BACK TO SCHOOL FOR THE OVER 50 CROWD!
OLLI at Emory is a lifelong learning program for seasoned adults who enjoy learning for fun. At OLLI, the thirst for knowledge never ends, with classes and social programs that nourish the mind, body, and soul. Even if you can’t fit a full course into your schedule, OLLI offers other ways to get inspired, engaged, and excited. Build friendships with others who live in the spirit of learning and personal growth by choosing from more than 70 classes and special interest programs.

Re-imagine your retirement at OLLI!

Special Interest Groups

OLLI Book Clubs
There are two OLLI book clubs that meet from 12:30-1:30PM on the first Tuesday/Thursday of the month. Members vote on book selections. To learn more and to obtain a list of books, please contact:
- **Tuesday**: Barb Sorenson, bsorenson50@gmail.com or Jill Parks, atlparks@yahoo.com
- **Thursday**: Elizabeth Deschenes, elizabeth.deschenes@yahoo.com or Phyllis Irby-Downing, sfrsid@yahoo.com

MahJong
Do you play mahjong? Interested in learning? Contact Emma Zell: emmazell2479@gmail.com or text 817-709-7019 to discuss possibilities.

Inter-Session Discussion Group
Interested in staying connected to OLLI between sessions? Join OLLI instructor Shai Elson on Thursdays, March 9, 16, 23 and 30 at 10:00AM for a discussion group called: “We The People Speak.” Members of the group will share things about themselves related to occupation, hobbies, retirement, news, politics, religion, writing; the group will then discuss. If you are interested please email: olliemory@gmail.com. **Shai is a retired Emory Cardiologist, Co-Director of the Cardiac Clinic at Grady Hospital.**

Support OLLI at Emory by Shopping at Kroger
Do you shop at Kroger? Interested in helping raise money to support OLLI at Emory? A portion of your grocery purchases at Kroger will go towards OLLI at Emory’s annual fundraising campaign. It’s easy to sign up – learn how you can participate by visiting olli.emory.edu/kroger or call 866-221-4141. Make sure to have your Kroger Card number available.

Travel Opportunities
Interested in organized travel with your OLLI friends? Contact Dana Lilly, dlilly11@mac.com or Jo Ann Mustian, jmustian@bellsouth.net for more details.

OLLI Pop-Up Events
Pop up events will provide opportunities for entertainment, education and socializing in smaller groups. Join your OLLI friends at local cultural, musical, performing arts and food events selected just for you! Watch for upcoming announcements and flyers when events pop up!
PARKING
FREE parking is available to OLLI members in the surface lot next to building 6 as well as in the covered parking deck. Enter the deck from the side entrance and park on or near the third floor to have walking access out of the deck.

LOCATIONS

Main Location:
6 Executive Park Dr NE, Atlanta, GA 30329; 404-727-6000
Dance 101:
2480 Briarcliff Rd NE #11, Atlanta, GA 30329; 404-542-3887
Park Springs:
500 Springhouse Cir, Stone Mountain, GA 30087; 678-684-3300
Powerlady Fitness:
2865 North Druid Hills Rd, Atlanta, GA 30329; 404-320-0050
Roswell Rec Center:
830 Grimes Bridge Road, Roswell, GA 30075; 770-641-3950

CLASS DATES

Spring Quarter 2017: Apr 3–May 25
Summer Quarter 2017: Jul 10–Aug 17
Fall Quarter 2017: Sep 11–Nov 2

CONTACT US
Sr. Outreach Program Coordinator, Jessica Wilson:
jessica.wilson2@emory.edu
OLLI Website: olli.emory.edu
OLLI Email (volunteers only): olliemory@gmail.com
OLLI Phone: 404-727-6000 (option 2)
Weather Hotline (Emory): 404-727-1234

COURSE MEMBERSHIPS
Enroll in the membership that fits your lifestyle!
Sampler: $49 (single course)
Bronze: $85 (two courses)
Silver: $105 (three courses)
Gold: $125 (four courses)
Platinum: $140 (five courses)
Diamond: $156 (six courses)
*Each class above 6 is $23/course.
Membership level discounts require completion of all course enrollments in one single transaction.

ADDITIONAL FEES
Administrative fees: Cover rental costs for offsite spaces.
Instructor fees: These nominal fees help compensate our professional instructors currently receiving payment for teaching courses outside of OLLI at Emory.
Supply fees: Materials required for some classes.

REGISTRATION
No payments will be processed before the start of registration. Online registration is preferred. We cannot guarantee seats for checks sent in the mail. See back cover for online registration instructions and dates for online registration assistance.

REFUND POLICY
No refunds for tuition, supply fees and/or instructor fees will be given after start of class sessions. OLLI students may transfer to another course within a quarter, but not between quarters. Limit: one class transfer per quarter.

COURSE CANCELLATION POLICY
Classes that do not meet minimum student registration numbers are subject to cancellation.

VOLUNTEER OPPORTUNITIES
Help us build our future and have fun doing so.
Volunteering is a great way to apply or develop your skills, create new friendships and make important contributions. Choose from the following committees:
Advisory, Curriculum, Events, Development, and Membership/Hospitality, by emailing:
Advisory: olliemory@gmail.com
Curriculum: olliemory@gmail.com
Events: Judy Sutter, jusutter@comcast.net
Development: olliemory@gmail.com
Membership/Hospitality: Jane McDonald, cassed1@gmail.com
TUESDAYS:

10:00-11:00AM
Being Present-Mindfulness Meditation (Weisman)
Atlanta: A City Too Busy To Hate, Part 2 (King)
Learn Farsi (Hejaziniak)
Talmudic Ethics (Sollich)
November 22, 1963 (Depasquale) (begins 4/11)
History of Russia: Rurik to Revolution (Barnard)

11:15AM-12:15PM
6,000 Year History of Indian Civilization (Valand)
Game-Changers - History and Folk Music: Events and People That Changed the History of Our Country (Ross)
Health Enhancing Technologies (Rashidi)
Jane Austen (Carrillo)
The 2016 Presidential Election Examined - the Good, the Bad and the Ugly (Mitchell & Goss)
Sight and Sound: Best Small Museums Part 3 (Cohen)

1:45-2:45PM
Writing for Health (Appelrouth) (ends 3:15PM)
Singalong (Goodman & Carpenter)
An Adventure into Wine (Spasser)
Windows 10 (Gray) (ends 3:15PM)
TED Talks (Cohen & Bennett) (ends 3:15PM)
WWII: A Devastating Global Conflict (Libby)

3:00-4:00PM
Estate Planning and Probate Issues (Morris)
Introduction to Biotechnology (Steves)

WEDNESDAYS:

10:00-11:00AM
Women Aging in the 21st Century (Starr)
The Composers Universe: Mozart (Kann)
Retirement Success, Part 1 (Gelinas)
Where Do You Want To Be At 103? (McMillan)
Asian Brush Drawing Tea Time (Hartsfield)
Postwar Paris: French Art At Mid Century (Poling)

11:15AM-12:15PM
Navigating France Using Your French (Lambros)
Improvisation, Part 1 (Drake)
Retirement Success, Part 2 (Gelinas)
Beyond The News: A Weekly Examination of Current Events (Depasquale/Shallern) (begins 4/12)
Spring into Spy Stories (Deschenes)
Islam 101 (Islamic Speakers Bureau)

