Emory University

Anthony Atala’s state-of-the-art lab grows human organs -- from muscles to blood vessels to bladders, and more. At TEDMED, he shows footage of his bio-engineers working with some of its sci-fi gizmos, including an oven-like bioreactor and a machine that “prints” human tissue.

**TUESDAY, FEBRUARY 2:**

**GERIATRIC MEDICINE**

Presented by: Dr. Jaza Marina- Geriatrician at Kaiser Permanente

**THURSDAY, FEBRUARY 4:**

**EPIGENETICS AND AGING**

Anna Knight, PhD candidate, Genetics and Molecular Biology, Emory University

We will introduce epigenetics- how factors other than the sequence of DNA determine how our genes are expressed, and then discuss how our epigenomes change over the course of our lives, and what that means for aging and certain aging-related conditions.

**TUESDAY, FEBRUARY 9:**

**MEDICAL MARIJUANA - MEDICINE OR MENACE?**

Michael Kuhar, PhD, Yerkes National Primate Research Center of Emory University Candler Professor of Neuropharmacology, School of Medicine

Medical marijuana (MM) is the concept of using marijuana or its extracts as a medicine. GA law HB1 (passed in 2015) allows for the use of “THC oil” in the treatment of eight diseases or maladies. The data for MM and related topics will be open for discussion.
Olli Winter 2016

Lunch & Learn Schedule (Cont.)

THURSDAY, FEBRUARY 11:
WHY ARE MY EYES BOTHERING ME?
Geoffrey Broocker, MD, Emory Emeritus Professor of Ophthalmology
A “tear-jerking” discussion about the various conditions in the maturing adult that influence problems with vision and how the eyes feel.

TUESDAY, FEBRUARY 16:
DANCE AND MOVIES FROM INDIA
Sudakshirna Mukherjee, Artistic Director of the Dance studio, Atlanta Nritya Academy

THURSDAY, FEBRUARY 18:
YOU ARE WHAT YOU EAT? AN INTRODUCTION TO THE HUMAN GUT MICROBIOME
Kelly Shaw, BS Genomics and Molecular Genetics, PhD candidate, Genetics and Molecular Biology, Emory University
The bacteria in our gut get the credit (and blame) for many aspects of human health and disease. Join us for a brief overview of human gut microbiome research and explore current claims and interventions regarding our gut bacteria.

TUESDAY, FEBRUARY 23:
FACT OR FICTION? DEBUNKING COMMON MISCONCEPTIONS ABOUT THE BRAIN
Lauren Shapiro, MPH Emory University Graduate Student in Molecular and Systems Pharmacology
Topics discussed will include: the relationship between autism and vaccines, addiction as a disease or a choice, and the truth behind the adolescent brain.

THURSDAY, FEBRUARY 25:
THE USE OF IMAGERY FOR MOVEMENT PERFORMANCE ENHANCEMENTS: FROM THEORY TO PRACTICE
Amit Abraham, Musculo-skeletal physical therapist, BPT, MAPHTY, PhD Candidate
In this lecture, I will discuss the different categories of imagery and their use in daily life and in sport and dance domains. Examples will be given from research in these domains.

TUESDAY, MARCH 1:
ATLANTA SYMPHONY ORCHESTRA PRESENTS: EXPLORING THE COMPOSER UNIVERSE-
JOHANNES BRAHMS ‘EinDeutsches Requiem’
Sally Kahn, Secretary of Atlanta Symphony Musicians Found

THURSDAY, MARCH 3:
THE STORY OF S.I.D. (Seniors In Denial)
Brandt Ross, Former CEO, M&A Intermediary and Folksinger
Brandt and his wife Ginny transitioned from their home to a senior residence when they wanted to rather than when they had to. Take control of your future, learning about the step-by-step process of decisions made. Their story will be told with contemporaneous folk music.
AARP Tek Workshops

Free workshops! Friendly TEK Guides will answer all of your questions and a tablet will be provided for your hands-on practice while attending the workshop. All participants will also receive a free touchscreen stylus pen and take-home guidebook.

