

OLLI WINTER 2018

LUNCH & LEARN SCHEDULE

12:30-1:30PM - Room 116

Reminder: bring your lunch!

Free -- Registration NOT required for Lunch & Learns

Tue, Jan 9

Atlanta Jewish Film Festival

Bob Bahr

The 2018 AJFF will be January 24 - February 15. As a member of the AJFF film selection committee, Bob will discuss the 2018 AJFF program and his "best bets" and other recommendations.

Wed, Jan 10

Human Trafficking

Alia El-Sawi

Learn about human labor and sex trafficking, including both local and global manifestations. We'll also learn how to recognize victims of trafficking resources available to help victims.

Thu, Jan 11

NAMI GA: In Our Own Voice

Kay DeMott and Denise Hollis

Ms. DeMott and Ms. Hollis will discuss the social family difficulties of those living with mental disease in Georgia and the resources available to help them.

Tue, Jan 16

Life Beneath the Rainbow: A Better Understanding of LGBT Individuals

Linda Ellis

We'll explore LGBT identities and language, and work to develop a better understanding of the LGBT experience in Georgia, including challenges and community supports.

Wed, Jan 17

Hidden Light of The Decatur Book Festival

Daren Wang

Mr. Wang is the co-founder of the Decatur Book Festival. He will discuss its origins, how the community helped shape the event, and how it helped him write and publish his book *The Hidden Light of Northern Fires*.

Thu, Jan 18

Identifying Atlanta Birds by Sight and Sound

Melanie Furr

Learn to identify common birds of Atlanta by sight and sound, with a bit of discussion about ways to make your yard more bird friendly.

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Tue, Jan 23

Expanding Inward: A Developing Personal Cosmos Gene Thomas Colwell

Dr. Colwell is a professor emeritus at Georgia Tech and an author of three books about philosophy and man's search for truth and meaning. As seniors, our view often becomes more introspective and difficult to share. Dr. Colwell will discuss this state of Expanding Inward and how it can also open us to thoughtful exploration and discovery.

Wed, Jan 24

Social Security Maximization Robert Cox

Mr. Cox is a professional retirement planner holding certifications of Retired Income Certified Professional (RICP), Certified Financial Education Instructor (CFEIC), National Social Security Advisors (NSSA), and SEC Series 65.

Thu, Jan 25

Ikebana: Japanese Art of Florsal Arrangement

Elaine Jo and Bianca Lee

Ms. Elaine Jo, Executive Master of Ichiyo School of Ikebana will speak. An Ikebana floral arrangement will be on display in the lobby Jan 21-26.

Tue, Jan 30

Vibrant Arts Scene at Emory University Leslie Taylor

Leslie will discuss the vibrant arts scene on the Emory University campus, how to participate and take advantage of the many offerings, and provide tips on how to negotiate campus traffic and parking.

Wed, Jan 31

Seniors, Take Control of Your Future - Part I Brandt Ross

A story of S.I.D. (Seniors in Denial) -- Brandt will talk about their transition from their home to a senior residence "when they wanted to" and not "when they had to." Brandt will describe the step-by-step process and the many decisions that had to be made, along with a folk music soundtrack.

Thu, Feb 1

Actors Express Theatre

Freddie Ashley, Artistic Director

Actor's Express is a theatre that challenges and reflects contemporary human experiences in an inclusive environment. We seek to jumpstart individual transformations through the shared adventure of our live performances, which range from daringly provocative to audaciously hilarious.

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Tue, Feb 6

Atlanta and the Civil Rights Movement: 1944-1968

Dr. Karcheik Sims-Alvarado

Dr. Karcheik Sims-Alvarado will discuss her book, *Atlanta and the Civil Rights Movement; 1944-1968*. The book introduces readers to the people and events in Atlanta that challenged the status quo and pushed the modern civil rights movement into a new chapter where young men and women became the voice of social unrest.

Tue, Feb 13

Exploring the Universe From Your Own Backyard

John King

Ever wonder what questions most intrigue astronomers today? Or just how much of the universe you can see for yourself from your own backyard? We will discuss pictures and artist concepts of: 1) the structure of the universe, 2) the types of objects you can see in the night sky, and 3) some of the great scientific instruments active now and what they are telling us.

Wed, Feb 7

Everything You Always Wanted to Know About Geodes

Wayne Dodd

Wayne will discuss the definition of a geode as well as formation and places where they can be found. He will also review images and identification of various types of geodes.

Wed, Feb 14

Bone and Joint Health: Facts, Myths, and Wishful Thinking

Dr. Sameh Labib

Dr. Sameh Labib is an experienced sports medicine surgeon at the Emory Sports Medicine Center and director of the ankle and foot service at Emory Department of Orthopedic Surgery.

Thu, Feb 8

Oakland Cemetery; History & Preservation

David Moore

A detailed history of Oakland's 48 acres, including architecture, residents, and stories. He will also talk about preservation efforts of the Historic Oakland Foundation.

Thu, Feb 15

Reinvention of a Journalist

Kalin Thomas

The former CNN producer/correspondent will discuss her time at the international news channel, and her transition from news to lifestyle programming. She'll also discuss her world travel reporting, starting her own multimedia business after her layoff from CNN, creating a TV show for active seniors, developing her passion for cultural heritage and historic preservation.

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Reverse Mortgages: Understanding the Pros and Cons

Genie McGee

Ms. McGee is an Association for Talent Development (ATD)-credentialed master trainer with more than 15 years of experience in the reverse mortgage industry. She will talk about the history, the pros and cons, and the use of a reverse mortgage in the purchase of a new home.

Wed, Feb 21

Seniors, Take Control of Your Future, Part II

Brandt Ross

Taking Control, Part II - Living With Strangers. A continuation of moving into a senior residence. The story of many of our lives and how we adapt to living with strangers...not just in a senior residence but throughout our lives (includes folk music soundtrack).

Thu, Feb 22

The Eyes and Vision – Myths from Mom (and Others)

Dr. Geoffrey Broocker

Join us for an overview of common misconceptions about vision and eye problems.

Tue, Feb 27

A Director's View; Shakespeare and The Atlanta Stage

Richard Garner

Richard Garner is an experienced Director, Actor, Teacher, and co-founded the Georgia Shakespeare Festival in 1985. Mr. Garner will discuss his experiences with theatre in Atlanta as well as his direction of the recent Alliance Theatre's production of *Shakespeare In Love*.

Wed, Feb 28

Hospice and Palliative Care 101

Paula Sanders

Paula Sanders is Executive Director of the Georgia Hospice and Palliative Care Organization. She will discuss the medical rationale of hospice and palliative care, its objective, and what it is and isn't.

Thu, Mar 1

Long Term Care: Myths vs. Facts

Robert Cox

Mr. Cox is a professional retirement planner holding certifications of Retired Income Certified Professional (RICP), Certified Financial Education Instructor (CFEIC), National Social Security Advisors (NSSA), and SEC Series 65.