1:30-4:45PM
AARP Driver Safety (Lee)
First Aid, CPD, AED (Spano)

1:45-2:45PM
The Long New Deal (Slavin)
Ageless Grace (Bramlett) (ends 3:00PM)
In Your Own Words (Lee) (ends 3:45PM)
IPhone Basics (Lilly) (ends 3:15PM)

THURSDAYS:

10:00-11:00AM
The Atlanta BeltLine Project Transit and Affordable Housing (Bigham)
Debunking Myths About the Civil War and Reconstruction (Richards)
Exceptional Prose and Poetry by Winners of the Nobel Prize in Literature (Balser)
ABCs of Law, Part 2 (Castellani)
Public Health: Your Life Depends On It (Margolis)
The Shock of the New: American Modernism 1900-1960 (Cohen and Parks)

11:15AM-12:15PM
Challenges As We Age: (Garcia and Starr) (ends 12:45PM)
Improvisation, Part 2 (Drake)
Fun with the Algebra of Simple Matrices (Tonne)
Behavioral Economics, Part 2 (Robkin)
Presidential Power Under The Constitution (Harbour)
Thoreau's Walden and “Civil Disobedience” (Friedman)

1:45-2:45PM
Lies My Teacher Told Me: Everything Your American History Textbook Got Wrong (Zins) (ends 3:15PM)
The Battle of Little Bighorn in History and Popular Culture (Custer)
Creative Writing: Fun and Personal (Appelrouth) (ends 3:15PM)
Arts and Crafts (Hejaziniak)
Origins of Rock and Roll, Part 1 (Dell)
Travel: What Is It? A Course on Travel Literature (Leahy)

3:00-4:00PM
Financial Planning Nearing Retirement (Morris)
Nordic Walking For Fitness (Lay)
History of Photography (Goldsmith)

see pages 13-14 for offsite and movement classes
TUESDAYS: 10:00-11:00AM

Being Present - Mindfulness Meditation
Instructor: Nancy Weisman, PhD, Licensed Psychologist
Students will learn the basics of mindfulness meditation, its roots in Buddhism and how it may help in the aging process. Textbook: Mindfulness in Plain English (Gunaratana). Limited to 30 students.
Nancy has served as a psychologist in private practice for more than 20 years, and has practiced mindfulness meditation for 9 years.

Atlanta: A City Too Busy to Hate, Part 2
Instructor: Lonnie King, BA, MPA, PhD Candidate History, Georgia State University
Class includes an overview of Atlanta’s history tracing its origins and development into the “City Too Busy to Hate” and a tracing of the impact that African American commerce and political activism had on the nation as a whole. This course will cover the years from 1960 to 2000. At age 24, Lonnie organized and led the Atlanta Student Movement which resulted in the desegregation of Rich’s Department Store and other public accommodations in downtown Atlanta.

Learn Farsi
Instructor: Ehteram Hejaziniak, BA English, Literature
First in a series of courses that develops speaking, writing, reading, and comprehension of modern Persian as it is used today.
Ety has taught on various levels in the United States and abroad

Talmudic Ethics
Instructor: Rabbi Ari Sollish
(6 sessions: Apr 4 and 25; May 2, 9, 16 and 23)
We all have moments when we are faced with tough ethical decisions and need to pick a course of action that will let us live with ourselves. Traditionally, Jews have looked to the Talmud to help them unravel tangled instincts. The Talmud recognizes that ethics is complex and subtle, and knows that complicated questions cannot be answered with a simple yes or no. The Talmud offers perspectives to help us make sense of life’s most wrenching dilemmas. This course tackles ethical issues such as the right to live, the right to die, freedom of expression, and intellectual property. Discover how Judaism offers a moral compass to help us find direction through the labyrinth of life. Supply fee: $21.50 (book).
Rabbi Sollish is the founder and director of the Intown Jewish Academy in Atlanta.

November 22, 1963
Instructor: Sal Depasquale, MCJ, MBA, Vietnam Veteran (Apr 11-Jun 1)
A former Marine, who served in Japan on a top secret assignment and defected to the Soviet Union and who returned to America but didn’t face espionage charges; Purchased a mail order poor quality Italian made rifle that he used to kill JFK while on a lunch break; Went to the lunchroom after the assassination to eat his lunch; Where he was confronted by the building manager and a Dallas police officer; Then left the building and took a cab home; After a brief stay—presumably a potty stop—proceeded to a movie theater, killing a police officer along the way, where he was arrested in the theater; Was killed two days later in the police station by a MAFIA connected strip club owner. Suggested reading: The Devil’s Chessboard: Allen Dulles, the CIA and the Rie of America’s Secret Government (Talbot), The brothers: John Foster Dulles, Allen Dulles, and Their Secret World War (Kinzer), and November 22, 1963: A Brief Guide to the JFK Assassination (Bojczuk).
Sal has a strong focus in history to identify the underlying roots of contemporary conflicts.

The History of Russia: From Rurik to Revolution
Susan Barnard, BA Journalism and Public Relations
Travel back in time to when the Viking Grand Dukes held claim to the vast land that became Russia. Learn about the Mongul invasions. Discover how the early leaders ruled villages, Christianized a people and consolidated towns and villages into a country ruled by autocrats. Explore the intrigues of Tsars such as the Ivans, Peter the Great, Catherine the Great, the Alexanders, and the Nicholases. Our class ends when the leaders of the Revolution forced Nicholas II to abdicate, sealing his and his family’s fate, as the Bolsheviks took power and established the Soviet Union. Susan was a historical columnist/enthusiast who volunteered at the Atlanta History Center’s library-archives as a docent. She currently volunteers at the Breman.
TUESDAYS:
11:15AM-12:15PM

6,000 Year History of Indian Civilization
Instructor: Chaplain Manhar Valand, PharmD, MS
Why does mankind seek happiness and immortality? Is the
goal to be civilized or to conquer the world? His – story
is your story of Indian Civilization. It is the quest for all
mankind to be free. Are you aware that the concept of
democracy was well developed and there is absence and
abstinence of violence during this Vedic period? To illumine
this truth let us dig into our past. Heard of Harappa and
Mohenjodaro? Join me as a neutral observer and compare
Western History with past dead civilizations and compare
present living ones. Supply fee: $30 (notes and materials)
Manhar is V. P. founding Member of Chinmaya Mission of Atlanta – Norcross. He has conducted Adult (Spiritual) classes for last 15 years.

Game-Changers - History and Folk Music: Events and People That Changed the History of Our Country
Instructor: Brandt Ross, BA
Stories of people and events that changed the course of our history. These classes include the stories of these Game-Changers: The Erie Canal, Sacagawea, Westward Ho, Andrew Jackson (hero or villain), Kit Carson, John Wesley Powell, Three Ladies, The Dust Bowl and Abigail Adams (founding mother). Each program includes folk music and guitar.
Brandt is a former business CEO and M&A Intermediary. His Hobbies are folk singing, history and baseball.