Please call 1-866-591-8105 or go online: aarp.cvent.com/aarptekgeorgia to register for these free events.

THURSDAY - NOVEMBER 12

Intro to Tablets
(10:00AM-12:00PM)

If you are new to mobile technology, but ready to discover how apps can help you to simplify tasks, stay connected while you’re on the go, and keep you in touch with people and interests in your life, this beginner course is for you! Join us for a hands-on workshop that will empower you with tablet skills from Touchscreen Basics, to Texting, Taking & Sharing Photos, Downloading Apps and more.

Beyond The Basics: Tablets
(2:00-4:00PM)

If you have experience with mobile technology, but are ready to learn tips and tricks that will up your TEK game, then this workshop is for you! We’ll explore Photo Editing and Cloud Photo Sharing, Streaming Free Music, Texting Tips, Talking Instead of Typing on Your Tablet, Controlling Your Tablet with Your Voice, Advanced Maps and much more. Tablet experience recommended!

THURSDAY - DECEMBER 10

Beyond The Basics: Tablets
(10:00AM-12:00PM)

*see description above

Intro to Facebook and other Social Networks – Beginner Workshop
(2:00-4:00PM)

Ready to join billions of people who are connecting online using social networks like Facebook and Twitter? There are numerous social networks which allow you to keep in touch with family and friends, stay current on world news and expand your professional network. Get hands-on experience connecting with friends and businesses on Facebook and learn how to stay safe by managing your privacy settings. Before attending, sign up for a free Facebook account and bring your login information. Tablet experience recommended!

AARP Bring Your Own Device (BYOD) Courses

Join AARP for a free hands-on workshop for those who want to get the most out of their Android Smartphones. All participants will get a hands-on experience with their Android Smartphones as well as a free touchscreen stylus pen. All registrants must bring their own Android Smartphone to get the Bring Your Own Device (BYOD) experience. This AARP event is fun and free, but seating is limited. Devices will not be provided, so please bring your own Android smartphone for a hands-on experience!

Please call 1-866-591-8105 or go online: aarp.cvent.com/aarptekbyodgeorgia to register for these free events!

THURSDAY - NOVEMBER 19

Getting Started with Android Smartphones
(Room 163)

If you are new to mobile technology, but ready to discover how apps can help you to simplify tasks, stay connected while you’re on the go, and keep you in touch with people and interests in your life, this beginner course is for you! Join us for a workshop that will empower you with the following smartphone skills: Touchscreen Basics, Texting, Taking & Sharing Photos, Downloading Apps, and more.

9:00-10:30AM – Session 1
11:30AM – 1:00PM – Session 2
2:00–3:30PM – Session 3

THURSDAY - DECEMBER 17

Getting Started with Android Smartphones
(Room 163)

*see description above
Thanks a Million, OLLI Donors!

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REGISTRATION
Visit olli.emory.edu or call 404-727-6000 (select option 2).

1. Go to olli.emory.edu and click on Courses to see all of our classes, dates and times.
2. Click on the class name (i.e. Gentle Yoga) and then click register.
3. Click add to cart. To add more classes from the list, click the back button (←) at the top left of the screen.
4. After adding courses, click check out.
5. Log in using previously created account or create a new account (if necessary, click forgot my password)
6. Click make payment, follow prompts to pay.
7. Click success to display the confirmation page.
8. Click continue to receive a confirmation receipt via email.

Note: Membership discounts will not appear until you click check out!

Need more help...? Join our live, in-person training sessions!
Set up your student account and enroll for classes quickly and easily by signing up for training sessions to be held on the following dates and times:

Set up your student account:
Thu, Nov 5 / 10:00AM-12:00PM / Room 166

Register online:
Tue, Nov 10 / 9:00AM-12:00PM / Room 164, 166
Wed, Nov 11 / 9:00-11:00AM / Room 166
Thu, Nov 12 / 9:00-11:00AM / Room 164, 166

Sign-up sheets are available at the front desk and registration is on a first-come/first-serve basis.