

OLLI SPRING 2017

LUNCH & LEARN SCHEDULE

12:30-1:30PM - Room 116/118

Reminder: bring your lunch!

Registration NOT required for Lunch & Learns

Tuesday, April 4: Fiber Arts

Molly Elkind, Member-Southeast Fiber Arts Alliance

Learn how tapestry is alive and kickin'- a contemporary, not a dead, medium.

Examples of contemporary work will be provided.

Wednesday, April 5: Nanotechnology and Its Applications

Dr. Hassan Rashidi, Engineering & Robotics Professor at GA Tech

Learn how nanotechnology and its applications impact on various aspects of human life and health.

Thursday, April 6: Women of Valor

Brandt Ross, Former CEO, Folk Singer

Reflect on the lives and accomplishments of select women who persevered while overcoming great adversity, achieving milestones that created pathways and opportunities for others to follow.

Tuesday, April 11: Gokale Method Workshop

Lori Szalay, Gokhale Instructor

Learn life-changing techniques for healthy posture.

Wednesday, April 12: The Epic of Gilgamesh

Morton Slutsky, MD

The epic of Gilgamesh is the first story ever written by humans. The story was unknown for millennia until it was translated into English in the early 1900's. See the original cuneiform writing and pictures of Gilgamesh, and hear man's first written story.

Thursday, April 13: ObitKit: Live. Love. Laugh. Cry. Write It Down!

Susan Soper, Journalist and Author, Founder of ObitKit

Learn how to make end-of-life decisions ahead of time so your final wishes are carried out just as you envision.

Tuesday, April 18: Using Oral History to Tell Your Family Story

Daniel Garcia, Story Corps: Regional Manager, Atlanta StoryBooth

This session will help those interested in preserving family stories through audio recording. Participants will be inspired to launch their own projects as well as be exposed to the basics needed to make those projects successful.

This includes equipment, technique, and processes for capturing and recording oral history.

Wednesday, April 19: Your Kidneys – One to Keep and One to Give Away

Shai Robkin, BA Economics, MBA Marketing

Shai will discuss how his kidney donation surgery was performed, his post-surgical recuperation, what led him to become an "altruistic" kidney donor, and how the National Kidney Registry matches donors and recipients.

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LUNCH & LEARN SCHEDULE (CONT.)

Thursday, April 20: Grief to Relief

Anne Keeton, GRS, CPCC, Certified Grief Recovery Specialist and Life Coach

Although grief is the most universal and profound of all human experiences, it's also the most neglected and misunderstood. What we know about grief is not healthy nor helpful. Join certified grief recovery specialist Anne Keeton to learn the real truth about grief, its impact, and how we can help ourselves and each other.

Tuesday, April 25: Ikebana Today

Anne Halliwell, Ikebana Master, Ichiyo School of Ikebana

There are more than 2,000 schools of Ikebana registered in Japan. We will explore distinct styles of major Ikebana Schools and learn the common threads that bind them all. The program will include a floral demonstration.

Wednesday, April 26: Creating an Ethical Will

Scott Zucker, JD, Certified Mediator, Author, Ethical Will Advocate

An Ethical Will is a document designed to pass ethical values from one generation to the next. Writing an Ethical Will is the way we can help to ensure our stories are told. This presentation covers the What, Why and How aspects to the creation of an Ethical Will.

Thursday, April 27: Miss Daisy's Atlanta -- Jewish Roots and How They Grew

Janice Rothschild Blumberg

Through personalities and events we will view the origins of Atlanta's Jewish community and the major changes that occurred within it during the lifetime of the real Miss Daisy.

Janice is an award-winning historian and a native Atlantan who experienced history first-hand as the wife - now widow - of two outspoken Jewish leaders: Rabbi Jacob M Rothschild of The Temple, and David M Blumberg, international president of B'nai B'rith.

Tuesday, May 2: Heartfelt Stories: The Making of a Heart Surgeon. Real Stories. Real People!

Omar Lattouf, MD, PhD, FACC, FACS, Professor of Surgery/Cardiothoracic, Emory University

Wednesday, May 3: Transportation in Atlanta for Seniors

Bob Carr, Common Courtesy Rides

Thursday, May 4: Sell Your Books Online

James Taylor, Bibliophile and Retired Librarian

Learn how to set up an internet account with reputable book traders, sell books, manage postage from your home, and profit from your bookcase(s).

Tuesday, May 9: Courageous Living

Joy Goodman, Speaker, Workshop Leader and Personal Coach

Courageous living means saying YES to life!

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LUNCH & LEARN SCHEDULE (CONT.)

Wednesday, May 10: Downsizing and Later Life Moves

Holley Howard, Smooth Mooove Senior Relocation Services

Thursday, May 11: Jeannette Rankin in Georgia - The Woman - The Foundation

Karen Sterk, Executive Director, Jeanette Rankin Women's Scholarship Fund

Jeannette Rankin was the first woman elected to Congress in 1916, four years before women had the vote. Come join us to learn about her deep connection with Georgia and how her social justice legacy lives on through the work of the Jeannette Rankin Foundation.

Tuesday, May 16: The 6,000 Year Indian Civilization is Your Story of Mankind - Is Yoga Part of It?

Manhar Valand, BS, MA

Manhar teaches classes at the Hindu Temple in Riverdale.

Wednesday, May 17: Understanding Dreams

Patricia Wilmoth, PhD, GA Licensed Psychologist

Dr. Wilmoth will discuss various dream symbols, common dream themes and theories on understanding the messages that your unconscious is sending you.

Dr. Wilmoth has worked in dream analysis for more than 30 years.

Thursday, May 18: Improvables Performance

Robert Drake and the Improvables

Join us for an hour of lunch, learning, and laughter with the Improvables, an Improv Troupe formed out of OLLI classes. Learn how improvisational techniques are revolutionizing how people approach their lives and work!

Tuesday, May 23: Opioids: the Good, the Bad and the Ugly

Bill Keeton, MD, American Board of Anesthesiology and American Board of Pain Medicine-Certified

Discussion of proper use of opioid pain medications for patients in chronic intractable pain and the epidemic misuse, abuse and addiction of these medications.

Wednesday, May 24: Introduction to Indian Dance Forms

Sudakshina Mukherjee, Artistic Director of the Dance Studio, Atlanta Nritya Academy

Thursday, May 25: The Palestinian Conflict

Anat Tsin, Israeli Deputy Consul General

Discuss possibilities for a peaceful solution, the Middle East from Israel's perspective, how neighboring conflicts affect Israeli life, and instability in the region.