Health Enhancing Technologies
Instructor: Dr. Hassan Rashidi, PhD Engineering
This course provides an introduction of health-enhancing technologies, including nanotechnology and 3D printing. Advances in technology are allowing people to take control of and enhance health at a low cost. The goal of this course is to help people take advantage of technological advances while retaining the human touch and human element. Previous subject matter knowledge not required.
Supply fee: $20 (handouts)
Dr. Rashidi is the founder of WiseMedTech and also lectures at Georgia Tech.

The Power of Jane Austen
Instructor: Dorothy Carrillo, PhD
Reviews six Jane Austen novels and their messages for today.
Dorothy has practiced social work for more than 25 years with experience in the fields of medical and school social work, group work, substance abuse, and family therapy.

The 2016 Presidential Election Examined - the Good, the Bad and the Ugly
Coordinators: Bunny Mitchell and Steve Goss
Regardless of their political affiliation, most pundits and voters seem to agree that the 2016 presidential election broke many long-held rules of political behavior. We will hear a variety of experts in their fields reflect on what we’ve learned from the recent campaign, and what lies ahead. Our invited speakers will include a political scientist, a public opinion pollster, a reporter, a media analyst, a columnist, a campaign strategist, a spokesman for the Muslim community, and yes, even a politician.

Sight and Sound: World’s Best Small Museums and Their (Imagined) Music – Part 3
Instructor: Howard Cohen, BA, MA
Major cities around the world boast renowned centers of art–New York Metropolitan Museum and MOMA, Paris’ Louvre, Madrid’s Prado…but smaller museums often provide a more concise overview of a period or artist. Using colorful videos, we will encounter fabulous small cultural gems like The Frick Collection in NYC, the Tretyakov Gallery in Moscow and the Hagia Sophia in Istanbul. Gardens, architecture and archaeological sites in Africa and Asia will be explored. Music appropriate to the locale included.
Howard has 35 years of experience in the music industry.

TUESDAYS:
1:45-2:45PM

Writing for Health
Instructor: Arlene Appelrouth, BA News, Editorial Journalism (ends 3:15PM)
Writing often provides real solutions to life’s challenges. Come learn the reasons writing can improve your health while spending time each week writing to cope with loss, chronic illness and traumatic events. Work to become more mindful, change negative perceptions, affirm your strengths and produce opportunities to flourish. Writing is an easy way to release the negative effects of stress.
Arlene is a freelance writer and a regular columnist for the Atlanta Jewish Times.
Singalong
Coordinators: Bob Goodman and Terry Carpenter
Come sing folk songs, traditional ballads, spirituals, show tunes, pop, Appalachian music and more. We welcome experienced singers, shower-singers and people who think they can’t sing at all. Bring an instrument or just bring your voice and enthusiasm! Rise Up Singing is available at singout.org, by calling 610-865-5366, or from various booksellers.

An Adventure into Wine
Instructor: Herbert Spasser, DDS, CWE (5 sessions: Apr 4-May 2)
The wonderful world of wine becomes alive, exciting, and familiar via lecture, PowerPoint slides, and tasting! Topics include: Riesling, the underappreciated great white wine; The Wines of the ‘New South’ South Africa: The Great White Rivalry-Chardonnay and Sauvignon Blanc: Sonoma, no longer in Napa’s shadow: and Bordeaux-Still the Yardstick for great wine. Supply fee: $40 (wine). Please bring two wine glasses. Limited to 15 students.
Herbert is a certified wine educator with the Society of Wine Educators, a Bailli of Atlanta Chaine des Rotisseurs, as well as a wine judge, lecturer, and writer.

Windows 10
Instructor: Denis Gray (4 sessions: Apr 4-25; ends 3:15PM)
Come explore important features on Windows 10, including how to personalize and incorporate Windows 10 in your current computing activities. Learn how to correct certain problems while exploring various applications. REQUIRED: please bring a laptop with Windows 10 and have an active email account. Course is ideal for those new to Windows 10, but not recommended for technology beginners.
Instructor fee: $40. Limited to 20 students.
Denis has extensive experience in adult training and education, including working as a Technology Support Teacher providing training and technology support to high school teachers.

TED Talks
Instructors: Howard Cohen, BA, MA and Marty Bennett, MA Education; MS Int’l Politics/Russian Studies; BS Aeronautical Engineering-US Air Force Academy (ends 3:15PM)
TED Talks are dynamic, powerful, fascinating, and entertaining 15-20 minute lectures on video.
We will carefully select from hundreds of TED Talks and share those that are most relevant to OLLI students. Watch inspired speakers on fascinating topics and join in the discussion. These social, psychological, political, and personal lectures, seen on our large screen, will generate interesting debate.
Howard has 35 years of experience in the music industry; Marty spent 22 years writing, editing and teaching report writing to defense department intelligence officers.

WWII: A Devastating Global Conflict
Instructor: Ken Libby, PhD in Political Science
A review of each of the theaters of conflict; how strategy developed; the personalities (fact and myth), the cost to humanity and civilization, difficulties of allied cooperation, decisive advantages, blunders, controversial decisions, and impact on the home front.
Ken has written 3 novels, one of which is set in WWII. He has also written political books and is an avid reader of WWII history.

TUESDAYS:
3:00-4:00PM

Estate Planning and Probate Issues
Instructor: Everett Morris, CFP, MBA, JD
This basic level course will survey the current legal issues and techniques for controlling property while you are alive, if you become disabled, and when you pass away, while minimizing the impact of taxes, professional fees, and court costs. You will be provided a framework for handling the probate of a loved one’s estate. Concepts perceived as complex are explained in terms everyone can understand and apply to their own situation. Limited to 30 students.
Everett runs a law practice that focuses on tax, estate, and asset protection as part of a comprehensive wealth management approach.

Introduction to Biotechnology
Instructor: Alyse Steves, BS Biotechnology, PhD Genetics and Molecular Biology (in progress)
This course will focus on the basic concepts and methods behind biotechnology in today’s world. A special emphasis will be placed on biomedical biotechnology. A background knowledge of biology is not required.
Alyse is currently pursuing a PhD in Genetics and Molecular Biology from Emory University, where her research focuses on using a stem cell model of spermatogenesis to identify male reproductive toxicants.
WEDNESDAYS:
10:00-11:00AM

Let’s Talk:
Women Aging in the 21st Century
Instructor: Irma Starr, PhD
In a safe and no-critical environment - through skilled facilitation and warm spirit - students will learn about the aging process as viewed in contemporary time, as well as share wisdom spiced with humor as we all consider our life experience in the years ahead. This program was planned to help students search within their own individual understanding of aging with the committed purpose of making these years more valuable. **Limited to 15 students.** Irma is the Director of Education at the Ben Marion Institute for Social Justice.

The Composer’s Universe: Mozart
Instructor: Sally Kann, BA
Participants will listen (and sometimes dance) to Mozart’s music from the Classical Period (1750-1820), explore the lives of other significant classical composers while tracing their musical influences, past and present. ‘The Composer’s Universe’ courses feature an interdisciplinary approach incorporating language, fine art, theater and dance, politics, technological achievements and world events to explore classical music in terms of its relationship to our shared cultural history, and its lasting impact on the human condition. A comprehensive listening guide will be distributed to students at the first class. The guide will include YouTube clips, recommended downloads, and further reading.

Asian Brush Drawing Tea Time
Instructor: Joy Hartsfield (3 sessions: Apr 5-19)
Come explore a few simmering secrets of the Orient by learning techniques of Asian Brush Drawing while sipping tea. We will use ink, watercolors and brush pens that correlate to flora/fauna examples along with matching tea. Instructor brings hotpot or thermos to make/share new flavors, pens, paint, papers to share. Students should bring mug, one bottle of India Ink (waterproof, if possible), 1-2 round watercolor brushes, water container, rags, plastic containers to mix colors when painting, and papers.

Retirement Success - Part 1:
Understanding Your Financial Options
Instructor: Tim Gelas, President, Senior Financial Planning LLC
Unlock the doors to understanding and taking control of your retirement. With the proper tools, you can be confident in your decisions on key matters, including asset management, inflation and making your money last, estate planning and taxes, and long-term health care and investing.

Where Do You Want To Be At 103?
Organizer: Dara McMillan, Greater Atlanta Chapter of the National Aging in Place Council (NAIPC)
Learn how to create a plan now that supports the lifestyle you’re accustomed to living. Topics include: Medicare benefits, home modifications, transportation options and many more topics related to long term planning. The Greater Atlanta Chapter of the National Aging in Place Council (NAIPC) will empower you with education and resources so you can successfully remain at home where you feel safe and most comfortable. Each class will have different instructors from our NAIPC chapter.

Postwar Paris: French Art at Mid Century
Instructor: Clark Poling, PhD
French art after World War II conveys expressions of irony, anxiety, humor, lyricism, and a new humanism, as responses to the war and its aftermath. Against this historical background, the course explores art of the 1940s and 1950s beginning with Pablo Picasso, Henri Matisse and the divergent moods in their art. Topics include: the new abstract art (Fautrier); the discovery and emulation of children’s and outsider art (Dubuffet); the issue of art and insanity and the interest in Asian art (Artaud and Michaux); and existentialist, surrealist and psychological aspects of art of this period (Giacometti). Finally, we will consider early conceptual art and installations, developments which would have a lasting legacy in contemporary art (Christo and others).

Clark taught for 33 years at Emory University, serving as chair of the Art History Department, director of the Michael C. Carlos Museum, and Faculty Curator of Works of Art on Paper.
WEDNESDAYS:
11:15AM-12:15PM

Navigating France Using Your French
Instructor: Anna V. Lambros, PhD
Visiting France soon? Plan a smarter, smoother trip – and get more out of each travel dollar—by getting closer to the locals. Order a meal in a French restaurant, and how to talk with the family who runs the place and perhaps discover their favorite….fromage! All levels are welcome. Anna served for 20 years as Assistant Professor of Modern Languages at Georgia State University, and 6 years as a Reader of Advanced Placement French Exams at Princeton University.

Improvisation, Part 1 for Humor and Creative Thinking
Instructor: Robert Drake, Artistic Director at the Academy Theater
Want to learn how to think more quickly on your feet while conquering your fear of public speaking? Improvisation is the key! We have a great time and also build key skills to interact with people both on stage and in real life. Instructor fee: $20. Limited to 15 students. Robert has been an improviser in the Atlanta area for almost 25 years and works with several improv troupes as a performer and director.

Retirement Success, Part 2: Understanding Mutual Funds and Annuities
Instructor: Tim Gelinas, President, Senior Financial Planning LLC
Our follow-up to the popular Retirement Success, Part 1 explores the critical subjects of picking mutual funds and annuities, as well as the pros and cons of both types of investments. Understanding these options is essential for maintaining a sound retirement plan. Tim is the recipient of the Five Star Best in Client Satisfaction for Wealth Managers Award for 2008, 2009, 2011-2015.

Beyond The News: A Weekly Examination of Current Events
Instructors: Sal Depasquale and Marti Schallern (7 sessions; begins Apr 12)
Each week this class will examine a news event, placing it within the context of history and highlighting other events converging and providing the underlying foundation for the event. Limited to 20 students. Sal has a strong focus in history to identify the underlying roots of contemporary conflicts. Marti has Master’s Degrees in both Curriculum Design and Instruction as well as Educational Administration.

Spring into Spy Stories
Instructor: Elizabeth Deschenes, MA Clinical Psychology (7 sessions; no class May 24)
We will begin by reviewing Ian Fleming’s Casino Royale, and then move to short stories. Authors covered will include, but not be limited to, Jorge Luis Borges, Jennifer Egan and John le Carre. We will cover different periods of time and explore various voices via written and video formats. Recommended reading prior to first class: Casino Royale. All readings will be provided online so basic computer proficiency is required to complete reading assignments. Elizabeth is the founder and leader of the Jour/Nuit Great Conversations Book Club.

Islam 101
Organized by: The Islamic Speakers Bureau
Do you have questions about Islam and Muslims? The Islamic Bureau of Atlanta will provide speakers for each class and will answer your questions, educate you about Muslim beliefs and practices, and clarify common misconceptions about Islam and Muslims. We will examine the role of women in Islam and important Muslim women in history and the modern world. We will study the fascinating account of the rich and diverse lives and legacies of America’s earliest Muslims. We will learn how and when Muslims celebrate their holidays, and much more. The Islamic Speakers Bureau offers presentations, workshops, panels and educational programs in Atlanta.

WEDNESDAYS:
1:30-4:45PM

AARP Driver Safety: Smart Driver
Instructor: Jerry Lee
(2 sessions: Apr 5 and 12; ends 4:45PM)
Smart Driver is a 6-hour course broken into two 3-hour sessions. Students are required to attend both sessions to complete the course. Driver Safety class helps participants identify individual problem areas, which helps to improve their own driving behavior. Completing this course and submitting your certificate to your insurance company may result in a reduction of up to 10% in your insurance premiums! Course fee: $20. (Note: AARP members receive a $5 discount; please use promo code AARP2017 when registering online or by phone). Register by March 29 by calling 404-727-6000 (option 2).
First Aid, CPD, AED
Instructor: James Spano
(2 sessions: April 19 and 26; ends 4:45PM)
This hands-on practical Basic Life Support course provides each participant receives the practical skills and knowledge using the 3 “C”s method of CHECK – CALL – CARE!
Main emphasis is on acquiring skills to keep an injured victim alive until they can be transported / evaluated by medical qualified staff members. Each participant will receive a student book, pocket guide, and a course DVD. **Supply fee: $30 (guide and DVD). Limited to 15 students.**
*James is an authorized National Safety Council and American Red Cross First Aid-CPR-AED instructor.*

**WEDNESDAYS:**
**1:45-2:45PM**

The Long New Deal
Instructor: David Slavin, PhD History
The “long” New Deal of the FDR and Truman administrations—seen as an era of radical reform—actually reconfigured racial inequality on a national scale. Congress, dominated by the Dixiecrat wing of the Democratic majority, insured that its panoply of programs and policies preserved the South’s Jim Crow system and expanded its scope to the rest of the U.S. The labor movement, suburbanization—recent history has been shaped by this inherent contradiction of racial inequality embedded in American liberal, progressive politics. Recommended: *Fear Itself: The New Deal and the Origins of Our Time* (Katznelson). **Limited to 15 students.**
*David has 25 years teaching experience in world and U.S. History.*

Ageless Grace
Instructor: Sandy Bramlett, MEd, Certified Ageless Grace® Trainer/Educator (ends 3:00PM)
Based on the cutting-edge science of Neuroplasticity, Ageless Grace Exercises consist of 21 movement ‘tools’ that playfully address all 5 functions of the brain, and skills such as balance, joint mobility, muscle tone, cardiac functioning, endurance and more. You will learn why and how to create a personal practice (seated or standing) that focuses on the core to stimulate optimal cognitive and physical function simultaneously. Moving to upbeat music adds to the energizing activity for all shapes, sizes and fitness levels! **Instructor fee: $40.**
*Sandy is a certified Ageless Grace® trainer/educator, MDT movement disorder/Parkinson’s disease fitness specialist, and licensed Nia Black Belt teacher.*

In Your Own Words – Writing Your Personal Story
Instructor: Georgia Lee, Vice President, Programming Atlanta Writers Club
(6 sessions, ends 3:45PM)
Writing your memoir doesn’t need to be overwhelming, but now is the time to start! We’ll demystify writing your story through manageable time periods, evocative settings, and techniques to make action and characters resonate with readers. Whether you want to publish, or simply leave a treasured journal for your friends and family, you’ll never regret presenting your story in your own words. No prior writing experience required. We will draw from outside materials, but no required texts. **Supply fee: $5 (handouts). Limited to 8 students.**
*Georgia is an award-winning journalist, author and editor, has curated writing programs in higher education, and has a lifelong love of the written word. She is writing her first novel.*

iPhone Basics
Instructor: John Lilly, MS Instructional Technology (ends 3:15PM)
This is an 8-week course that teaches basic operation of the iPhone, as well as how to work the Apple-included apps and other third-party apps. The class is hands-on and, due to the small class size, Bluehair Technology Group offers individual assistance to students who are having difficulties. **Instructor fee: $50.**
*John taught Air Force officers electronic software and is retired from Learning Services at AT&T where he developed and managed technical training.*

THURSDAYS:
**10:00-11:00AM**

The Atlanta BeltLine Project Transit and Affordable Housing
Instructor: Lucy Bigham, MPA
This class will build on the previous class, “The Atlanta BeltLine Project and Streetcars in Atlanta” (previous class attendance not required). This class will provide emphasis on the key elements of transit and affordable housing with additional time for class discussion. Included is a 3-hour bus tour of the BeltLine and possibly an optional ride on the Atlanta Streetcar downtown. **Cost: $20 (bus tour). Limited to 31 students.**
*Lucy has been a guide for the BeltLine bus tours for 5 years.*
Debunking Myths About the Civil War and Reconstruction
Instructor: Charles Richards, BA, JD
Many things we believe we know about the Civil War and the Reconstruction are, in fact, myths. We will examine the ways in which these myths were first created, and the purposes of the myth-makers. We will consider ways in which these myths may have distorted our understanding of these pivotal events in our national history, and the ways in which these myths are still being perpetuated. And we will debate whether these myths are benign or harmful. 
Charlie has had a lifelong interest in the study of Civil War history.

Exceptional Prose and Poetry by Winners of the Nobel Prize in Literature
Instructor: Jack Balser, BS Economics, MA
We will study a novel by Gabriel Garcia Marquez, several short stories by Alice Munro and poetry by William Butler Yeats. In addition to the great pleasure we will derive from reading each of these extraordinary works, we will discuss how each reflects not only the sensibility of the author but the influence of the time and place in which he or she created them. We will also explore the qualities which make these writers deserving of international acclaim. Please come prepared to fully participate in enriching our class. Required reading prior to first session: first 75 pages of One Hundred Years of Solitude (Marquez). Limited to 25 students.
Jack is a longtime banker and Foundation Executive Director.

ABCs of Law, Part 2
Instructor: Robert Castellani, BA, JD
Part 2 of the ABCs of Law considers more basic principles of law in the areas most often encountered by non-lawyers. The course will cover criminal law and criminal procedure, constitutional law, civil procedure, and domestic relations. Note: Completion of ABCs of Law - Part 1 recommended but not required.
Bob is a 50-year member of Georgia Bar and was the former Superior court judge of Dekalb Court.

Public Health: Your Life Depends On It
Instructor: Stephen Margolis, PhD, Emeritus Professor, Emory University
An overview of public health in America from its beginnings in 1783. Heavy emphasis on the time after 1946, when the CDC was created and placed in Atlanta. The 70 year history of CDC’s work will be reviewed, including VDs, AIDS, smallpox, Ebola, and Zika.
Stephen spent 40 years in the field of medical education, research and public health

The Shock of the New: American Modernism 1900-1960
Organizers: Howard Cohen and Jill Parks
The first half of the 20th century saw cultural and artistic earthquakes that helped create modern America. Join the following eight experienced lecturers as they examine individuals, lifestyles, and reactions against established ways: Dr. John Bugge (Literature); Dr. Clark Polling (Art); Jill Parks (Feminism); Alan Hing (Design); Dr. David Goldsmith (Photography); Brian Parks (Music); Dr. Patricia Brennan (Psychology); and George DeMan (Architecture).

THURSDAYS: 11:15AM-12:15PM

Challenges As We Age: Intimacy, Sensuality, and Sex
Instructors: Ed Garcia, MA, CSW and Irma Starr, PhD (ends 12:45PM)
The focus of this class is to explore the generational and gender attitudes learned during our adolescent years, and how these learned attitudes and values influence our needs and desires toward intimacy and sexuality as we age. Class size will be limited and efforts will be made to have an equal balance of men and women. The instructors will facilitate and promote a meaningful interactive format in a safe, non-judgmental environment that is important for us all.
Limited to 30 students.
Ed conducts life experience workshops at the Renaissance, and St. Aune’s Terrace independent living facilities. Irma has a Masters in Counseling and a Post-Masters in Gerontology -- as well as a PhD in Human Organizational Development.

Improvisation, Part 2
Instructor: Robert Drake, Artistic Director at the Academy Theater
Obtain more advanced techniques of improvisation and learn to better craft scenes, stories, and monologues in this highly interactive, performance-driven class that concludes with a performance in front your peers! The focus will now be on working more effectively with scene partners to heighten and develop what happens on stage.
Robert has been an improviser in the Atlanta area for almost 25 years and works with several improv troupes as a performer and director.
**Fun with Algebra of Simple Matrices**  
**Instructor:** Philip Tonne  
We will briefly review the rules of our number system and matrices, including addition and multiplication involving 2x2 matrices. Students’ comments, guesses, and questions will ideally drive much of the course content.  
*Philip taught math at Emory University.*

**Behavioral Economics, Part 2**  
**Instructor:** Shai Robkin, BA Economics; MBA Marketing  
This course is designed for students who previously took “Introduction to Behavioral Economics.” The course explores in greater depth a number of themes introduced in the first course and introduces new concepts directly related to financial decision making. These include: the psychology of money, mental accounting, the pain of paying, the price of free, relativity and choice sets, the long lasting effects of decision making, fairness and reciprocity, market vs. social norms, labor and motivation, and self-discipline.  
*Shai (pronounced “Shy”) is a serial entrepreneur who was born and raised in Atlanta. He moved to Israel in 1976, where he and his wife opened in 1981 Israel’s first combination bookstore/coffee shop.*

**Presidential Power Under the Constitution**  
**Instructor:** Steven Harbour, JD  
The course will discuss the power of the President under the Constitution as asserted by Presidents and interpreted by the Supreme Court and lower courts. Topics to be discussed include the President’s enumerated and implied powers generally, the powers of the President as Commander in Chief both in conventional war and the “war on terror”, the President’s power over foreign relations, including the treaty power, the veto power, the President’s power to appoint and remove federal officials and to control the regulatory agencies, the pardon power, executive privilege, and impeachment.  
*Limited to 30 students.*  
*Steven served as law clerk to the Honorable Lewis R. Morgan, United States Circuit Judge, United States Court of Appeals, and served as an adjunct professor of business law at Kennesaw State University.*

**Thoreau’s Walden and Civil Disobedience**  
**Instructor:** Ross Friedman, MA  
We will read the works and discuss some of his metaphors and what his ideas mean to us. There are no wrong answers. Some books change lives: this is one of them. A copy of the book is required; students can use their own or buy one from the instructor as it will be important to be on the same page.  
*Ross has an MA in American Studies and was a 30-year Advanced Placement Literature high school teacher.*

**Lies My Teacher Told Me: Everything Your American History Textbook Got Wrong--and the State of the Nation, 2017**  
**Instructor:** Dan Zins, MA English (ends 3:15PM)  
The title of this course is shamelessly purloined from James Loewen’s book on the miseducation of students in high school history courses. Please be sure to get the revised (2007) version of Loewen’s book (you can find out more about this text on amazon). In the spirit of Benedetto Croce’s dictum that “all history is contemporary history,” this class will explore the shortcomings, politics, and ideology of history teaching and historical memory as reflected in the current state of our nation. The course will be a dialogue/discussion format. Students should read the introduction and first chapter of Loewen’s book for the initial meeting.  
*Dan taught in the Department of Liberal Arts at The Atlanta College of Art.*

**The Battle of Little Bighorn in History and Popular Culture**  
**Instructor:** William Custer, PhD  
An examination of Custer’s Last Stand in the context of American History. The course will explore events leading to the battle, the mysteries surrounding the battle, its participants and its effect on popular and political history.  
*William is the Director for the Center for Health Services Research for the Robinson School of Business at Georgia State University (16 years)*

**Creative Writing: Fun and Personal**  
**Instructor:** Arlene Appelrouth, BA News-Editorial Journalism (ends 3:15PM)  
You don’t have to aspire to write a blockbuster to enjoy putting your stories on paper. This course is a workshop. Each class will consist of timed writing exercises and the opportunity to share what you’ve written. Your writing will not be judged. Writing is good for you -body and soul, emotionally and physically. Writing with Arlene is stimulating and fun. Bring your favorite pen and a spiral notebook, or your laptop.  
*Arlene is a freelance writer and a regular columnist for the Atlanta Jewish Times. Her column, “According to Arlene” is published every other week.*
Arts and Crafts
Instructor: Ety Hejaziniak, BA English, Literature
Participants will have hands-on experience to express themselves while incorporating different variety of arts and crafts such as paper art, collage, origami, and embroidery using beads and sequins. **Supply fee: $20 (art supplies).** Ety has a great interest in exploring different forms of art and science. *She paints using acrylic as her medium.*

Origins of Rock and Roll Music, Part I
Instructor: Tom Dell
A look at the origins of Rock and Roll from its roots in the Blues in the early 1900s with W.C. Handy and Ma Rainey through the early 1960s with Carl Perkins, Jerry Lee, Little Richard, Buddy Holly, and Elvis. A look at the people and the music that created what we think of as Rock and Roll. *Tom has been a guitarist, singer, and band member since 1960.*

Travel: What Is It?
A Course on Travel Literature
Instructor: Charles Leahy, PhD, English
Through diaries, journals, expeditions, pilgrimages, adventures and leisure travelogues, we will read texts that define the question, *What is Travel?* As a class, we will discuss the nature and meaning of travel. The course introduces different types of travel literature, and the traveler’s ways of responding to and interpreting people and cultures. We will discuss how narrative structure, content, perspective, and cultural assumptions inform this literature and impact their audience.

*Charles has embarked on adventure travel in such places as the East African highlands (gorilla trekking), Indonesia (to find Komodo Dragons), Papua New Guinea (for the most primitive tribes remaining), and white water rafting (on the world’s most turbulent Class 5, on the Nile).*

**THURSDAYS:**
**3:00-4:00PM**

Financial Planning Nearing Retirement
Instructor: Everett Morris, CFP, MBA, JD
Learn how to build an investment portfolio designed to meet your own objectives, as well as how to measure your success in reaching your goals -- instead of simply beating the market. Explore financial planning strategies that can significantly impact your results, including debt management, tax planning, and risk management.

*Everett runs a law practice that focuses on tax, estate, and asset protection as part of a comprehensive wealth management approach.*

Nordic Walking For Fitness
Instructor: Molly C. Lay, NETA, NIA, ANWA; Certified Group Fitness Leader, Personal Trainer
Nordic Walking is an outdoor fitness regimen—using specialized poles with attached gloves— that builds upper body strength as you walk, increases aerobic capacity and allows wellness walkers to turn their daily walk into a full body workout. The poles aim to reduce impact and load on the joints of the body and activate most of the body’s muscles, as well as help to prevent arthritis and relieve neck/back pain. The benefits are innumerable and the activity can be enjoyed, regardless of age or fitness level.

*Cost: $15/session (pole rental). Limit 8 students.*

Molly is a nationally certified personal trainer and a Brains and Balance Past 60 instructor.

History of Photography: Technological Art
Instructor: David Goldsmith, PhD, Emory University Emeritus Professor of Chemistry
The course will cover the development of photography from the camera obscura of antiquity, to the “fixing” of images in the 19th century, to contemporary “digital capture,” seeing how technological advances allowed photography to change from a “mechanical” documentary status into that of a recognized art form in its own right. The work of major figures in photography will be shown and discussed and the course will culminate with illustrations of computer methods of photographic editing, printing and photographic book publishing.

*David has engaged with photography since childhood and has taught Photoshop with Adobe Expert Certification.*
Points of History
Mon, Apr 3–May 22 / 10:00-11:00AM
Instructor: John Evans
In this course we will consider a number of “Points of History” from the near present back several centuries. Perhaps some of these are familiar and perhaps they have impacted on us in some sort of manner. As examples, The Man Who Commanded the Tides, The Real Pied Piper, Krakatoa Erupts, Edith Cavell Executed, The Boston Tea Party, and more. These will be presented in an informal fashion with opportunities for discussion and questions - and perhaps some “points” from the class.
Total cost: $49. Limited to 22 students.
John served on the Atlanta Board of Education and was a teacher and administrator in curriculum development for over 30 years.

Sight and Sound: World’s Best Small Museums and Their (Imagined) Music, Part 3
Fri, Apr 7–May 29 / 2:00-3:00PM
Instructor: Howard Cohen, BA, MA
See description on Page 5. Total cost: $49. Limited to 22 students.

Improvisation Part 2 for Humor and Creative Thinking
Mon, Apr 10–Jun 5 / 1:00-2:00PM
Instructor: Robert Drake, Director, Academy Theater
Want to learn how to think quickly on your feet while conquering your fear of public speaking? Improvisation is the key! We have a great time and also build key skills to interact with people both on stage and in real life. (Limited to 15 students). Total cost: $79

DANCE 101
2480 BRIARCLIFF ROAD NE #11
ATLANTA, GA 30329
404-542-3887

DANCE: From Country to Disco
Thu, Apr 6–May 25 / 12:30-1:30PM
Instructor: Ricardo Aponte, Musical Theater Choreographer, Veteran Broadway Performer
Scientific studies have shown us that dancing is great exercise, keeps our minds sharp, and builds confidence. In this course, you will explore a variety of dance styles. We’ll be featuring Country, Salsa, The Twist, Musical Theatre, Disco, Jazz, and more. All classes are introductory level. Take a leap and add some pizzazz to your step! Total cost: $99.
Minimum 8 students.
Ricardo is one of Atlanta’s most accomplished musical theater choreographers.

Bollywood
Mon, Apr 3–May 22 / 2:00-3:00PM
Instructor: Sudakshina Mukherjee, Trained in Indian classical form (Bharatnatyam) and Bollywood
Learn the latest and popular dance moves to hit Bollywood songs! We show you how to shake those hips and work those arms and legs. No prior dance experience required. Classes are technique-driven but taught through choreography. Students learn a new dance every 4-5 classes and can take advantage of many opportunities to perform.
Total cost: $99. Minimum 12 students. Limited to 20 students.
Sudakshina is the artistic director of Atlanta Nritya Academy dance studio.

T’ai Chi
Tue, Apr 4–May 23 / 12:45-1:45PM
Instructor: Harvey Meisner, Certified Tai Chi and Qi Gong T’ai Chi is a series of movements designed to open the body while creating strength, balance, and flexibility and improving cardiovascular health. These are gentle, easy yet effective movements that anyone can do, and all special needs are taken into consideration by the instructor. All body types are welcome. Come share the joy! Total cost: $99. Minimum 12 students. Limited to 22 students.
Harvey studied and practiced Transcendental Meditation for 30 years.
Nia Technique
Tue, Apr 4–May 23 / 2:45-3:45PM
Instructor: Sandy Bramlett, MEd, Certified Ageless Grace® Trainer/Educator
Nia (Neuromuscular Integrative Action) blends the fun and playfulness of dance, the precision and power of martial arts, and the peace and relaxation of meditation, and delivers a fitness workout for your heart and soul! Improve balance, strength, flexibility and agility, all without jumping or jarring movements. Total cost: $99. Minimum 6 students.
Sandy is a licensed Nia black belt instructor and certified master callanetics body shaping teacher.

Gentle Yoga and Meditation
Thu, Apr 6-May 25 / 12:30-1:45PM
Instructor: Susan Zoller, MEd
Relax and feel better! Enjoy the benefits of yoga as you learn basic asanas with the help of experienced yoga instructors. You will be guided every step of the way. This class will also incorporate meditation during the last part of class. No prior experience required. Wear comfortable clothes.
Total cost: $69. Minimum 10 students.
Susan studied yoga with Dr. Valarie Wright, Hamsa Yoga Shala.

T’ai Chi Class Available Between Spring and Summer Session
Tue, Jun 6 - 27 / 12:45-1:45PM
Instructor: Harvey Meisner, Certified Tai Chi and Qi Gong
This series is designed for returning students who have prior experience with T’ai Chi. Not recommended for beginners.
Total cost: $50. Minimum 12 students. Limited to 22 students.

ONE DAY WORKSHOPS
(6 EXECUTIVE PARK DR)

National Safety Council Defensive Driving
Wed, Mar 8 / 9:30AM-3:30PM
Wed, Jun 7 / 9:30AM-3:30PM
Instructor: James Spano
Participants will acquire the mental skills and knowledge to become a defensive driver, by recognizing that safe driving is a matter of personal choices. Focus will be on the seven most common driving mistakes and how to overcome them, along with the five conditions that affect your driving skills/response time. Total cost: $30. Limited to 40 students.

Post-Election: What Does It Mean For Us?
Wed, Mar 8 / 10:30AM-12:30PM
Facilitators: Sal Depasquale and Marti Schallern
The election is over…now what? Join us to exchange views with other participants. Topics covered: how Georgia voted -- we’ll review President and Senate results by counties. Are the party brands easily understood? If you were a pundit, what wisdom would you wish to express? Key issues for the next administration: technology and the economy -- jobs are lost to automation, not companies moving offshore, and new jobs created by automation cannot be filled because the workforce lacks required skills; racial animosity -- have root sources of animosity been identified and how might they be addressed; illegal immigration: how will the government confront Asians who have immigrated to America illegally; nuclear war -- is there a world tension that could manifest a nuclear exchange?
Cost: Free but registration still required!

Retirement Income Planning
Thu, Mar 9 / 10:00-11:30AM
Thu, Jun 8 / 10:00-11:30AM
Instructors: Brenda Dozier, PhD CDFA and Mike Bean, CPA, CDFA
Moving from accumulating savings for retirement to taking distribution from investments can be challenging -- risk factors include longevity, taxes, inflation, healthcare and the social security system. This class will address strategies to reduce some of the risks by reducing taxes and how to plan for life’s expected as well as unexpected. Relatively new, a “phase retirement program” will be visited to see if it may be a good fit for those attending the workshop. If you want to feel confident with your retirement plan, you don’t want to miss this class! Total cost: $30
Brenda has a strong desire to help individuals become “money smart” by being in control of their finances throughout all life cycle stages. Michael has been heard speaking on topics of financial planning on Radio Business X.

Why Did the Camels Wear Blue Stones – Winter Blues
Thu, Mar 9 / 9:30AM-2:30PM
Instructor: Joy Hartsfield, BFA Painting and Printing
Learn some of “blue” color history and its importance as we experiment with the hues of blue in various media (painting and drawing). Bring a snack and lunch, also a wire or hand bound sketchbook (not necessarily empty/new), roll of scotch double-sided tape, paint brush, and paper towels. Instructor will provide all other supplies. Total cost: $59.
Minimum 6 students, limited to 12 students.
OLL SPRING 2017
LUNCH & LEARN SCHEDULE

12:30-1:30PM - Room 116/118
Reminder: bring your lunch!
Registration NOT required for Lunch & Learns

Tuesday, April 4: Fiber Arts
Molly Elkind, Member-Southeast Fiber Arts Alliance
Learn how tapestry is alive and kickin’- a contemporary, not a dead, medium.
Examples of contemporary work will be provided.

Wednesday, April 5: Nanotechnology and Its Applications
Dr. Hassan Rashidi, Engineering & Robotics Professor at GA Tech
Learn how nanotechnology and its applications impact on various aspects of human life and health.

Thursday, April 6: Women of Valor
Brandt Ross, Former CEO, Folk Singer
Reflect on the lives and accomplishments of select women who persevered while overcoming great adversity, achieving milestones that created pathways and opportunities for others to follow.

Tuesday, April 11: Gokale Method Workshop
Lori Szalay, Gokhale Instructor
Learn life-changing techniques for healthy posture.

Wednesday, April 12: The Epic of Gilgamesh
Morton Slutsky, MD
The epic of Gilgamesh is the first story ever written by humans. The story was unknown for millennia until it was translated into English in the early 1900’s. See the original cuneiform writing and pictures of Gilgamesh, and hear man’s first written story.

Susan Soper, Journalist and Author, Founder of ObitKit
Learn how to make end-of-life decisions ahead of time so your final wishes are carried out just as you envision.

Tuesday, April 18: Using Oral History to Tell Your Family Story
Daniel Garcia, Story Corps: Regional Manager, Atlanta StoryBooth
This session will help those interested in preserving family stories through audio recording. Participants will be inspired to launch their own projects as well as be exposed to the basics needed to make those projects successful. This includes equipment, technique, and processes for capturing and recording oral history.

Wednesday, April 19: Your Kidneys – One to Keep and One to Give Away
Shai Robkin, BA Economics, MBA Marketing
Shai will discuss how his kidney donation surgery was performed, his post-surgical recuperation, what led him to become an “altruistic” kidney donor, and how the National Kidney Registry matches donors and recipients.
Thursday, April 20: Grief to Relief
Anne Keeton, GRS, CPCC, Certified Grief Recovery Specialist and Life Coach
Although grief is the most universal and profound of all human experiences, it’s also the most neglected and misunderstood. What we know about grief is not healthy nor helpful. Join certified grief recovery specialist Anne Keeton to learn the real truth about grief, its impact, and how we can help ourselves and each other.

Tuesday, April 25: Ikebana Today
Anne Halliwell, Ikebana Master, Ichiyo School of Ikebana
There are more than 2,000 schools of ikebana registered in Japan. We will explore distinct styles of major Ikebana Schools and learn the common threads that bind them all. The program will include a floral demonstration.

Wednesday, April 26: Creating an Ethical Will
Scott Zucker, JD, Certified Mediator, Author, Ethical Will Advocate
An Ethical Will is a document designed to pass ethical values from one generation to the next. Writing an Ethical Will is the way we can help to ensure our stories are told. This presentation covers the What, Why and How aspects to the creation of an Ethical Will.

Thursday, April 27: Miss Daisy’s Atlanta -- Jewish Roots and How They Grew
Janice Rothschild Blumberg
Through personalities and events we will view the origins of Atlanta’s Jewish community and the major changes that occurred within it during the lifetime of the real Miss Daisy.

Janice is an award-winning historian and a native Atlantan who experienced history first-hand as the wife - now widow - of two outspoken Jewish leaders: Rabbi Jacob M Rothschild of The Temple, and David M Blumberg, international president of B’nai B’rith.

Omar Lattouf, MD, PhD, FACC, FACS, Professor of Surgery/Cardiothoracic, Emory University

Wednesday, May 3: Transportation in Atlanta for Seniors
Bob Carr, Common Courtesy Rides

Thursday, May 4: Sell Your Books Online
James Taylor, Bibliophile and Retired Librarian
Learn how to set up an internet account with reputable book traders, sell books, manage postage from your home, and profit from your bookcase(s).

Tuesday, May 9: Courageous Living
Joy Goodman, Speaker, Workshop Leader and Personal Coach
Courageous living means saying YES to life!
Wednesday, May 10: Downsizing and Later Life Moves
Holley Howard, Smooth Mooove Senior Relocation Services

Thursday, May 11: Jeannette Rankin in Georgia - The Woman - The Foundation
Karen Sterk, Executive Director, Jeanette Rankin Women's Scholarship Fund
Jeannette Rankin was the first woman elected to Congress in 1916, four years before women had the vote. Come join us to learn about her deep connection with Georgia and how her social justice legacy lives on through the work of the Jeannette Rankin Foundation.

Tuesday, May 16: The 6,000 Year Indian Civilization is Your Story of Mankind - Is Yoga Part of It?
Manhar Valand, BS, MA
Manhar teaches classes at the Hindu Temple in Riverdale.

Wednesday, May 17: Understanding Dreams
Patricia Wilmoth, PhD, GA Licensed Psychologist
Dr. Wilmoth will discuss various dream symbols, common dream themes and theories on understanding the messages that your unconscious is sending you.
Dr. Wilmoth has worked in dream analysis for more than 30 years.

Thursday, May 18: Improvables Performance
Robert Drake and the Improvables
Join us for an hour of lunch, learning, and laughter with the Improvables, an Improv Troupe formed out of OLLI classes. Learn how improvisational techniques are revolutionizing how people approach their lives and work!

Tuesday, May 23: Opioids: the Good, the Bad and the Ugly
Bill Keeton, MD, American Board of Anesthesiology and American Board of Pain Medicine-Certified
Discussion of proper use of opioid pain medications for patients in chronic intractable pain and the epidemic misuse, abuse and addiction of these medications.

Wednesday, May 24: Introduction to Indian Dance Forms
Sudakshina Mukherjee, Artistic Director of the Dance Studio, Atlanta Nritya Academy

Thursday, May 25: The Palestinian Conflict
Anat Tsin, Israeli Deputy Consul General
Discuss possibilities for a peaceful solution, the Middle East from Israel's perspective, how neighboring conflicts affect Israeli life, and instability in the region.
THANKS A MILLION, OLLI DONORS!

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Does your employer (or your spouse’s employer) have a matching gift program? You can double or even triple the value of your donation simply by notifying your employer of your gift.

Emory maintains a database of many matching gift companies; you may need to provide Emory’s Employer Identification Number (EIN) on the form: #58-0566256. Visit olli.emory.edu/DonateToOLLI

Shop at Kroger
Do you shop at Kroger? Interested in helping raise money to support OLLI at Emory?

A portion of your grocery purchases at Kroger will go towards OLLI at Emory’s annual fundraising campaign.

It’s easy to sign up – learn how you can participate by visiting olli.emory.edu/Kroger or call 866-221-4141. Make sure to have your Kroger Card number available!

Join the list -- make a tax deductible donation to the OLLI program.
Visit olli.emory.edu/DonateToOLLI

Register today: olli.emory.edu | 404-727-6000
REGISTRATION
Registration opens Tue, Mar 7 at olli.emory.edu or by calling 404-727-6000 (select option 2).

1. Go to olli.emory.edu and click on Courses to see all of our classes, dates and times.
2. Click on the class name (i.e. Gentle Yoga) and then click register.
3. Click add to cart. To add more classes from the list, click the back button (←) at the top left of the screen.
4. After adding courses, click check out.
5. Log in using previously created account or create a new account (if necessary, click forgot my password)
6. Click make payment, follow prompts to pay.
7. Click success to display the confirmation page.
8. Click continue to receive a confirmation receipt via email.

Note: Membership discounts will not appear until you click check out!

Need more help...? Join our live, in-person training sessions!
Set up your student account and enroll for classes quickly and easily by signing up for training sessions to be held on the following dates and times:

Set up your student account:
Tue, Mar 7 / 9:00-11:00AM

Sign-up sheets are available at the front desk and registration is on a first-come/first-serve basis.